Northeast Mesa
Up Close
Bringing neighbors closer to their community • UpCloseAZ.com October 2026
Serving the communities of Red Mountain Ranch, Mountain Bridge, The Groves, Reserve at Red Rock and surrounding areas

Mesa Community College events GIVE BACK TO THE COMMUNITY

Submitted by Mesa Community College

Mesa Community College (MCC) is an important resource for not only the community's academic needs but for its civic needs as well.

Working tirelessly with community leaders, educators, businesses, and organizations, MCC offers events that not only inform but entertain.

One of the most popular events sponsored by Student Life and Leadership on the Red Mountain Campus is the annual Halloween Extravaganza. This signature event will be held from 5:30 to 8:30 p.m. on Friday, Oct. 30 at 7110 E. McKellips Road, in Mesa. This is the first time the event is being held a day prior to Halloween. It is completely free and open to students and the general public.

Highly popular with local families, the Extravaganza has grown in attendance since 2011, attracting an estimated 1,500 people annually. "I think it's popular because parents know it is a safe environment for their children to get a trick-or-treat experience, with the addition of games and activities," said Erica Horihan, student life and leadership coordinator.

Activities are geared toward children with themed trick-or-treat booths like Harry Potter, Super Heroes, Barbie, Scooby Doo, Vintage Arcade, and Zombie Doctors. Other activities have included arts and crafts and a Super Mario obstacle course. A dance contest will be hosted by MCC's Disc Jockey program as well as fun photos for families and groups to take home.

"In addition to the great experience that attendees have at the event, it's a good opportunity to give back to our community," Erica emphasized.

Another civic-minded gathering MCC Red Mountain sponsors is the annual Empty Bowls charity event to help fight hunger and bring about change in the community; all proceeds benefit the Paz De Cristo Community Center in Mesa.

The 2026 event is scheduled from 10 a.m. to 3 p.m. on Tuesday, Nov. 3 in the Red Mountain Campus Saguaro building lobby. For $10, attendees can select a handmade bowl, created by MCC ceramics students and community members. A simple meal of soup and breadsticks, provided by Red White and Brew of Mesa, will be served along with the purchase. Empty Bowls also features a silent auction of select art pieces.

This year's Empty Bowls community sponsors include Laguna Clay, Mesa Arts Center, Pita Jungle, Friendship Village Tempe, Dobson High School, and Desert Ridge High School as well as volunteers from the MCC Art Department and New Frontiers for Lifelong Learning. In 2025, the MCC Empty Bowls events generated $12,000 for Paz De Cristo.

As the 2026-2027 academic year kicks into high gear, MCC will continue to provide diverse opportunities not only to support student success but to strengthen, enhance, and empower the community. ■

Visit mesacc.edu/events to learn more about the events and activities sponsored by the college.

Remodel, Design, Sales • Kitchens, Baths, Showers
Tuscany Remodels
Making Homes Beautiful!

"Personally invested in each job!"
-Shelly Schrater, Owner
Call Now for a Free Consultation!
480-329-5509
shellyschrater@icloud.com
LICENSED • BONDED • INSURED ROC #178940, ROC #327673

NEED TO GET RID OF SOME JUNK?
Dale's Hauling and Junk Removal
You Call I Haul!
CALL OR TEXT FOR A FREE ESTIMATE! 602-329-6887
DISCOUNTS TO VETS AND SENIORS!
Owned & operated by a retired vet.
www.DalesHauling.com
Serving Mesa & Surrounding Cities and Communities

T&T AIRPORT SERVICE
Don't you really want to ride with a professional?
For just a few more dollars, ride with a professional driver.
PRIVATE CAR • FLAT RATES • RESERVATIONS
WE DON'T LOSE CUSTOMERS!
480.832.3483
OVER 20 YEARS OF SERVICE
*Call for Details.

Phillips West
Publishing | Design | Writing | Photography

PRSRT STD
U.S. POSTAGE
PAID
PHOENIX, AZ
PERMIT #1424

*********ECRWSSEDDM****

POSTAL CUSTOMER

www.UpCloseAZ.com
Visit our website for more local stories about the people and the businesses in your community.
Got a story idea or want to advertise? Email publisher@phillipswest.com for more information.

Self Development Academy

PROUDLY SERVING THE MESA COMMUNITY FOR THREE DECADES

TEACH A LOVE FOR **DISCOVERY** TEACH A LOVE FOR **LEARNING**

From preschool to high school, our award-winning academy ignites curiosity through a rigorous curriculum, nurtures students in a safe environment, and empowers them to build meaningful career pathways.

Why Choose SDA?

Small School. Extraordinary Opportunities.

Legacy of Excellence

- One of the top-performing K-8 schools in America

Rigorous Academics

- Elite college and scholarship preparation
- STEM • Health Sciences • Humanities

College Opportunities

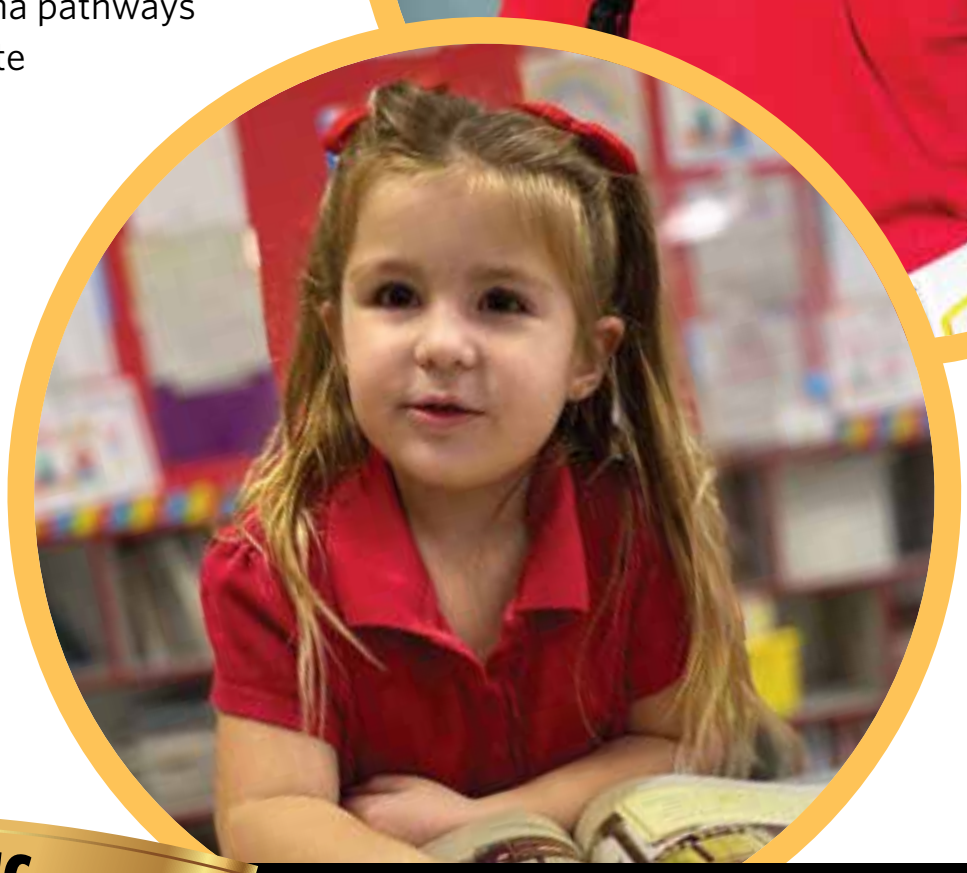
- Standard and Advanced Diploma pathways
- Opportunity to earn an associate degree in high school

Opportunities Beyond the Classroom

- Original research
- Leadership and community service
- Speech and Debate
- Drama and Theatre
- Clubs and competitions

Athletics

- Basketball, Volleyball, Tennis



#1 TOP PUBLIC K-8 SCHOOL IN AMERICA

(niche.com, 2026)

ENROLL K-9 NOW FOR SY 2026-2027

SELF DEVELOPMENT PRESCHOOL
(480) 396-3522
1721 N. Greenfield Road
Mesa, AZ 85205

SELF DEVELOPMENT MESA
(480) 641-2640
1709 N. Greenfield Road
Mesa, AZ 85205

SELF DEVELOPMENT PHOENIX
(602) 274-1910
1515 E. Indian School Road
Phoenix, AZ 85014

WWW.SELFDEVELOPMENTACADEMY.COM

EDUCATION

WHY DR. SEUSS NOW?

By Dr. Anjum Majeed, Founder, Self Development Academy

WHAT COGNITIVE SCIENCE CAN TEACH US ABOUT LEARNING TO READ

After nearly two and a half decades, I returned to kindergarten to teach part-time, curious to see what cognitive science and the science of reading and mathematics look like in the earliest years. During a phonics lesson on the long *a* sound, the word *cake* was on the board. I asked for other words with the same sound. The children offered *bake*, *lake*, and *rake*. One child added *ate*.

"What pattern do you see?" I asked.

One child responded, "Consonant, vowel, consonant, vowel." We tested the pattern until we reached *ate*. He paused, then revised it: "Vowel, consonant, vowel."

The children were doing more than practicing phonics. They were using what they knew to recognize a pattern, test an idea, and revise their thinking. It made me wonder: What other language experiences encourage children to listen closely, notice patterns, and become curious about words?

That question brought me back to Dr. Seuss.

WHAT ARE WE LOSING?

We have become more knowledgeable about how children learn to read at precisely the time when some of the language experiences that once surrounded them are disappearing. For generations, children heard and repeated nursery rhymes, songs, and poems before they could read. Through play, they encountered sounds, patterns, vocabulary, rhythm, and rhyme.

Today, fewer children appear to enter school knowing traditional nursery rhymes. Reading aloud also occupies less time in many children's lives, and some educators report that singing together has become less common in school.

Research has connected early knowledge of nursery rhymes with phonological awareness and later reading and spelling. Studies also suggest that adding music to nursery rhymes can support verbal memory. Rhythm and rhyme draw attention to the sounds of language, while repetition helps children remember and anticipate what comes next.

Maybe we appreciated the value of this simple language learning approach more than we realized.

WHY DR. SEUSS?

Dr. Seuss offers many of these same qualities: rhythm, rhyme, repetition, patterns, unusual words, humor, and language children want to repeat.

Literacy researcher Beth Phillips of the Florida Center for Reading Research points to an interesting value in Dr. Seuss's invented words. She explains that they can spark word consciousness, a metacognitive attention to words and their meanings. Children begin to wonder: Is that a real word? What might it mean?

Phillips notes that this curiosity matters because an interest in learning what words mean is associated with learning more words.

Repetition also has a purpose. When we pause before a familiar word, children remember it. When a pattern changes, they notice and think again.

THE ROLE OF STRUCTURED PHONICS

Dr. Seuss is not a reading curriculum.

For beginning readers, predictable text can sometimes encourage reliance on repetition or context rather than careful decoding. Education Week has reported research and expert concerns that when children rely on predictable text and other cues to identify unfamiliar words, they may underuse the phonics skills they are learning. For this reason, Dr. Seuss belongs alongside systematic phonics instruction and carefully selected decodable texts, rather than in place of them.

Self Development Academy uses a structured phonics curriculum. The focus is on teaching children to hear and manipulate phonemes, connect sounds to letters, blend and segment sounds, recognize spelling patterns, and decode.

Dr. Seuss adds something different. In preschool, his books enrich oral language through rhyme, rhythm, vocabulary, and repetition. In kindergarten, teachers can connect that language play to explicit learning: *What sound do you hear? What pattern do you notice? Which words rhyme? Is that a real word or a "Seuss" word?*

RIGOR AND JOY

Explicit instruction builds knowledge and skills. Poetry, stories, rhyme, rhythm, and song give children another place to use that knowledge and remain curious about language. Just the other day, during a kindergarten read-aloud, a child struggled with the word *where*. Another little hand went up. "That's the same word in *Where Go the Boats*."

The class had learned Robert Louis Stevenson's poem the week before and sung it to music. The child remembered the word from the poem and recognized it in a new reading.

Teach explicitly. Give children language worth remembering. Then give them opportunities to use what they know. That is why Dr. Seuss. That is why now. ■

To learn more about Self Development Preschool, please contact (480) 396-3522. For the accelerated K-8 program, Self Development Academy, call Self Development Academy at (480) 641-2640.

ACES ELITE

THE EXOTIC CAR SPECIALISTS
MESA TRUSTS MORE THAN THE DEALER.

DEALER-LEVEL EXPERTISE. WITHOUT THE DEALER RUNAROUND.

Arizona's highest-rated independent service center for exotic and European vehicles. Our technicians have worked on everything from Porsche and McLaren to Lamborghini and Bentley — and we treat every car like it's the only one in the shop.

No upsells. No service advisors on commission. No surprises on your invoice.

Just precise, expert work from people who understand what these vehicles mean to their owners.

NEW CLIENT SPECIAL
$150 Full Diagnostic Scan
(Dealers charge $300 or more for the same scan.)
First-time customers only. Call to schedule. Limited appointments available each month.

CALL TO CLAIM YOUR $150 DIAGNOSTIC
New Clients Only. Appointments Fill Fast.
602-830-1855
Monday - Friday, 7:30 AM - 5:30 PM

1711 N. Quail Mesa, AZ 85205 • www.acesautoelite.com
Follow us on Instagram @acesautoelite

BENTLEY ASTON MARTIN Audi

LOCAL BUSINESS

THE GREATEST

By Tim Beaubien, Hava Java Mesa

About a year ago I made a picture collage of famous people from my youth. All people I remember from TV, the news, and movies.

Each one says something to me. Somewhere close to center is the picture of Mohammad Ali. The 1965 pic of the rematch with Sonny Liston.

In the first-round Ali gave him a staggering blow that put Sonny on the mat. Because of the time it took him to get to his feet it was ruled a knockout.

Barb and Tim Beaubien

As a kid in the sixties, I always loved this picture. Ali knew he was the greatest, and his expression showed it. I can't help it, but I love this confidence in any person. It's not arrogance because he was the greatest and he proved, time and time again. Like they say, "It's not bragging if you can do it."

I should back up a little. I was raised in the Detroit area my entire life. My parents I describe as typical 1960 businesspeople. Cigarettes and highballs after dinner were the norm. "Hunny, will you make me a highball," was a common request from dad.

Unfortunately, racial predigest was the norm in our house as well. Because Ali was such a controversial person, he was not very popular.

After all, he changed his name in the early sixties from Cassius Clay to Mohammad Ali when he joined the Nation of Islam. He refused to be drafted in 1967 because of his beliefs. He was then stripped of his titles but later went to court and got them back. And then, his poetry statements about himself really put them over the edge.

He truly was "The Greatest." He is often regarded as the greatest heavyweight boxer of all time. He held *The Ring* magazine heavyweight title from 1964 to 1970, was the undisputed champion from 1974 to 1978, and was the WBA and Ring heavyweight champion from 1978 to 1979.

In 1999, he was named *Sportsman of the Century* by *Sports Illustrated* and the *Sports Personality of the Century* by the BBC. As a boxer, Ali was known for his unorthodox movement, footwork, head movement, and rope-a-dope technique, among others.

Enter into this story a very good customer, Doug. Doug and his two friends Vinny and Mike are a few years my senior. Doug must have noticed my collage, because about a week ago he tapped me on my shoulder and pointed to his back. He was wearing a Mohammad Ali T-shirt. This sparked a conversation, which also started me thinking.

Have we come to a point in history where we can look back on this man and just appreciate the athlete he was? Did he suffer from human faults? Of course. Does that take away from his extraordinary accomplishments? I say no.

He was called a coward for not going to Vietnam. To that I say, you should have stepped into the ring with him and seen. ■

Please like and follow us on our new Facebook page – Hava Java Mesa-Beans, Beer, Wine, Music.

UpClose PUBLICATIONS

Published by
Phillips West
Publishing | Design | Writing | Photography

Mesa, AZ 85215

© Copyright 2026 by Phillips West. All Rights Reserved.

E-mail: Publisher@PhillipsWest.com
(480) 748-1127

EDITOR-IN-CHIEF
Kim Phillips

ADVERTISING
Monica Adair (480) 772-1949
Kim Phillips (480) 748-1127

STAFF WRITERS
Kimberly Alvarado,
Jamie Phillis

DESIGN
LuckyYou! Creative
Erin Suwwan
www.luckyyoucreative.com

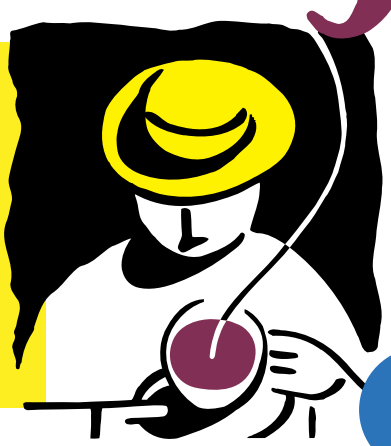
CONTRIBUTORS
John and Natascha Karadsheh,
Lorraine Ryall

www.UpCloseAZ.com

Hava Java

BEANS
BEER
WINE

Your Community
Coffee House
Doing it Differently



Coffee, Wine, Craft Beer, Spirited Coffee Drinks, Bloody Mary's, Mimosas, Margaritas and Specialty Cocktails

LIKE & FOLLOW OUR NEW
FACEBOOK PAGE!
Hava Java Mesa-Beans, Beer, Wine, Music

HOURS:
SUN 7AM - 7PM • **MON - THURS** 5:30AM - 8PM
FRI 5:30AM - 9PM • **SAT** 6:30AM - 8PM

2849 N Power Rd Suite 103, Mesa, AZ 85215

Music
at Hava Java Coffee House

For the complete event schedule check havajavamesa.com.

FRIDAY, OCTOBER 2ND
6 to 9pm
Musical Guest PF Flyers featuring the best of the 70's, 80's and 90's

FRIDAY, OCTOBER 9TH
6 to 9pm
Singer Songwriter Scott Hallock and Beat Box Kent

FRIDAY, OCTOBER 16TH
6 to 9pm
Rock Jazz Fusion from Notes from Neptune

THURSDAY, OCTOBER 22ND
5:30 to 9pm
Hava Java Open Mic (all talent levels welcome)

FRIDAY, OCTOBER 23RD
6 to 9pm
Classic Rock from Brenda and the Big Bad Wolf

SATURDAY, OCTOBER 24TH
6 to 8pm
4 Under 20 (1/2 hour of music from each of 4 teens)

FRIDAY, OCTOBER 30TH
6 to 9pm
To be announced

Grab & Go Breakfast
In a hurry? No problem!
NEW!

Add a Breakfast Burrito or Breakfast Taco to your morning coffee order and we'll get you out the door in no time. And you'll feel great all morning long!

ORDER ONLINE
FOR PICK UP OR DELIVERY!
Door Dash and Online Ordering is Available!
havajavamesa.com, joe.coffee.com or doordash.com.

DAILY HAPPY HOUR
3PM TO 6PM
$1.00 OFF Any Glass of Wine or Beer
$1.00 OFF Select Snack Items

LOCAL BUSINESS

Sweet Repeats Opens New Mesa Location

Expanding a Local Consignment Tradition

Submitted by Sweet Repeats

For more than 15 years, Sweet Repeats has been helping East Valley shoppers discover that great style doesn't have to come with a high price tag.

What began as a neighborhood consignment boutique has grown into a trusted destination for affordable fashion, unique finds, and a shopping experience that keeps customers coming back.

Today, we're excited to announce the opening of our new and expanded Mesa location, the next chapter in the Sweet Repeats story.

Our new store was designed with both shoppers and consignors in mind, with a convenient and close-by location at 6321 E. Southern Ave. in Mesa, near Power Road and Superstition Springs Center.

With a significantly larger sales floor, we're able to offer an even wider selection of women's and men's clothing, shoes, handbags, and accessories. Alongside our carefully curated consignment inventory, shoppers will also find brand-new overstock merchandise from national retailers, giving them access to current styles at a fraction of original retail prices.

The new location also allows us to better serve our community with longer shopping hours and more consignment days, making it easier than ever to buy, sell, and save. Whether you're cleaning out your closet, searching for designer brands, or simply looking for an affordable way to refresh your wardrobe, Sweet Repeats offers something for every budget and every style.

Consignment has always been about more than fashion. It's about extending the life of quality clothing, reducing waste, and creating a more sustainable way to shop. Every item sold represents money earned by a local consignor and another piece of clothing given a second chance instead of ending up in a landfill. It's a win for our customers, our consignors, and our community.

As a locally owned and family-operated business, we are incredibly grateful for the support we've received over the years. Many of our customers have been shopping with us since our earliest days, and we've been fortunate to welcome new generations of shoppers and consignors along the way.

Our new Mesa location represents an investment in the future of Sweet Repeats and our commitment to creating the best consignment shopping experience in the East Valley. We invite everyone to stop by, explore our expanded selection, and see what's new.

Whether you're hunting for one-of-a-kind treasures, shopping for the latest trends at unbeatable prices, or looking to earn money by consigning your gently loved clothing, we'd love to welcome you to our new home. ■

Visit our new location at 6321 E. Southern Ave. in Mesa, or on our website at sweetrepeatsmesa.com. See Facebook: @SweetRepeatsMesa or Instagram: @SweetRepeatsMesa.

Need a fitness solution that fits?

TheExerciseCoach

2 FREE SESSIONS

4711 E. Falcon Dr | Suite 122 | Mesa, AZ 85215

Call or Text 480.716.6080

www.exercisecoach.com

"I wholeheartedly recommend The Exercise Coach. Their approach is scientifically sound and produces superior results for my patients. My wife and I have loved being clients for more than 10 years now".

- Randal Kahan, M.D.

SCAN TO LEARN MORE ABOUT OUR PROVEN APPROACH

TWO 20-MINUTE WORKOUTS PER WEEK

macdonaldortho.com

Family Owned and Operated since 1970

Make an appointment at any of our 3 locations:

(480) 558-4312 *Gilbert*

(480) 396-3577 *Mesa*

(480) 912-2500 *Queen Creek*

LAS SENDAS GOLF CLUB

WE ARE OPEN TO THE PUBLIC FOR DINING AND GOLF

A Bright, Welcoming Happy Hour AT THE LAS SENDAS GOLF CLUB

By Kimberly Alvarado

There's something special about choosing a get-together destination that's just around the corner. The Patio & Grille, where a short drive and a familiar welcome, made a recent birthday celebration extra special.

The *birthday girl* chose it for the easy atmosphere, great food, and the comfort of a community gathering place on a scorching summer afternoon.

Here's what our "party of eight" experienced locally:

A genuine welcome from staff set the tone for a relaxed memorable evening. The space was bright, welcoming, and buzzing with the kind of positive energy that makes you feel instantly ready for some engaging fun.

We settled into a pair of hightop tables that the staff happily pushed together, giving us an interactive setup perfect for giftopening and conversation.

The staff was not only accommodating but genuinely pleasant – checking in with us, sharing a few laughs, and making sure we had everything we needed. Their friendly, interactive approach added an extra layer of enjoyment to the night.

As we eased into the celebration, the food became an instant highlight.

We ordered a spread of happy-hour favorites: Loaded Nachos, Lettuce Wraps, and the standout Black Tiger Tempura Shrimp with Chipotle Aioli and a fresh lemon wedge.

Each dish arrived beautifully presented and full of flavor, ideal for sharing among our lively group. The nachos were piled high with all the essentials, the lettuce wraps were crisp and refreshing, and the tempura shrimp delivered that perfect balance of crunch and spice.

Drinks flowed just as easily as the conversation. Some of us sipped on specialty happy-hour cocktails that were bright, refreshing, and crafted with just the right amount of flair.

Others enjoyed glasses of wine. The specially selected happy-hour menu drink choices made it simple for everyone to settle into their preferred pace, whether they wanted something light and bubbly or something smooth and familiar.

One of the best parts of the evening was how seamlessly the staff allowed us to personalize the celebration. We were able to bring in a birthday dessert, which made the moments feel even more special. The staff didn't just permit it, they celebrated with us, adding to the warm, communal feel of the night.

As we enjoyed our time together, we noticed the positive vibe extending well beyond our tables. Families lingered over shared meals for casual catchups. The whole space felt like one big neighborhood moment.

It reinforced what we already felt: *The Patio & Grille isn't just a postgolf hangout, it's a genuinely fun, easy local place to gather for birthdays, casual meetups, and small celebrations of all kinds.*

Celebrations have a way of bringing people together and the local destination proved to be effortlessly enjoyable!

By the end of the evening, our group left feeling connected, relaxed, and grateful for a smooth, enjoyable experience. The combination of great food, friendly staff, and a bright, inviting setting made The Patio & Grille a standout choice for an hour of happiness that turned into a few hours of engaging conversations, while celebrating the birthday of a friend that radiates sunshine. It's a local place we'll undoubtedly return to in the future. It offered a setting that made togetherness feel easy. ■

Please tell us about your positive experiences at the Las Sendas Golf Club. Write and send us your time with family and friends. Send pictures and the fun, memorable experience and we will publish them for you. Send information to publisher@phillipswest.com.

LOCAL BUSINESS

Making Sense of MEDICARE INFORMATION

By Lynne Jones, Tapestry Insurance

Lynne Jones

The Medicare Annual Enrollment period is from Oct. 15 to Dec. 7.

Coming soon is the time you can review your current Medicare plans and make changes to start the first of next year.

This can be a daunting task with so much information to filter through. From TV commercials to phone calls and mail, it seems everyone wants to enroll you in their plan.

This year, there are more than 80 different plans available in Arizona; no wonder it is intimidating. Each plan offers different things like hearing aids, dental coverage, out of network coverage, etc.

How to choose? As I meet with people, I hear how nice it is to talk with someone instead of ending up in an endless loop or speaking with an automated voice.

Something as important as making a choice about your health coverage really needs an actual person who can talk to you, understand your specific needs, and help guide you.

Please don't turn to the 1-800 centers. Instead look for a local Medicare agent. I am certified with many carriers and can help you pick a plan that will work best for you.

If you are new to Medicare or just want to have an opportunity to review your current plans, please feel free to call me or send me an email and schedule an appointment.

We can have an in-home meeting or a phone call. I look forward to hearing from you. ■

For help with your Medicare insurance needs, please contact Lynne Jones at (480) 212-2246 or email at jonesdvp@yahoo.com.

EVENT

The Mahnah Club will host FALL LUNCHEON at The Vistas Pavilion

Submitted by The Mahnah Club

The Mahnah Club of the East Valley will be hosting their fall luncheon, "Better Together," on Saturday, Nov. 7 at 11 a.m. at The Vistas Pavilion at Las Sendas.

The occasion will be a fun social event with great food, entertainment, raffle baskets, auctions, and door prizes, with all the proceeds going directly to the children and families of the organizations we support, such as Save The Family, A New Leaf, and Child Crisis Arizona.

As we reflect on our 73-year journey of volunteering, fundraising, and community service, we are humbled by the unwavering support from our community. This year our theme is *Better Together*, as we all know that we are better together when we work as a team.

The Mahnah Club is much more than just fundraising. We are a group of women who care about the community and each other. A sisterhood if you like, who wants to help others and have for decades.

The luncheon will take place from 11 a.m. to 2 p.m. on Saturday, Nov. 7 at The Vistas Pavilion at Las Sendas, located at 7555 E. Eagle Crest Drive, in Mesa. ■

Tickets are $85 and are available on our website — mahnahclub.org. You can also go to our website for more information. Please RSVP by Oct. 20. We hope to see you there.

SYLFIRM X & Exosomes Treatment

The world's first & only FDA cleared Pulsed Wave and Continuous Wave Radio Frequency Micro Needling

A Revolutionary Approach To Radio Frequency Microneedling Technology

SPECIAL! 10% OFF Any Cosmetic Procedure
Must present ad for discount.

Zaina Rashid, D.O., F.A.A.D. BOARD CERTIFIED DERMATOLOGIST

LA PEAU DERMATOLOGY

WE'VE MOVED!

6465 E. SOUTHERN AVE., SUITE 100, MESA, AZ 85206 | (480) 396-2300
OPEN: Monday - Friday 8 - 5 p.m. | Saturday 9 - 1 (once a month) *Insurance Accepted*

ATTENTION
Mention this ad and you will receive a SPECIAL PRICE ON SYLFIRM X!

SYLFIRM X literally transforms your skin's appearance, taking tone and texture improvement to a new category of youthful vibrance.

BENEFITS SEEN

Visible results can be seen within a few days, but typically after three weeks, the most noticeable results appear. Improvements continue up to three months after treatment. Best results are achieved by receiving 1 SYLFIRM treatment per decade of age. (ex: 50-year-old may require 5-6 treatments). Treatments should be performed at 4-6 week intervals.

MINIMAL DOWNTIME. LITTLE TO NO PAIN

LIGHTRENEW® OFFERS ACCELERATED HEALING THROUGH DEEP TISSUE LASER THERAPY

LIGHTRENEW® IS HELPING PATIENTS FEEL BETTER, FASTER WITH THE HELP OF CUTTING-EDGE CLASS IV DEEP TISSUE LASER THERAPY, WHICH REDUCES INFLAMMATION, BOOSTS BLOOD FLOW, AND HELPS PATIENTS HEAL – WHETHER THEY'RE SUFFERING FROM CHRONIC PAIN, RECOVERING FROM SURGERY, OR DEALING WITH A RECENT INJURY. TO DO THIS, LIGHTRENEW® OWNER DR. CALDWELL USES LIGHTFORCE® THERAPY LASERS, WHICH UNLIKE WIDELY AVAILABLE RED LIGHT DEVICES OR COLD LASERS THAT ONLY REACH THE SURFACE OF THE SKIN, PENETRATE DEEP INTO MUSCLE AND BONE TISSUE AT 980 NANOMETERS OR HIGHER, TRIGGERING A PROCESS KNOWN AS PHOTOBIOMODULATION. "EVERY PROFESSIONAL SPORTS TEAM AND DIVISION I PROGRAM IN NORTH AMERICA USES THIS LASER FOR GOOD REASON," HE SAID. "IT DELIVERS 40 WATTS OF ENERGY PER SECOND TO THE AREA OF CONCERN, WHICH ALLOWS THE BODY TO CREATE NEW BLOOD VESSELS - THAT'S THE MAGIC INGREDIENT. BLOOD IS THE CATALYST THAT BRINGS ALL THE NUTRIENTS YOUR BODY NEEDS TO HEAL."

THE TREATMENTS HAVE BEEN SHOWN TO SIGNIFICANTLY REDUCE RECOVERY TIME FROM INJURIES OR SURGERY. IN ONE CASE, DR. CALDWELL TREATED AN AIRLINE PILOT WHO BROKE HER ANKLE, AND AFTER JUST A FEW WEEKS OF INTENSIVE TREATMENT, SHE WAS CLEARED BY HER SURGEON TO RETURN TO WORK FOUR MONTHS AHEAD OF SCHEDULE.

"MY PATIENTS FEEL A DIFFERENCE AFTER THE FIRST TREATMENT, EVEN ADULTS IN THEIR 50S, 60S, 70S, OR BEYOND," HE SAID. "I EXPLAIN IT LIKE WATERING A PLANT - YOU NEED WATER TO CARRY NUTRIENTS DOWN TO THE ROOTS, OR THE PLANT STARTS TO DIE. IN THE BODY, BLOOD FLOW IS WHAT DELIVERS OXYGEN AND NUTRIENTS TO MUSCLES, NERVES, AND BONE TISSUE. WITHOUT IT, TISSUE BREAKS DOWN."

WHILE TRADITIONAL HEALING PROTOCOLS CAN REQUIRE MONTHS OF COMMITMENT, LIGHTRENEW'S TREATMENTS ARE AFFORDABLE AND FAST – WITH A TYPICAL TREATMENT LASTING JUST 10 MINUTES AND OFTEN REQUIRING ONLY FIVE TO TEN VISITS. FOR CHILDREN, WHO ARE PRONE TO FAST HEALING, RECOVERY CAN HAPPEN WITH A SINGLE TREATMENT. FOR THE BEST OUTCOME, EACH PATIENT RECEIVES A CUSTOMIZED TREATMENT PLAN FROM DR. CALDWELL DURING THEIR CONSULTATION.

IN ADDITION TO INJURY AND SURGICAL RECOVERY, LIGHTRENEW TREATMENTS ARE ALSO USED TO SUPPORT STEM CELL THERAPIES AND RELIEVE CHEMOTHERAPY-RELATED SIDE EFFECTS. TO FURTHER PROMOTE HEALING, DR. CALDWELL UTILIZES HYPERBARIC OXYGEN THERAPY CHAMBERS FOR SOME PATIENTS.

LIGHTRENEW HAS A LOCATION AT 6025 E. MCKELLIPS RD. SUITE 101, MESA, AZ 85215 AS WELL AS SEVERAL OTHER LOCATIONS ACROSS THE VALLEY. TO LEARN MORE, VISIT WWW.LIGHTRENEW.COM. TO SCHEDULE A CONSULTATION, CALL DR. CALDWELL DIRECTLY AT (480) 370-0527.

6025 E. MCKELLIPS ROAD, SUITE #101, MESA, AZ 85215

FALL SPECIAL!
$250 OFF
ALL 10 TREATMENT PACKAGES.
CALL TODAY!

LIGHTRENEW® LASER
NEUROPATHY, STENOSIS, & SPORT INJURIES

480-370-0527
www.LightRenew.com

LASER VIDEO

REAL ESTATE

YOU DON'T KNOW WHAT YOU DON'T KNOW
That's Why You Work with a Realtor

By Lorraine Ryall, Associate Broker, CDPE, CSSN, CNE
KOR Properties

Lorraine Ryall

Recently, I met with homeowners who were considering selling their home. As we walked through the house and talked about the selling process, they started telling me about what happened when they purchased the home a few years earlier.

They shared issues that came up during the inspection, information they felt they hadn't received from their Realtor, and problems they encountered within the first few months of owning the home. As they told me more, I realized that some of those issues may have been avoided with the right questions, information, and guidance.

It made me think of the saying, "You don't know what you don't know." Buying or selling a home is probably one of the best examples of where that saying applies.

For most people, buying or selling a home is something they may only do a handful of times in their lives, and for first-time home buyers the process can be especially daunting. Yet they are suddenly expected to make decisions involving hundreds of thousands of dollars, legal contracts, inspections, appraisals, financing, disclosures, deadlines, and negotiations.

That is why it is so important to work with an experienced Realtor who has the knowledge and expertise to educate, guide, and advocate for you every step of the way.

IT'S NOT JUST ABOUT FINDING A HOUSE

With so much information available online today, it can be easy to think a Realtor's role is simply to schedule showings, open doors, write an offer, or put a home in the MLS.

But those are just the mechanics of a real estate transaction, and only a small part of what an experienced Realtor should be doing.

When representing a buyer, a Realtor should look beyond the home itself and consider the entire transaction through the eyes of the client. That means knowing what to look for, anticipating potential issues, asking the questions the buyer may not know to ask, explaining the options along the way, and advocating for the buyer's best interests throughout the process.

YOU HAVE OPTIONS – IF YOU KNOW ABOUT THEM

Real estate contracts provide buyers and sellers with rights, protections, and choices, but those protections are only valuable if you understand them.

A buyer may not realize there are additional inspections they can perform beyond a general home inspection, such as a roof, pool, sewer scope, etc.

They may not understand their options when an appraisal comes in low, when an inspection uncovers an expensive problem, or when something concerning appears in the seller's disclosures.

SELLERS FACE THE SAME ISSUE

Should you make repairs before listing, or sell the home as-is? Should you replace aging carpet or offer an allowance? Which improvements are likely to help the home sell, and which ones probably won't provide a return? What should you disclose? How should you respond to an inspection request without unnecessarily giving away thousands of dollars?

There is rarely one answer that is right for everyone. The important thing is knowing what your options are before making the decision.

THE DETAILS CAN MATTER LONG AFTER CLOSING

One of the reasons experience matters so much in real estate is that seemingly small details can have significant consequences.

Something overlooked during an inspection can become an expensive repair after closing. A seller who doesn't fully understand disclosure requirements could face questions later. A buyer might accept a repair when a credit or price adjustment would have been a better solution. A seller might agree to something in negotiations without realizing there was another way to structure it.

Even warranties matter. For example, if repairs are completed before closing, is the warranty transferable to the new owner?

These aren't necessarily things the average buyer or seller would think to ask.

Why would they?

That's exactly why they hired a professional.

ADVOCACY IS ONE OF THE MOST IMPORTANT PARTS OF THE JOB

A good Realtor should do more than process paperwork and keep a transaction moving. They should advocate for their client.

That means explaining the contract instead of simply asking for signatures. It means pointing out potential concerns, discussing the pros and cons of different choices, anticipating problems before they become bigger problems, and making sure important deadlines aren't missed.

Because in real estate, what you don't know really can matter. Having the right Realtor by your side isn't just about getting you from contract to closing. It's about making sure you understand your options, protecting your interests, and helping you make the best decisions for your individual situation. ■

If you have questions about buying or selling a home, or simply need information about the real estate market, please don't hesitate to reach out. I'm always happy to help.

CONCIERGE REAL ESTATE
Full Service from Start to Finish

IT DOESN'T COST ANY MORE
SO WHY ACCEPT ANYTHING LESS?
Complimentary Services Include:
- *Home Value Report*
- *Staging Consultation*
- *FREE Staging*
- *Pre-List Repair Consultation*
- *Coordinate Handyman and Contractors*
- *Connect you with any service you may need*

My team is there for you every step of the way.

What's Your Home Worth?
Scan Here for a Personalized Report
www.InstantHomeValueAZ.com

EXPERIENCE YOU CAN TRUST
Over 17 Years of Real Estate Experience

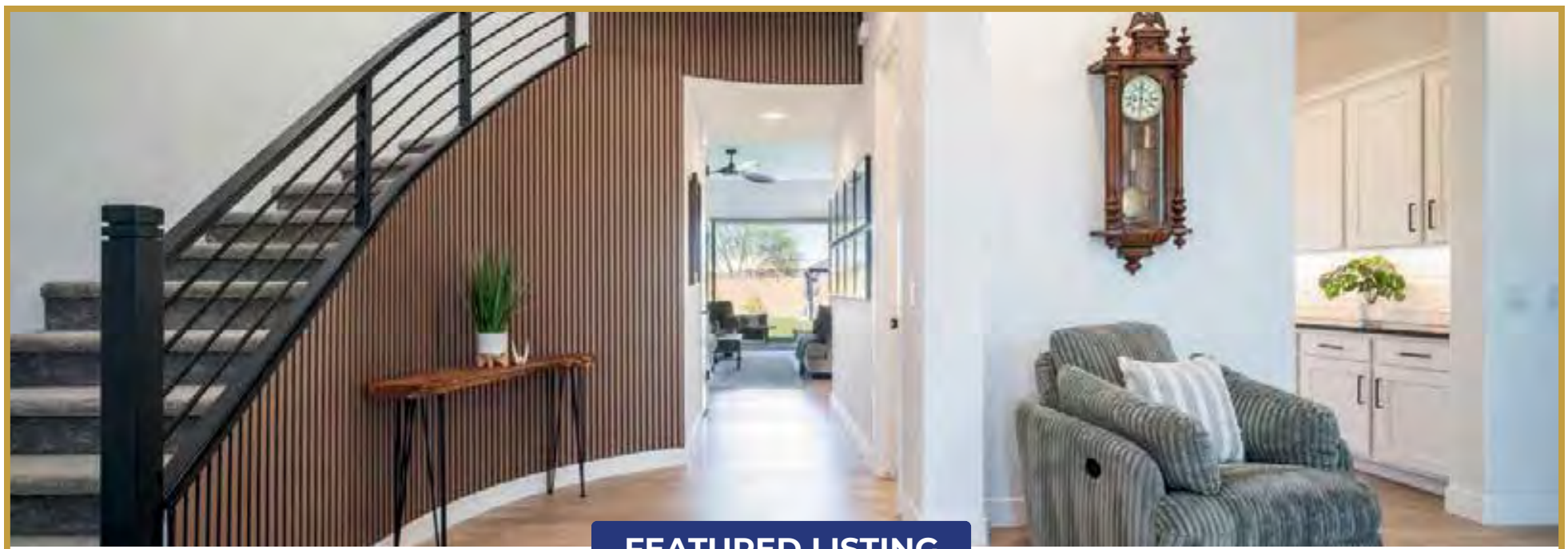
RANKED TOP 1% OF REALTORS IN MESA

Certified Negotiation Expert
A Local Resident Since 1998

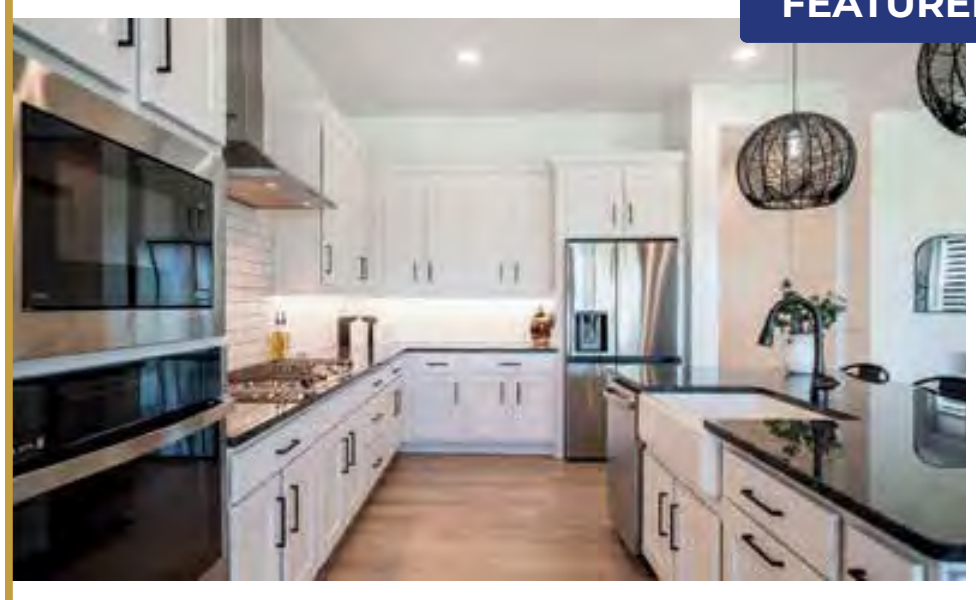
★★★★★ OVER 150 FIVE STAR REVIEWS

Lorraine Ryall
ASSOCIATE BROKER, CDPE, CSSN
LORRAINE RYALL | REALTOR®
Lorraine@RyallRealEstate.com | 602.571.6799
WWW.RYALLREALESTATE.COM
KOR PROPERTIES

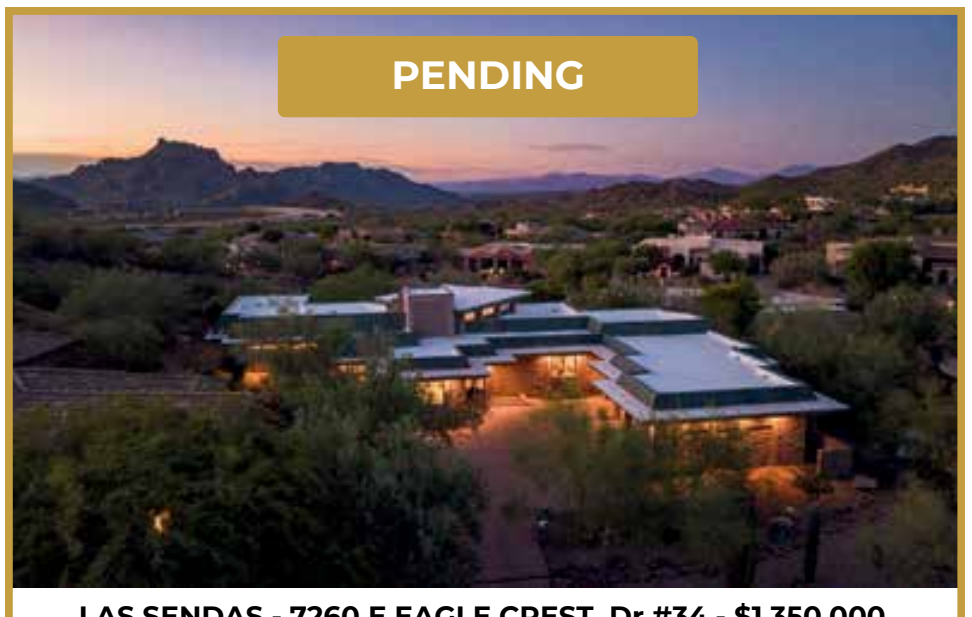
CUSTOMER TESTIMONIAL
★★★★★
"Lorraine is the best. She helped me purchase a new house in Las Sendas and successfully sold my old house there. She is professional, personable and really knows the real estate business inside and out. She and her team have my highest recommendation as your expert realtor!" –Jim



FEATURED LISTING

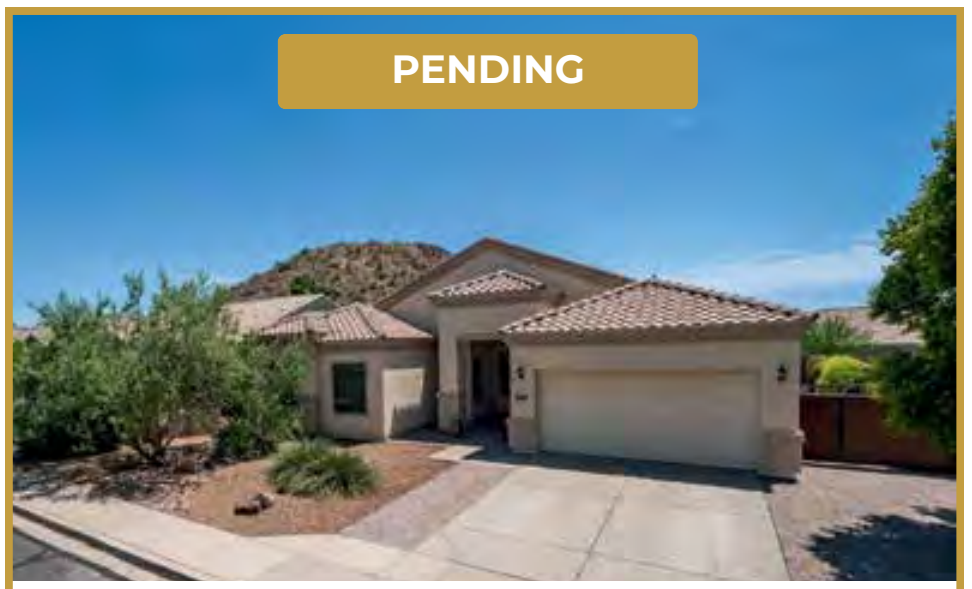


RESERVE RED ROCK - 5928 E SIERRA MORENA ST - $995,000
3615 Sq Ft 5 BR/ 4.5 BA, Backs to Park, Mountain Views



LAS SENDAS - 7260 E EAGLE CREST Dr #34 - $1,350,000
2890 Sq Ft 4 BR/ 2.5 BA, Unobstructed Red Mountain Views

SUNLAND VILLAGE- 520 S GREENFIELD RD #22 - $309,999
1446 Sq Ft 2BR / 2 BA, Bonus Room, Backs to Greenbelt



GRANDVIEW ESTATES - 8723 E HILLVIEW ST - $615,000
2298 Sq Ft 4BR / 2 BA, Pool, Mountain View

LAS SENDAS - 3055 N RED MOUNTAIN 113- $560,000
2150 Sq Ft 3 BR / 3 BA, Cul-De-Sac, Backs to Wash

KOR PROPERTIES

LORRAINE RYALL REALTOR®

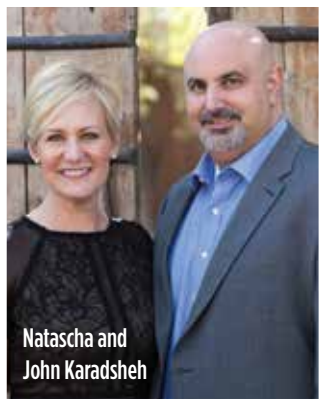
Lorraine Ryall
ASSOCIATE BROKER, CNE, CSSN

www.RyallRealEstate.com | Lorraine@RyallRealEstate.com | 602-571-6799

REAL ESTATE

An Interesting Start to Our Fall Market

By John and Natascha Karadsheh, KOR Properties


Natascha and John Karadsheh

Over the past several weeks, we have seen a noticeable increase in buyer activity. Several properties have sold within a day of being listed and others that have been on the market for a while suddenly had multiple offers.

Some buyers are relocating to Arizona, others are embarking on their search for a winter home, and many have been in the buyer pool for months, or even years!

What may be surprising to hear is just how many buyers are saying the same thing: "We just can't find what we are looking for."

That may seem strange when you hear reports that there is more inventory in the Valley than in past years. Statistically there is more inventory, but real estate is always much more nuanced than the headlines.

Today's buyers aren't just looking for any house; they are looking for "the one." They want the right location, perfect floorplan, desirable upgrades, and great amenities. At the same time, they are hesitant to buy deferred maintenance, aging interiors, and location defects.

So even though we are seeing many buyers who are ready to buy, they aren't moving forward because they simply aren't finding what they are looking for in the marketplace. And at today's prices, they aren't willing to compromise.

All of this is happening in the wake of rising mortgage rates and rising Fed rates. In fact, if you only looked at the rate news of the past few weeks you might assume that the market would have halted to a standstill.

Rates absolutely matter, particularly for buyers who are financing a large portion of their purchase. But many people moving to Arizona aren't making their decision to purchase based solely on an interest rate. They are coming for jobs, family, sunshine, lower taxes, outdoor living, and a quality of life that continues to make the Valley a very desirable place to call home.

For homeowners who have been thinking about selling, all of this creates an interesting opportunity.

There is a tendency to think spring is always the "best" time to sell a home. However, that isn't always the case. October brings cooler weather, returning winter visitors, and buyers who often have a very specific reason for being here. Our homes and communities also begin to show at their very best.

Moreover, the demand has increased, and buyers are ready but the homes they are looking for simply aren't on the market yet.

If you have been thinking about selling, this may be a very good time to have a conversation about what buyers are looking for in your neighborhood and whether your home might be a great fit.

If you are on the hunt for the perfect home, we also suggest you reach out. If we know what you are looking for, we may just be able to match you with a seller who is thinking of selling.

Give us a call today for a complimentary consultation and let us help you make your next move! ■

Whether you are buying or selling, the key is to be prepared, educated, and ready for the opportunities that are coming your way. We would love to help you build a strategy for success, so call us today for your complimentary consultation at (602) 615-0843. We have decades of experience, community knowledge, and the insight to answer all your real estate questions!

FINANCIAL FOCUS

WHAT DOES FINANCIAL FULFILLMENT ACTUALLY FEEL LIKE?

Submitted by Linda Drake, Edward Jones Financial Advisor

Linda Drake

Feeling financially fulfilled means so much more than the number in your bank account. It's being able to take your family out to dinner without calculating whether you can afford it. It means sleeping soundly on a Sunday night, knowing that if the water heater gives out tomorrow, you can handle it.

Yet true fulfillment is surprisingly rare. Only 16% of Americans consider themselves financially fulfilled, according to a 2026 study by Edward Jones and Gallup. But it's more achievable than you might think.

Financially fulfilled people tend to share five habits:

- One: They build an emergency fund.
- Two: They create a retirement financial plan.
- Three: They save intentionally for major milestones.
- Four: They put an estate plan in place.
- And five: They work with a financial advisor.

These aren't complicated steps. They're foundational, putting you in control. And when you take them, money can stop feeling like a source of stress and start supporting the life you want. ■

This content was provided by Edward Jones for use by Linda Drake, your Edward Jones financial advisor, at (480) 985-2651. Member SIPC.

Edward Jones, its employees, and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation.

Northeast Mesa Real Estate MARKET REPORT

PRESENTED BY JOHN KARADSHEH

Sales over $650,000 for the Month of August 2026

ADDRESS	SQ FT	COMMUNITY	SOLD PRICE
2055 E Fountain St	2,428	Tierra Este	$650,000
9030 E Inca St	2,375	Mountain Bridge	$657,000
2848 E Fountain St	2,915	Mountain View Highlands	$660,000
6014 E Selkirk Cir	2,948	Red Mountain Ranch	$669,900
2241 E Hermosa Vista Dr	2,486	Citrus del Ray	$712,000
2143 E Hale St	2,400	Dover Estates	$725,000
4561 E Enrose St	2,935	Groves East	$760,000
3637 E Ellis St	3,338	Trovita Estates	$800,000
2612 E Fox St	2,730	Meadowvale	$815,000
7618 E Presidio St	2,920	Sossaman Heights	$825,000
3061 E Evergreen St	2,512	Encanto	$829,950
6940 E Grandview St	2,517	Alta Mira Estates	$850,000
2839 N Sossaman Rd	2,916	County Island	$855,000
2526 E Preston St	2,612	Grove At Lehi	$867,950
7523 E Kael Cir	4,632	Saguaro Vista Estates	$875,000
3233 E Fairbrook St	3,281	Groves Unit 1	$879,000
3132 E Fairfield St	3,836	Groves Unit 2	$935,000
1163 N Norwalk	3,740	Mahogany	$975,579
4035 E Glencove St	3,310	Estate Groves	$985,000
9762 E Inglewood Cir	3,241	Whisper Mountain	$992,000
2546 E Presidio St	3,615	Grove at Lehi	$1,040,907
8155 E Jaeger St	3,177	Monteluna	$1,060,000
3931 E Fox Cir	5,169	Triana	$1,200,000
8449 E Lockwood St	4,295	Mountain Bridge	$1,285,000
2040 E Norcroft St	4,739	Groves of Hermosa Vista	$1,335,000
8238 E Kramer Cir	4,908	Savona	$1,600,000
3765 E Palm St	5,454	Somerset Estates	$1,700,000

Information gathered from the Arizona Regional Multiple Listing Service is deemed reliable, but not guaranteed.
Sales Information Provided By John Karadsheh, ABR, CRS, DESIGNATED BROKER KOR Properties www.KORproperties.com

FINANCES

Year-End Financial Checkup

A Smart Investment for Your Business

Submitted by Tamara Klinetobe, Advanced Accounting and Tax Services

As another year comes to a close, business owners have an excellent opportunity to do more than simply prepare for tax season — they can strengthen their business for the year ahead. A year-end financial review is one of the most valuable tools for identifying tax-saving opportunities, improving profitability, and setting realistic goals for future growth.

Many business owners are so busy running their companies that bookkeeping and financial planning often take a back seat. Unfortunately, waiting until tax season to review your records can mean missed deductions, overlooked tax-saving opportunities, and unnecessary stress. Taking time now to review your financial statements, reconcile your accounts, and organize your records can save both time and money.

Before Dec. 31, there still may be opportunities to reduce your tax liability. Depending on your situation, you may benefit from purchasing needed equipment, making retirement plan contributions, reviewing estimated tax payments, writing off obsolete inventory, or evaluating business expenses that qualify as deductions.

Every business is unique, which is why tax planning should never be a one-size-fits-all approach. Meeting with a qualified tax professional before year-end gives you the opportunity to make informed decisions while there's still time to act.

A year-end review is also an excellent time to evaluate your cash flow, review outstanding invoices, examine your budget, and establish financial goals for the coming year. Understanding where your business stands financially allows you to make better decisions and helps position your business for long-term success.

For more than 20 years, I've been helping individuals and business owners with their accounting and tax needs. As an *enrolled agent* licensed to practice before the IRS, I stay current on changing tax laws and work closely with my clients to provide accurate accounting, proactive tax planning, bookkeeping support, payroll assistance, and practical financial guidance throughout the year — not just during tax season.

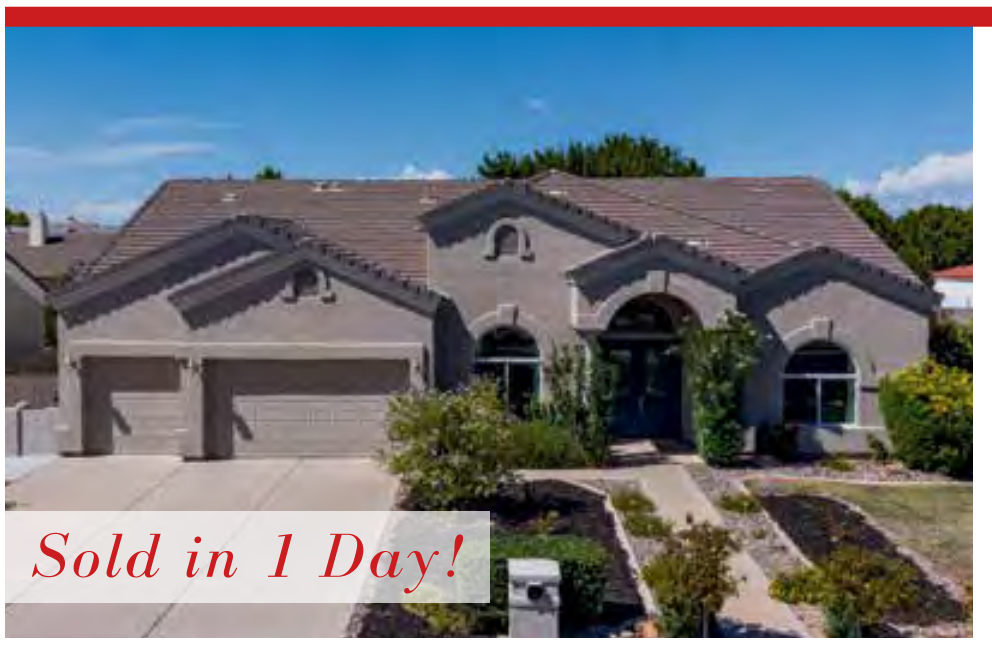
Don't wait until the filing deadline to discover missed opportunities. Planning ahead can reduce stress, improve your financial picture, and potentially save you money. ■

If you have questions about your accounting or taxes, or if you'd like to schedule a year-end consultation, I would be happy to help. Contact Tamara Klinetobe at Advanced Accounting & Tax Services, Inc. by calling (480) 986-8730.

Together, we can develop strategies to minimize taxes, strengthen your financial records, and help your business start the new year on the right foot.

Breathtaking Views in Las Sendas

7353 E. Forest Trail Circle - Offered at $2,775,000
Spectacular Sunset & Mountain Views + 4 Car Garage
Presented by: John & Natascha Karadsheh 602-615-0843



Sold in 1 Day!

2140 E. Mallory Street
Groves of Hermosa Vista
4 BR / 2.5 BA / 3 Car Garage / 2,972sf
Sold $1,049,000

Sold Over List!

5055 N. Hilton Avenue
Remodeled and Pinterest Perfect
3 BR / 2 BA / 2 Car Garage / 1,640sf
Sold $462,000

Newly Listed!

3546 N. Canyon Wash Circle – Offered at $925,000
On the Las Sendas Golf Course with Sunset + Mountain Views
Presented by: John & Natascha Karadsheh 602-909-4995

Your Northeast Mesa Real Estate Experts for Over 50 Years!

JOHN KARADSHEH ABR, CRS, Designated Broker/Owner
NATASCHA OVANDO-KARADSHEH ABR, Assoc. Broker/ Owner
CHRISTINA OVANDO, REALTOR Emeritus®

MesaLuxuryHomesAZ.com

Feel Better in Your *Body Again!*

Personalized Nutrition Coaching to help you feel your best from the inside out.

- Autoimmune Support
- Weight Loss Resistance
- Chronic Pain & Inflammation
- Low Energy & Fatigue
- Under Eating & Metabolic Health

Food is Powerful, LET'S USE IT STRATEGICALLY

SCAN TO SCHEDULE YOUR FREE CONSULTATION CALL

Alysha Abell

B.S. Nutrition, Master of Public Health • Certified Functional Nutrition Counselor • Founder, Macro Method

@macro_method_nutrition
alysha.macromethod@gmail.com

COMMUNITY

Red Mountain Community Social Club HOSTS ANNUAL GARAGE SALE

By Cathy Barthel, Photos by David Bender

Fall clean-up is coming soon with the annual garage sale on Friday, Nov. 6 and Saturday, Nov. 7 of this year.

You know the feeling – that closet door that won't quite shut, the tool shed you've been meaning to tackle, the sweater you forgot you owned, the mystery gadget still in its box, the extra folding chairs that multiplied over the summer.

If you're sorting, purging, and searching for a great way to give those items a second life instead of sending them to the curb, we've got just the thing. Plus, it's a great way to earn extra cash for the upcoming holiday season.

The annual Red Mountain Community Social Club Garage Sale will be held next month at Red Mountain Ranch, Shadow Canyon, and Summit Park. Sanctioned by the Red Mountain Ranch HOA, the sale offers something for everyone — whether you're selling, shopping, or teaming up with friends for a block-style experience, you won't want to miss this!

Sellers receive many benefits for their participation fee of $15:

- Signage at entrances and throughout the community
- Print and digital social media advertising
- Your home listed on the interactive map
- Most importantly, a liability insurance policy that protects you and your shoppers

Registration is open now, register before Oct. 30 to be included on the interactive map.

Visit RMCSC.org to register and get all the details.

OPEN INVITATION

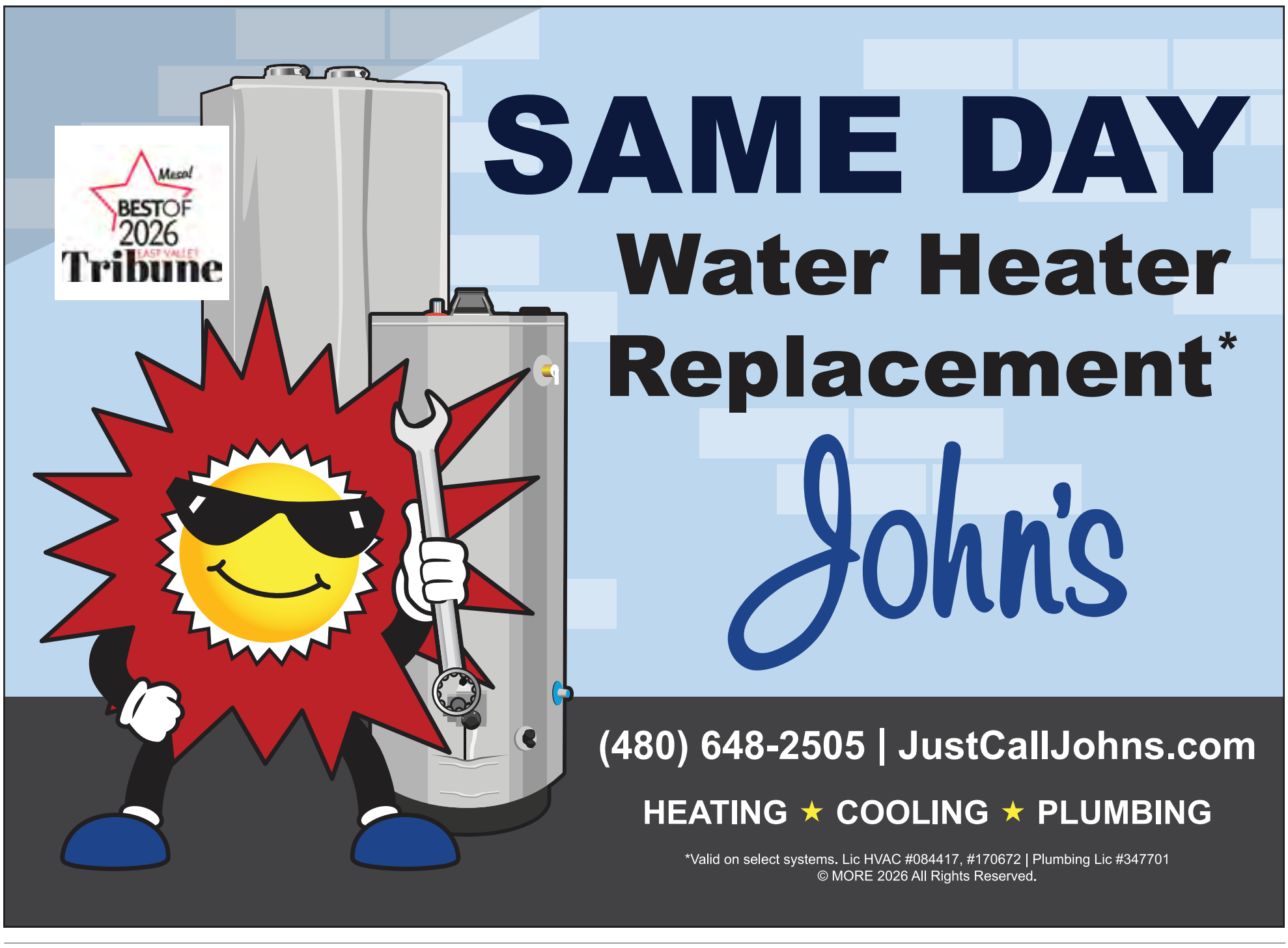
Join us for our monthly speaker. On the second Thursday of the month (Sept. – Nov.; Jan. – May), we invite residents of our community to join us for our monthly meeting and speaker. We begin at 9:30 a.m. with light refreshments at Red Mountain Ranch Country Club.

Mahjong is coming to RMCSC, with a special class for beginners being held on Oct. 12 at RMRCC. Members can register and learn more at RMCSC.org. A playing schedule is being developed and will be announced at the class.

THERE'S NO BETTER TIME TO JOIN

Our season is in full swing, with plenty of opportunities to connect, learn, volunteer, and enjoy good food, good company, and great fellowship. ■

Mesa East Valley neighbors are invited to join today — simply visit RMCSC.org to get started. Our club welcomes couples and singles alike, all looking to make new friends and build lasting connections.



AZ Kids Kapers

BRINGING PARTIES TO LIFE!

- Princesses
- Balloon Sculpting
- Superheroes
- Face Painting

602-790-5424
azkidskapers.com

T&T AIRPORT SERVICE

Don't you really want to ride with a professional?

For just a few more dollars, ride with a professional driver.

PRIVATE CAR • FLAT RATES • RESERVATIONS

WE DON'T LOSE CUSTOMERS!

480.832.3483

OVER 20 YEARS OF SERVICE

*Call for Details.

EST. 2018

SAM & LUCA
ITALIAN BISTRO

SEASONAL HOURS
Mon-Thurs: 4pm-9pm
Fri-Sat: 3pm-9:30pm

ACCEPTING RESERVATIONS ON OPEN TABLE

SAMANDLUCAAZ.COM

1959 S. POWER ROAD, MESA AZ 85206 • [480] 659-6716

BUILD THE FUTURE YOU WANT AT MCC

- EARN A DEGREE OR CERTIFICATE
- BUILD SKILLS FOR IN-DEMAND CAREERS
- TRANSFER TO A UNIVERSITY

With affordable tuition, flexible class options, and a supportive community, you'll have the resources to build the future you want.

Learn more at mesacc.edu/future

MESA COMMUNITY COLLEGE
A MARICOPA COMMUNITY COLLEGE

RED MOUNTAIN UNITED METHODIST CHURCH

PUMPKIN patch

OCTOBER 17 – 31

Monday – Friday 11:30am – 7pm
Saturday & Sunday 10am – 6pm
Halloween 10am – 4:30pm

2936 N. Power Rd., Mesa, AZ 85215
(East Parking Lot of RMUMC)

PICK THE PERFECT PUMPKIN!
Pumpkins of all shapes and sizes, varying in price. Perfect for decorating, carving and baking.

CAPTURE THE MOMENT
Don't forget your camera!

Proceeds go towards missions, outreach and other church needs. Cash, checks, Zelle and credit cards accepted.

Lean Forward • Reach Out • Grow with God
REDMOUNTAINUMC.COM

YOUR HOME
OUR PRIORITY

Trusted home care while you're away.
Call A Plus Home Watch of Arizona.

WHAT WE DO
- **Interior & Exterior Walkthroughs** — look for leaks, pests, storm damage, and irregularities
- **Systems Checks** — confirm HVAC, plumbing, appliances, doors, and windows appear normal
- **Property Care** — mail and package removal, vendor access
- **Communication** — personalized checklists, immediate notifications and detailed photo reports

CONCIERGE SERVICES
Vendor access • Appointment coordination
Deliveries • Home service oversight
We handle the details so you don't have to.

A+ HOME WATCH OF ARIZONA

LOCALLY OWNED.
Serving Maricopa County homeowners.
(480) 253-7665
Jill@aplus-homewatch.com

BONDED | INSURED | BACKGROUND-CHECKED
NHWA Accredited Member

EVENT

PUMPKIN PATCH OFFERS THE PERFECT OCTOBER FUN

Submitted by Red Mountain United Methodist Church

Red Mountain United Methodist Church will host a pumpkin patch beginning Oct. 17 to Oct. 31, Monday to Friday from 11:30 a.m. to 7 p.m., and Saturdays and Sundays from 10 a.m. to 6 p.m. On Halloween, the pumpkin patch will be open from 10 a.m. to 4:30 p.m.

Come bring the family to the fun at 2926 N. Power Road, Mesa, in the east parking lot. Visit RedmountainUMC.com for more information.

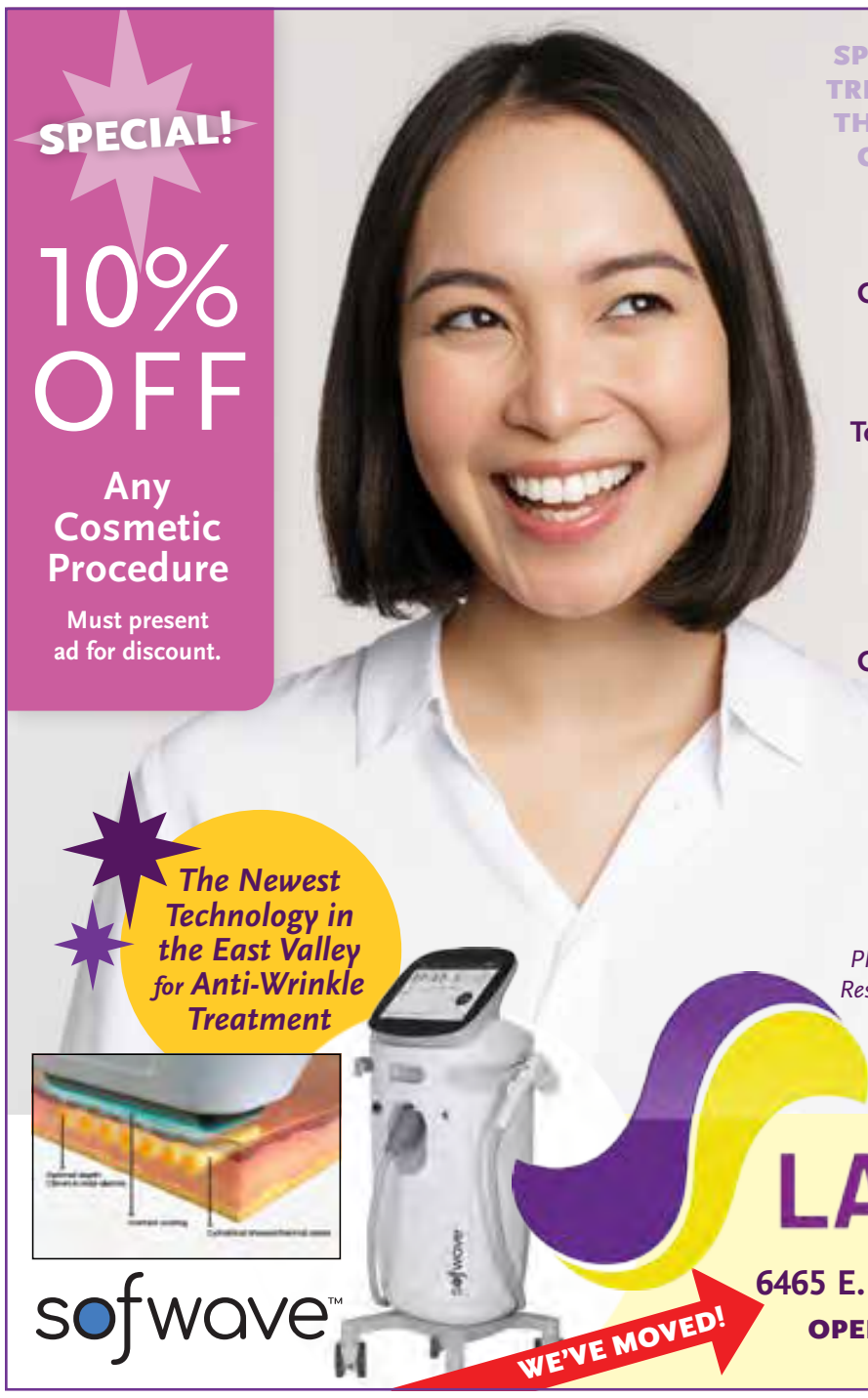
"Join us at the pumpkin patch. Choose your pumpkin from a wide selection of shapes and sizes perfect for decorating, carving, and baking," said a church member.

Price is based on size of your pumpkin.

"An adventure for all ages – come to the east front parking lot of Red Mountain United Methodist Church to enjoy a relaxed, friendly environment for finding the perfect pumpkin. See you there – get ready for October fun!" ■

For more information, visit RedmountainUMC.com.

SPECIAL!
10% OFF
Any Cosmetic Procedure
Must present ad for discount.



The Newest Technology in the East Valley for Anti-Wrinkle Treatment

sofwave™

SPECIALIZING IN TREATMENTS FOR THE FOLLOWING CONDITIONS:
Skin Cancer
Mohs Skin Cancer Surgery
Acne
Warts
Toe Nail Fungus
Psoriasis
Moles
Sun Damage
Wrinkles
Chemical Peels
Botox
Juvederm
Rosacea
Laser
Platelet Rich Plasma
PRP Therapy in Hair Restoration & Collagen Rejuvenation

HAVE TOENAIL FUNGUS?
Treat it by laser!

Laser light heats evenly throughout the depth of effected nail and skin tissue, effectively weakening and killing parasitic fungi which have infected the patient's nail.

NO SCARRING TREATMENT for SKIN CANCERS
Every patient deserves a choice!
SRT-Superficial Radiotherapy

There's a Non-Surgical Treatment for Skin Cancer!

NO CUTTING
NO PAIN
NO DOWNTIME
NO SCARRING

www.sensushealthcare.com
Sensus Healthcare — Superficial Radiotherapy

LA PEAU DERMATOLOGY
6465 E. SOUTHERN AVE., SUITE 100, MESA, AZ 85206 | (480) 396-2300
OPEN: Monday - Friday 8 - 5 p.m. | Saturday 9 - 1 (once a month) *Insurance Accepted*
WE'VE MOVED!

BREAKTHROUGH NEUROPATHY TREATMENT

HOW TO GET LASTING RELIEF FROM:

WITHOUT THE USE OF DRUGS OR SURGERY!

If you're experiencing **pain, burning, numbness, tingling or pins & needles** in your hands or feet ---
Don't miss this FREE Seminar on Peripheral Neuropathy!

CLINICAL STUDIES REVEAL:
The debilitating pain, numbness and tingling experienced by patients su ering from Peripheral Neuropathy canbesuccessfully treated **WITHOUT THE USE OF DRUGS AND SURGERY**

PRESENTED BY
DR. AARON T SHAPIRO, DC, BCN

IN THIS CUTTING-EDGE FREE SEMINAR YOU'LL LEARN:

- Why many current treatments for neuropathy don't work.
- The underlying causes of peripheral neuropathy, and the key to prevention!
- The Nobel prize winning discovery that every neuropathy patient MUST know.
- How peripheral neuropathy is diagnosed, and when it can be successfully treated.
- A technology originally developed by NASA that decreases neuropathy symptoms.
- Advanced diagnostic testing to help determine if your condition can be treated.
- A simple home therapy that is used by some of the largest specialty hospitals in the country to treat certain types of neuropathy.

INTEGRITY NEUROPATHY CENTER

TUESDAY October 20th @11:30am

INTEGRITY NEUROPATHY CENTER
4331 E. Broadway Rd., Mesa

LUNCH WILL BE SERVED. SPACE IS LIMITED TO 15!
RSVP By October 16th (480)820-9147

incarizona.com

FOOD DRIVE for Sunshine Acres Children's Home, Runs October 5 - November 14!

Receive a gift when you bring in a bag of new, unexpired, nonperishable food items.

10% OFF Any Hair Service

For new clients only.

Expires 10/31/26.

STUDIO 480 THE SALON

Haircuts • Coloring/Highlights • Straightening/Perms • Waxing

Mon. 9-4 • Tue.-Thu. 9-7 • Fri. & Sat. 9-5

CALL FOR AN APPOINTMENT!

6655 East McDowell Road, Suite 105, Mesa, Arizona 85215

(SW corner of McDowell & Power Roads - behind Barro's Pizza)

(480) 985-2369

Follow us on Instagram or Facebook for upcoming events, specials and chances to win product!

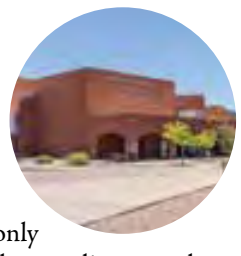
EDUCATION

Mesa Public Schools presents PROPOSITION 419 BOND INFORMATION

Submitted by Mesa Public Schools

The Mesa Public Schools Governing Board has called for a $449 million bond election, known as Proposition 419, to appear on the Nov. 3 General Election ballot.

Voters who reside within Mesa Public Schools boundaries will determine whether the measure is approved.



Proposition 419 would address a portion of approximately $1.4 billion in identified district capital needs. Projects were identified through facility assessments and input from the Governing Board, parent groups, and a community budget committee.

If approved, bond proceeds may only be used for capital projects and related expenditures and cannot be used for employee salaries.

The proposed bond funding is allocated approximately as follows:

- 70% – District facility improvements, including air conditioning (HVAC), roofing, plumbing, electrical systems, and structural needs
- 15% – Site-based projects identified by individual schools
- 10% – Safety, security, and technology infrastructure, including secure front lobbies, updated security cameras, and technology systems
- 5% – Career and Technical Education (CTE) improvements

The estimated tax rate associated with the proposed bond is $0.81 per $100 of net assessed value.

At Red Mountain High School, proposed projects include approximately $35.8 million in major campus renovations, $524,000 for Career and Technical Education updates, and $1.6 million in fire protection improvements, along with other identified campus needs. ■

Voters may view the specific projects identified for each MPS school, as well as a tax calculator to estimate the potential impact based on property value, at mpsaz.org/Prop419.

LOCAL BUSINESS

What is the Difference between NAD+ and Niagen?

By Gina Van Luven, Owner, Prime IV Hydration & Wellness – Red Mountain Gateway

NAD+ is a coenzyme found in all living cells called *nicotinamide adenine dinucleotide*. It plays an important role in DNA repair, brain health, energy production, metabolism, and heart health. Niagen is a member of the B-vitamin family and a brand name for *nicotinamide riboside* or "NR" and is a precursor to NAD.

NAD levels decline with age, leading to age-related health issues like fatigue and cognitive decline. And negative lifestyle habits, like lack of exercise and a processed food diet, can further deplete NAD. Therefore, supplementing may help slow the aging process and protect against diseases.

The issue with taking NAD+ as a supplement, however, is the body's inability to deliver it into your cells where it can be utilized. It will circulate in your blood stream and needs enzymes to break it down into smaller particles so it can be absorbed and then rebuild within the cell.

NAD must be broken down to NR and then built back up again. Because Niagen (NR) is already broken down, it can easily be absorbed by the cells and utilized to make NAD. In the form of injections or IVs, you can receive a greater amount of Niagen and bypass digestion, which can limit absorption.

At Prime IV Hydration & Wellness on Power and McKellips roads, we offer both Niagen and NAD+ therapies. For more information about how these supplements might benefit you, please call us at (480) 992-4202 or go to primeivestmesa.com to schedule an appointment for a complimentary health evaluation. ■

Prime IV Hydration & Wellness – Red Mountain Gateway is located at 2025 N. Power Road, Suite 106, in Mesa.

mesa PUBLIC SCHOOLS

Red Mountain Community School Expo

Explore the schools and programs available across the Red Mountain community

- Meet school representatives from the Red Mountain area
- Explore options from elementary through high school
- Discover unique programs, academics and extracurricular opportunities
- Ask questions and find the right fit for your student

Red Mountain Region
On This Mountain

Wednesday, October 21 | 6 - 8 PM

Red Mountain High School Gym
7301 E Brown Rd, Mesa, AZ 85207

mpsaz.org | @mpsaz | mpsaztv

LOCAL BUSINESS

What Actually Happens When You Work with Macro Method

By Alysha Abell, B.S. Nutrition, Master of Public Health, Certified Functional Nutrition Counselor

I get asked a lot what coaching with me actually looks like. The real week-to-week version.

Every client starts with a deep look at your life, not just your food. Your stress, sleep, diagnosis if you have one, goals, movement, and what your day looks like.

From there I build a personalized nutrition and movement plan around your lifestyle, not a one size fits all template.

My approach is built on addition before subtraction. I start with what you already eat, and build from there, so it never feels like a huge overhaul at once. Instead of stripping food away, we add protein, volume, and nutrient dense foods, along with blood sugar stability, which alone resolves a huge amount of fatigue, cravings, and inflammation.

Changes are conservative and incremental on purpose. Big overhauls do not last. Small, sustainable shifts do.

You are not handed a plan and left to figure it out. We check in weekly, and I adjust your nutrition and movement based on how your body is responding, not how a generic program assumes you should respond.

If something is not working, we change it. This is not a one and done meal plan. It is an ongoing relationship where I am in your corner every step of the way.

I coach through a minimum three-month commitment, because real physiological change, especially with hormonal or autoimmune involvement, takes longer than a few weeks to stick.

Everything is virtual, so you never have to worry about fitting a visit into an already full schedule, and clients get full access to me between sessions, not just during a scheduled time.

At the core of it is one belief. Food is medicine. A clinical approach, using food strategically based on how your body works, backed by science, not trends.

If you have tried programs that gave you a plan and went silent or never had a coach who actually adjusts with you, this is different. This is Macro Method.

Ready to see what personalized coaching actually looks like?

Scan the QR code and fill out the short form. I will personally reach out to schedule your free consultation, or find me at @macro_method_nutrition on Instagram. ■

For more detailed information, email alysha.macromethod@gmail.com.

YOU ARE INVITED TO
VALLEY REMODELING'S 15 YEAR ANNIVERSARY

Harvest FESTIVAL

OCT 29 4-8 PM

FOOD / MUSIC / MARKET / CRAFTS/ GAMES
MESA CHAMBER RIBBON CUTTING

SCAN THIS TO RSVP

CALL OR TEXT 480-901-2972

2550 N Thunderbird Circle #115, Mesa

Valley Remodeling

LOCAL BUSINESS

Keep your Home Safe FROM FALL FRIGHTS

Submitted by A Plus Home Watch of Arizona

As the desert heat finally cools and pumpkins appear on porches, October brings a welcome shift — fall décor, festive events, and the start of travel season for many Arizona homeowners. But while autumn is full of fun, it can also bring a few "tricks" you don't want to show up at your home *while you're away*.

That's where A Plus Home Watch of Arizona steps in — your trusted partner in keeping your vacant home safe, secure, and running smoothly when you're not there to watch over it.

HOME WATCH

October is known for surprises — but none of them should come from a home sitting empty. A Plus Home Watch of Arizona professionals provide scheduled, visual inspections designed specifically for homes left unoccupied during travel, seasonal transitions, or extended absences.

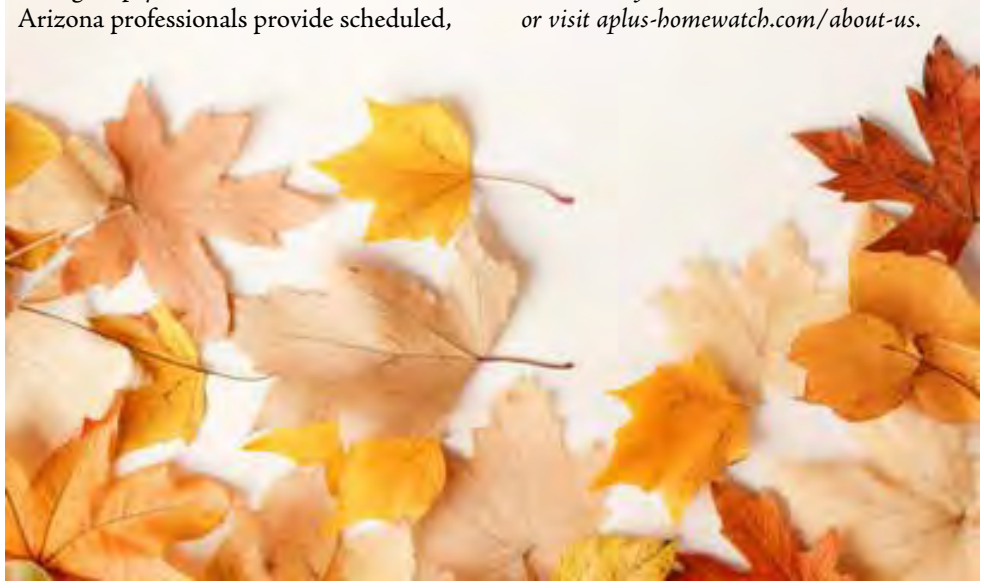
From water leaks and electrical concerns to pests, storms, or signs of forced entry, trained eyes notice what others miss.

No scares. No surprises. Just peace of mind while you're away.

THIS OCTOBER, DON'T LET YOUR HOME BECOME A MYSTERY

Enjoy fall festivals and Halloween fun — while we take care of your home *in your absence*. You deserve peace of mind all season long with A Plus Home Watch of Arizona.

For more information, call (480) 253-7665 or visit aplus-homewatch.com/about-us.



Edward Jones > edwardjones.com | Member SIPC

Personalized service is kind of our thing.

As your needs evolve throughout your life, we'll strive to provide the products, solutions and experiences to help you achieve what's important to you.

Let's start building the future today.

Linda Drake, CFP®, ChFC®, AAMS™
Financial Advisor
1955 N. Val Vista Dr., Suite 106
Mesa, AZ 85213
480-985-2651

NEED HELP WITH MEDICARE?
Turning 65 or plans changing?

Medicare Advantage plans change every year. Medicare Supplement rates increase yearly. Medicare is just plain confusing. Let me help take some of the confusion out of picking and choosing a plan that is right for you.

- Would you like personalized help exploring your Medicare options?
- Are you trying to decide when is the right time to enroll in Medicare?
- Are you turning 65 or losing your Employee insurance?

Call / text or email me to help navigate your Medicare choices.

Lynne Jones
480-212-2246
jonesdvp@yahoo.com

By calling this number, you will be connected to a licensed insurance agent.

We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all your options.

Carnation Home Cleaning
RELIABLY, CONSISTENTLY, CLEAN.

A premium home cleaning service for those who demand consistency, quality, and have an appreciation for the details.

(480) 924-2096
www.CarnationHomeCleaningInc.com
All quotes given by phone or website.

THE THREE BUYER COMPETITION WINDOWS™

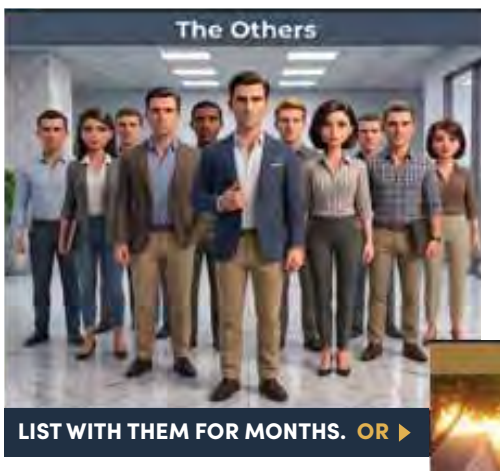
Three consecutive windows engineered to force fast, premium offers before the next wave of competition arrives.

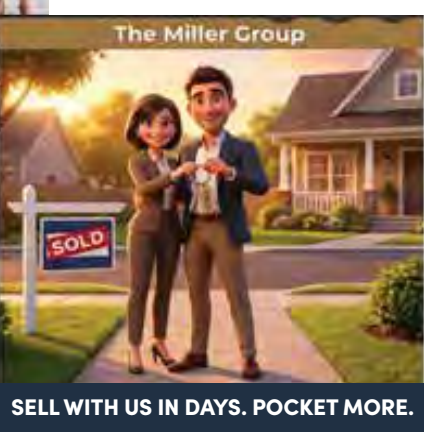
1. Before MLS (Early Leverage) • **2. Before Public Launch** (Mid-Week Access) • **3. The 72HOUR Launch** (The Public Unveiling)

6.3% HIGHER SELLING PRICES

WHY THESE WINDOWS MATTER

See why by going to:
themillergroup.homes/72soldvideo





SCAN FOR VIDEO

DON'T LET BUYERS WAIT YOU OUT.
PUT TIME AND URGENCY ON YOUR SIDE.

KRIS MILLER

TheMillerGroup.Homes
Call Kris Miller at 480-236-6180
info@themillergroup.homes

MILLER GROUP

72SOLD CERTIFIED
CITIEA

BEYOND THE CACTUS

Unexpected Arizona — hiding in plain sight

WHO'S REALLY ROAMING ARIZONA?

You may know one famous Valley herd. But Arizona has another four-legged story most of us drive right past.

By Kris Miller

Most Valley residents have heard about the wild horses along the Salt River. But here's a question: **what if I told you thousands of another kind of wild animal are living in Arizona — some only about 25 miles northwest of Phoenix?**

They're burros. And once you start looking into their story, it gets even better.

THE TOWN WHERE TRAFFIC HAS FOUR LEGS

In Oatman, an old mining town on Historic Route 66, wild burros regularly wander down Main Street. They mingle with visitors, stand beside weathered storefronts and occasionally decide that cars can wait.

They aren't props brought in for tourists. Their ancestors were working animals used by miners and prospectors beginning in the 1860s. When mining faded, some burros escaped or were released. Their descendants adapted to the harsh Black Mountains — and they're still there.

Oatman sits within the **Black Mountain Herd Management Area**, managed by the Bureau of Land Management (BLM). At roughly **1.1 million acres**, it is Arizona's largest BLM wild horse or burro Herd Management Area. In March 2026, BLM estimated about **3,896 wild burros** there.

NOW FOR THE SURPRISE CLOSER TO HOME

You don't have to drive to Oatman to be in burro country. The **Lake Pleasant Herd Management Area** lies just 25 miles northwest of Phoenix, west of I-17 and north of State Route 74.

It covers about **103,000 acres** of federal, state and private land. In March 2026, BLM estimated approximately **2,303 burros in and surrounding the area** — dramatically higher than its newly established Appropriate Management Level of 140 to 250.

The population had grown enough that BLM conducted a major gather this spring. Between April 1 and June 8, **868 burros were gathered**. BLM says its management includes gathers and removals, fertility control and adoption or sales programs, with the goal of supporting healthy animals and healthy rangelands while addressing property and public-safety concerns.

Same agency. Different herds.
And one of them is practically in our backyard.

SO WHY OATMAN?

Because there, the history walks right into town. Oatman's burros share the street with Route 66 travelers in a place that still feels connected to Arizona's mining past. And 2026 gives you another reason to go: **Route 66 is celebrating its 100th anniversary.**

ONE LAST THING: Wild burros may appear calm, but they are wild animals. BLM advises visitors not to approach or feed them.

WHY *BEYOND THE CACTUS*? Arizona is full of stories hiding in plain sight. Each month I'll go looking for another one. Know an unusual Arizona place, fact or mystery I should explore? Send it my way — it may become a future column.

Kris Miller, REALTOR® I The Miller Group | Citiea
Helping people buy and sell homes for more than 35 years — and still discovering new things about the place we call home.

CLASSIFIEDS

HOME SERVICES

APT LANDSCAPE MAINTENANCE Monthly or Biweekly Landscape Maintenance, Lawn, Irrigation and Sprinkler Repair, Full Yard Clean Ups, Fertilization, Trees, Removals etc. *Fully Insured, Bonded Workers Comp* **FREE ESTIMATES** Mention this Ad and Receive 15% OFF! Commercial and Residential. We Accept Credit Cards. Please Call **(480) 354-5802**

MARK'S HOME IMPROVEMENTS AND REPAIRS
Specializing in Cabinetry, touch up, repair, rollout drawers, soft close hinges and glides. Plumbing, electrical, paint, drywall, lights, fans, smoke detectors, etc... 30+ years experience. Call/Text Mark Griffin **480-980-1445**

DALE'S HAULING AND JUNK REMOVAL. Serving Mesa and the East Valley. Ready to clean out your garage, attic, rental property, etc? Retired veteran with truck and trailer. Free estimates. Call/Text Dale **602-329-6887**

MESA HOME MAINTENANCE AND REPAIR Plumbing, electric, irrigation, garage doors, water heaters, tile and drywall repairs, carpentry, handyman lists, and other services. All work guaranteed. Sean Sornberger **(480) 699-7990**

LANDSCAPE DESIGNING. Save on your water bills. I'm a retired landscape designer with many years of experience. Let me design your outdoors so that you can do the work or bid out. Very Reasonable and Professional Service. Frank **480-236-0383**

LADY BLUES HOME CLEANING One person service. Estimates by phone. 18 years experience. Very well trusted with lots of references. Denise Ross **480-296-6752**

JUNKTIFY – Junk Removal & Recycling. Each load will be separated and disposed of or recycled. House and Yard Clean Outs. Locally owned and operated with 17 years of yard clean up and junk removal. **(480) 357-8944** Residential/Commercial/Storage Units

DUMPING DAVE - We haul it All. Yard debris, junk, appliances, furniture, cleanouts. Whatever you need cleaned up and hauled away. I am a 6th grade Mesa teacher working my 2nd job. Dave **480-360-JUNK (5865)**

ALL PRO TREE SERVICE and LANDSCAPE SERVICE. Tree Trimming, Removals, Stump Grinding, Bushes, Shrubs, Yard Clean Ups, Landscaping, and Deep Root Fertilization, Etc. **Don't forget to deep root fertilize your trees for the season. FREE ESTIMATES.** Very Professional, INSURED & BONDED. Mention this ad and receive 15% OFF! We accept credit cards. Please call **(480) 354-5802**

HOME SERVICES

MARTINEZ LANDSCAPING – Reasonably priced landscaping services, including block walls, pavers, fake grass, curbing, cement, and palm tree installation. Call Julio Martinez at **(480) 627-9479**

SPECIALTY SERVICES

"KNOW BEFORE YOU THROW" the potential value of your stuff. I have 32+ years of experience in appraising and liquidating estates and fine jewelry. Consult with me, Jon Englund, **(480) 650-1422**

MARCIE'S SENIOR DAY CLUB
Bring your loved one to our fun, safe, & engaging place where seniors can socialize, stay active, and enjoy meaningful activities in a caring environment. • Respite Care for Families • Brain Games & Trivia • Arts & Crafts • Music & Drumming • Sit & Fit Exercise • Bingo & Group Activities • Socialization & Companionship. 6134 E. Main St., Suite #108, Mesa AZ 85205 **(623) 715-2204** Marcieshomecare.com

MARCIE'S HOME CARE LLC IN HOME SENIOR CARE
Companionship & Social Assistance • Medication Reminders • Light Housekeeping • Showers & Bed Baths • Escort to Dr's Appointment • Shopping & Errands • Safe & Reliable Transportation • Personalized Daily Care.Marcieshomecare.com **(480) 714-4043**

NOTARY SERVICES: CROWN NOTARY LLC - GEORGE CROWN - NOTARY PUBLIC. Wills, Acknowledgements, Affidavits, Loan Signings, Apostilles. crown_notary@yahoo.com, crownwnotaryllc.com, **520-224-4409**

HELP WANTED

PHILLIPS WEST IS SEEKING AN ADVERTISING REPRESENTATIVE. Someone who is passionate about connecting local businesses with the community and creating advertising opportunities within the UpClose publications. **Email publisher@phillipswest.com.**

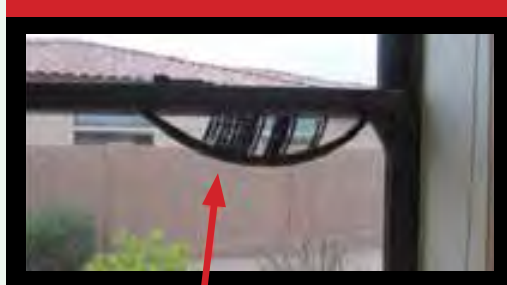
LAKESHORE LANDING RESTAURANT AT SAGUARO LAKE IS HIRING ALL POSITIONS. Only 20 minutes from Las Sendas, Lakeshore Landing is a family owned restaurant looking for food servers, hosts, dishwashers, and line cooks for our upcoming busy season. Flexible hours, beautiful views, and competitive pay in a fun, family atmosphere. Come join our team! **Please email resume to: Info@TheLakeAZ.com**.

SERVICE DIRECTORY

SERVICE DIRECTORY

SCORPIONS - BLACK WIDOWS
TICKS - TERMITES - ANTS
Licensed - Bonded - Insured
A-1 PEST CONTROL, LLC
Valley Wide Service
Family owned & operated
Family Owned for 40 Years!
Leo Renello
480-981-0666
Mesa, AZ 85207
Board Certified Entomologist

Have you been putting home repairs off for a while?
480 Handyman
Services can tackle those for you!
Call Mike Leonard today!
Leaks • Painting/Trim Work • Replacing Toilets/Sinks
Doors/Cupboard Repair • Windows & Screen Repairs
Lighting • Most Home Repairs
I even wash windows!
480-226-3986
480handyman@gmail.com

PROBLEMS WITH YOUR WINDOWS?

DEALING WITH WINDOW SPACER INTRUSION?
We can fix that too!
DUAL PANE GLASS REPLACEMENT
RESIDENTIAL TINTING
SUNSCREENS
Call for a FREE Estimate!
MESA WINDOW
Tinting and Glass Inc.
480-984-5739
ROC #088568/ROC #257622

ADVANCED
ACCOUNTING & TAX SERVICES, INC.
Tamara Klinetobe, EA
Enrolled Agent, Accountant, Certified QuickBooks ProAdvisor
3514 N. Power Road, Building 4, Suite 125
Mesa, Arizona 85215
480-986-8730 • tamara@aatsaz.com
Committed to providing the highest quality accounting services, consulting, and tax preparation to both businesses and individuals
Monthly Accounting Service
Payroll Service
Business & Personal Tax Preparation
Tax Planning
BEEN IN BUSINESS LOCALLY SINCE 2005 • AATSAZ.COM

MARTINEZ
Landscape Maintenance
Keep your yard beautiful
Tree Removal
Gravel Installation
Tree Trimming
Clean Up
Irrigation
Quality Work • Good Site Management
(480) 627-9479

HOME MAINTENANCE & REPAIRS
MINOR ELECTRICAL & PLUMBING
TV MOUNTING & GATE REPAIRS
FURNITURE ASSEMBLY & MORE
Insured & Trusted
H&S REPAIR EST. 2014
LIMITED TIME OFFER
$50 OFF
Your First Service!
Call/Text: (602) 890-2038
HANDSREPAIRAZ@GMAIL.COM
HANDSREPAIRAZ

PROFESSIONAL, AFFORDABLE TREE AND LANDSCAPE SERVICE
ALL PRO
TREE SERVICE LLC.
www.allprotrees.com • dennis@allprotrees.com
480-354-5802
With Every Tree Trimming, We Granual Fertilize for
FREE
15% OFF
Call today for a FREE ESTIMATE and get 15% OFF with this ad!
Offer has no cash value and may not be combined with any other offer, discount, coupon or promotion.
Call for Deep Root Fertilizing Prices
TREE SERVICES
• Tree Trimming
• Tree Removal
• Stump Grinding
• 24 Hour Storm Damage
• Deep Root Fertilization
LANDSCAPE SERVICES
• Monthly Landscape Maintenance
• Frost Damage
• Yard Clean Ups
• Irrigation Install/Repair
• *All* Landscape Needs
Fully Insured/ Bonded

HOLE IN THE WALL?
GIVE US A CALL!
PATCHMASTER™
THE DRYWALL REPAIR SPECIALISTS
480-770-4552
PATCHMASTER.COM
Lic # 321495 Bonded & Insured
✓ MOVING ACCIDENT?
✓ PLUMBER/ELECTRICIAN LEFT HOLES?
✓ BUYING/SELLING A HOME?
✓ CEILING DAMAGE?
✓ DAMAGE FROM RENTERS?
✓ DENTS AND SCRATCHES?
NO PROBLEM!

RENTALS ON THE WATER!
YAK N SUP Canyon Lake
Conveniently located on the water at the Canyon Lake Marina!
16802 AZ 88
Apache Junction, AZ 85119
yaknsup.com
480-420-8144

Are you in pain? I can help!
Licensed massage therapist with 16 years experience now offering soothing therapeutic massage at my East Mesa location
- Quality massage customized just for you!
- Hot Himalayan salt stones
- Reflexology
- Foot sugar scrubs with hot towels
- Reasonable rates
- Aromatherapy included in every session
- No tipping!

Deanna Bourn, LMT
deannabourn.massagetherapy.com
480-421-8230
Call or text to set an appointment
Free hot stone enhancement with your first session (a $15 value)

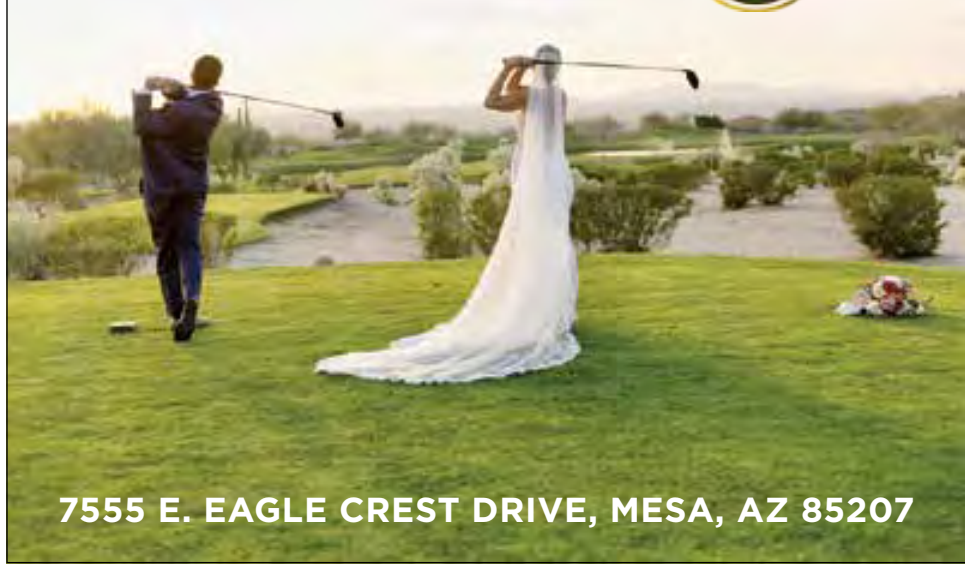
From your first tour to your final dance, our dedicated banquet and culinary professionals work closely with you to create a celebration that reflects your style, personality, and traditions.

WEDDINGS

AT THE VISTAS PAVILION AT LAS SENDAS

Call to setup your venue tour today
and discover all of the possibilities for your wedding day!

Call 480.396.4000 ext 222 or
Email at cshaw@lassendas.com



7555 E. EAGLE CREST DRIVE, MESA, AZ 85207

Check Out Our Brunch Menu!
Why go anywhere else?

JOIN US FOR

Weekend BRUNCH

AT THE PATIO AT LAS SENDAS

SATURDAYS AND SUNDAYS
8:00am to 2:00pm

Just a Few of Our Brunch Offerings at Las Sendas

Classic Benny $16 • Huevos Rancheros $16 • Homemade Chilaquiles $16
Breakfast Enchiladas $16 • Smoked Prime Rib Skillet $15 • Sunrise Paloma $14
Brunch Punch $14 • Almond Stuffed French Toast $15 • Lemon Ricotta Pancakes $14

For Reservations: (602) 734-5524

7555 E. Eagle Crest Drive, Mesa, AZ 85207
www.lassendas.com

YOUR EVENT DESERVES MORE THAN JUST A ROOM

At The Vistas Pavilion at Las Sendas whether it's a stylish party, an inspiring seminar, or a dream wedding, our venue adapts to your vision.

- Sleek, versatile spaces for 25 to 250 guests
- Built-in sound & lighting system
- Friendly, pro-level event support
- Affordable packages without hidden fees

Located in North East Mesa
7555 E. Eagle Crest Drive, Mesa, AZ

Let's make your next event unforgettable

Check availability now at cshaw@lassendas.com - 480.396.4000 ext 222

www.lassendas.com

LIVE MUSIC

EVERY FRIDAY EVENING

at the Patio & Grille at Las Sendas

STARTING OCT. 9TH
6pm - 9pm

PLUS!
New Fall Menu Coming Soon!

Coming up in November: LIVE MUSIC EVERY NIGHT!

CALL FOR RESERVATIONS 602-734-5524
7555 E. EAGLE CREST DRIVE, MESA, AZ 85207