

Las Sendas Up Close

Bringing neighbors closer to their community • UpCloseAZ.com

July 2026

Ace's Elite Offers a Dealership Alternative for Luxury Service at a Better Price

By Jamie Phillis

As summer arrives in the Valley, many luxury and exotic vehicle owners are preparing to store cars for the summer while others face the frustration of scheduling routine maintenance. For a growing number of East Valley residents, Ace's Elite has become a trusted alternative to the dealership experience.

Ace's Elite specializes in providing luxury service for European and exotic vehicles including Porsche, Ferrari, Lamborghini, Audi, BMW, Mercedes-Benz, and McLaren.

"We offer services at half the price, but we have the same work, with the same skilled technicians," said co-owner and Chief Marketing Officer

Danny Page. "Everything is the exact same, but with a personal touch."

Another reason customers are making the switch is convenience. Dealership wait times have continued to increase, with some owners waiting up to six weeks to schedule routine service.

Ace's Elite offers same-day appointments whenever possible, with most vehicles returned to customers within one to two days. The shop also provides transportation assistance through black car service or Uber rides, helping busy clients minimize disruptions to their schedules.

For seasonal residents, Ace's Elite has expanded its concierge-style approach even further through its white glove service. Customers can arrange for the team to pick up vehicles directly from their homes, complete the



maintenance and detailing, and return them before they arrive back in town.

With many specialty vehicles spending the summer months parked in garages, Danny also urges vehicle owners to prepare their cars with proper maintenance.

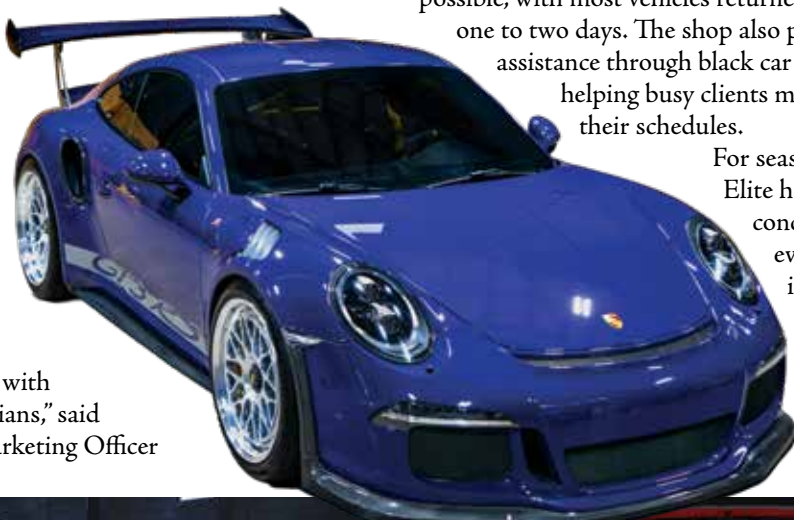
"A lot of these more expensive cars are not daily drivers," he said. "People are going to park them and store them, and they need to think about what is being done to their vehicle before they do that."

The team recommends a pre-storage, summer service that includes topping off fluids and connecting vehicles to battery tenders to prevent costly damage.

Danny learned that lesson firsthand after leaving one of his own Porsches unattended during the summer heat.

"I didn't put one of my cars on a battery tender, and it went three weeks in the heat," he said. "If I would have put the \$150 battery tender on it, it would have been fine, and I wouldn't have had to spend over \$3,000 on a new battery – now I recommend the service to everyone." ■

Ace's Auto Elite is located at 1711 N. Quail in Mesa. For more information, visit acesautoelite.com, follow on YouTube @AcesAutoEliteAZ or follow on Instagram and Facebook @AcesAutoElite.



THE GILLY
INDOOR GOLF CLUB

scan for FREE golf

5761 E. Brown Rd.
480-364-9742
WWW.THEGILLYGOLF.COM



**NEED TO
GET RID
OF SOME
JUNK?**



**CALL OR TEXT FOR A
FREE ESTIMATE! 602-329-6887**

DISCOUNTS TO VETS AND SENIORS!

Owned & operated by a retired vet.
www.DalesHauling.com
Serving Mesa & Surrounding Cities and Communities



T&T
AIRPORT SERVICE

**Don't you really want to ride
with a professional?**

For just a few more dollars, ride with a professional driver.
PRIVATE CAR • FLAT RATES • RESERVATIONS
WE DON'T LOSE CUSTOMERS!

480.832.3483
**OVER 20 YEARS
OF SERVICE**
*Call for Details.

Phillips West
Publishing | Design | Writing | Photography

*****ECRWSSDDM****

POSTAL CUSTOMER

PRSR STD
U.S. POSTAGE
PAID
PHOENIX, AZ
PERMIT #1424

www.UpCloseAZ.com

Visit our website for more local stories about the people and the businesses in your community.

Got a story idea or want to advertise? Email publisher@phillipswest.com for more information.





Self Development Academy

PROUDLY SERVING THE MESA COMMUNITY FOR THREE DECADES

TEACH A LOVE FOR **DISCOVERY**



TEACH A LOVE FOR **LEARNING**

From preschool to high school, our award-winning academy ignites curiosity through a rigorous curriculum, nurtures students in a safe environment, and empowers them to build meaningful career pathways.

Why Choose SDA?

Small School. Extraordinary Opportunities.

Legacy of Excellence

- One of the top-performing K-8 schools in America

Rigorous Academics

- Elite college and scholarship preparation
- STEM • Health Sciences • Humanities

College Opportunities

- Opportunity to earn an associate degree in high school
- Standard and Advanced Diploma pathways

Opportunities Beyond the Classroom

- Original research
- Leadership and community service
- Speech and Debate
- Drama and Theatre
- Clubs and competitions

Athletics

- Basketball, Volleyball, Tennis



Raising Curious, Capable, and Compassionate Citizens

Join us for a **FREE** five-week seminar series in July & August for parents who want their children to thrive academically, develop strong character and leadership, and prepare for meaningful futures. Each session includes information about the high school and will be followed by a Q & A about the school. Sessions will be held at our **Mesa Campus: 1709 N. Greenfield Rd, Mesa, AZ 85205.**

Thursday, July 9 6:15-7:15pm

Tuesday, July 14 6:15-7:15pm

Tuesday, July 21 6:15-7:15pm

Thursday, July 30 6:15-7:15pm

Tuesday, August 11 6:15-7:15pm

PLEASE SCAN
CODE TO RSVP



**#1 TOP PUBLIC
K-8 SCHOOL IN AMERICA**

(niche.com, 2026)

**ENROLL K-9 NOW
FOR SY 2026-2027**

SELF DEVELOPMENT PRESCHOOL

(480) 396-3522
1721 N. Greenfield Road
Mesa, AZ 85205

SELF DEVELOPMENT MESA

(480) 641-2640
1709 N. Greenfield Road
Mesa, AZ 85205

SELF DEVELOPMENT PHOENIX

(602) 274-1910
1515 E. Indian School Road
Phoenix, AZ 85014

WWW.SELFDEVELOPMENTACADEMY.COM

EDUCATION

Where Learning Begins with “Why?”

THIRTY-EIGHT YEARS OF NURTURING CURIOUS MINDS AT SELF DEVELOPMENT PRESCHOOL

By Dr. Anjum Majeed, Founder

A child pauses in the hallway to study a Monet print hanging on the wall. She cannot yet read the artist’s name, but something about the painting captures her attention. She looks closely at the colors and reflections and asks, “Why?” Why did the artist paint it this way? Why does the water seem to move?

At Self Development Preschool (SDP), we have always believed that learning begins with questions. Long before children learn to read, write, or solve math problems, they are learning how to think. They notice details, ask questions, and try to understand the world around them.

Research confirms what experienced educators have long known: the preschool years are critical. During this period, children develop habits of thinking, learning, and problem-solving that influence future success in school and beyond.

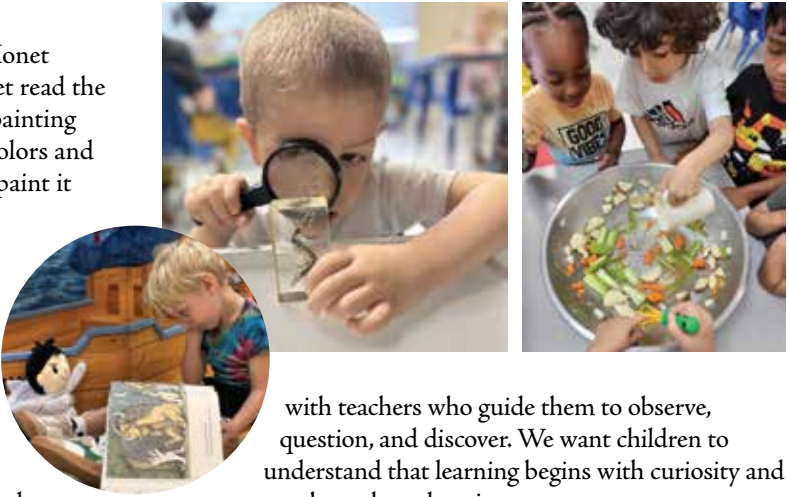
LEARNING THROUGH CONNECTIONS

What has always distinguished SDP is the thoughtful design of its curriculum. A rich preschool experience is not defined by the number of activities on a schedule but by how learning experiences are connected to help children build understanding over time.

Our curriculum is organized around themes that encourage exploration from multiple perspectives. A concept introduced during science may reappear in a story, art project, music lesson, or dramatic play activity. Learning is carefully mapped so that ideas deepen from year to year. Children learn by asking questions, exploring possibilities, and discovering relationships among concepts.

AN ENVIRONMENT DESIGNED FOR DISCOVERY

Curiosity is encouraged throughout the school day. In our STEM science lab, children investigate scientific phenomena



with teachers who guide them to observe, question, and discover. We want children to understand that learning begins with curiosity and grows through exploration.

Hands-on math experiences are equally important. Children count, measure, sort, graph, and compare as they develop mathematical thinking through meaningful activities. Music and movement are woven into daily routines. Classical music often fills classrooms during quiet times, creating a calm atmosphere. Students also participate in music lessons twice each week with a dedicated music teacher.

Children learn through dramatic play, block building, painting, and other creative experiences. In the dress-up center and child-sized kitchen, they practice cooperation, negotiation, and problem-solving. Block play develops planning skills and persistence, while art encourages self-expression and fine motor development.

The prints of Monet, Picasso, and other great artists displayed throughout the school reflect our belief that children should be surrounded by beauty, creativity, and inspiring ideas.

One parent described the experience this way: “We chose Self Development because when we toured the facility, my daughter saw Monet and Picasso prints hanging in the hallway and immediately fell in love with them.”

PREPARING CHILDREN FOR WHAT COMES NEXT

Reading is a natural part of daily life at SDP. Classrooms are filled with books, stories, conversations, and opportunities to build language skills. Children begin learning phonics and word recognition while developing a love of reading.

A highlight of the year occurs when our four-year-olds stand before parents and friends and read *Brown Bear, Brown Bear, What Do You See?* aloud. Their smiles reflect both accomplishment and confidence.

For many years, respected educator Ms. Haschke, former kindergarten teacher at Self Development Academy, often remarked that children arriving from SDP were consistently well prepared for kindergarten. They entered school with strong literacy skills, confidence, and enthusiasm for learning.

A TRADITION FAMILIES TRUST

Perhaps nothing speaks more clearly about SDP than the families who return generation after generation. As one parent recently shared, “When I walk my son into the same halls where I once sang songs and painted pictures, it feels like coming home.”

This continuity has been strengthened by stable leadership and exceptional teacher retention. For more than thirty years, the same director, Ms. Vernetta Madsen, has guided the preschool with dedication and care.

Thirty-eight years later, our guiding belief remains unchanged: when children are encouraged to wonder, explore, and discover, learning becomes a lifelong journey. That commitment continues to shape everything we do at Self Development Preschool. ■

For more information, please call Self Development Preschool at (480) 396-3522.



Need a fitness solution that fits?

TheExerciseCoach

2 FREE SESSIONS

4711 E. Falcon Dr | Suite 122 | Mesa, AZ 85215

Call or Text 480.716.6080

www.exercisecoach.com

“I wholeheartedly recommend The Exercise Coach. Their approach is scientifically sound and produces superior results for my patients. My wife and I have loved being clients for more than 10 years now”.

- Randal Kahan, M.D.

TWO 20-MINUTE WORKOUTS PER WEEK

SCAN TO LEARN MORE ABOUT OUR PROVEN APPROACH

LOCAL BUSINESS

Dear Mom

By Tim Beaubien, Hava Java Mesa

Dear Mom, how are things going up there in heaven? You talking to dad yet?

Well, I have another deadline due tomorrow, and just like cleaning my room, I waited until dad got home. Been thinking about writing you for a while now but life gets pretty crazy sometimes here at the coffee shop. However, I found a little time. We are in our summer slowdown now, so when the heat hits, everyone forgets they live in Arizona and they stay inside for a while. It will take a few weeks before they start venturing out again.

Anyway, my cell phone rang the other day and for some reason I thought of you. I was thinking about how mad you would get if I didn't call you at least once a week. Thinking about that now, it doesn't seem like such an inconvenience. I wish I could call and talk with you several times a week.

Back then no cell phones. I really kind of miss those days when if you weren't home, you didn't answer. I also remember paying a little extra to have an *unlisted number*. Boy, do I miss that option! We get calls from salespeople in India with a local area code. So, you just don't answer if you don't recognize the number. What a pain.

Of course, we never leave the house without our

phone clipped on our hips. Or in Barb's case, in her back pocket, in her purse, left on the kitchen counter, bathroom vanity, and/or the living room coffee table. "Where's my phone?" has become a common question whenever we are leaving the house. It was so much simpler when you never had to look for your phone; it was either on the kitchen wall or in your bedroom. You couldn't take it with you.

I know, I know, a recurring theme here, I am getting old. I know we can't go back to just one land line with an extension. But when you didn't know any better it was just fine. Like most technology, you didn't know you needed it until you did.

I guess we are on our phones so much we forget to use it to call the people we care about the most and just say, "Hi." I called my big buddy Bill yesterday to do just that.

It was good to hear his voice again mom. I still remember yours. When I finally got around to calling you, we would always find something to laugh about. If I complained about not having something I wanted, you would say, "Be careful what you ask for Tim, you just might get it." I still want a lot of stuff I don't have, but now I have Barb to bring me back to reality.

Well, Barb, Stephen, and Kelly all say "Hi." They miss you too. Tell the brothers I miss them also and I won't wait so long to write. ■

Please like and follow us on our new Facebook page – Hava Java Mesa-Beans, Beer, Wine, Music.



Barb and Tim Beaubien



UpClose PUBLICATIONS

Published by

Phillips West

Publishing | Design | Writing | Photography

Mesa, AZ 85215

© Copyright 2026 by Phillips West. All Rights Reserved.

E-mail: Publisher@PhillipsWest.com

(480) 748-1127

EDITOR-IN-CHIEF

Kim Phillips

ADVERTISING

Monica Adair (480) 772-1949

Kim Phillips (480) 748-1127

STAFF WRITERS

Kimberly Alvarado,
Jamie Phillis

DESIGN

LuckyYou! Creative
Erin Suwwan
www.luckyyoucreative.com

CONTRIBUTORS

John and Natascha Karadsheh,
Lorraine Ryall

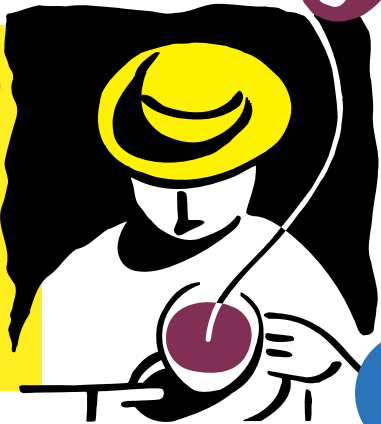
www.UpCloseAZ.com



Hava Java

**BEANS
BEER
WINE**

Your Community
Coffee House
Doing it Differently



**Coffee, Wine, Craft
Beer, Spirited Coffee
Drinks, Bloody Mary's,
Mimosas, Margaritas
and Specialty Cocktails**



LIKE & FOLLOW OUR NEW
FACEBOOK PAGE!
**Hava Java Mesa-Beans,
Beer, Wine, Music**

HOURS:
SUN 7AM - 7PM • MON - THURS 5:30AM - 8PM
FRI 5:30AM - 9PM • SAT 6:30AM - 8PM

2849 N Power Rd Suite 103, Mesa, AZ 85215

**Grab & Go
Breakfast**

In a hurry? No problem!



NEW!

Add a Breakfast Burrito or Breakfast Taco to your morning coffee order and we'll get you out the door in no time. And you'll feel great all morning long!

**ORDER ONLINE
FOR PICK UP OR DELIVERY!**

Door Dash and Online Ordering is Available!
havajavamesa.com, joe.coffee.com or doordash.com.



Music at Hava Java Coffee House

For the complete event schedule check havajavamesa.com.

FRIDAY, JULY 3RD 6 to 9pm

Musical Guest PF Flyers featuring the best of the 70's, 80's and 90's

FRIDAY, JULY 10TH 6 to 9pm

Singer Songwriter Scott Hallock and Beat Box Kent

FRIDAY, JULY 17TH 6 to 9pm

Rock Jazz Fusion from Notes from Neptune

THURSDAY, JULY 23RD 5:30 to 9pm

Hava Java Open Mic (all talent levels welcome)

FRIDAY, JULY 24TH 6 to 9pm

Classic Rock from Brenda and the Big Bad Wolf

SATURDAY, JULY 25TH 6 to 8pm

4 Under 20 (1/2 hour of music from each of 4 teens)

FRIDAY, JULY 31ST 6 to 9pm

To Be Announced

**DAILY HAPPY HOUR
3PM TO 6PM**

**\$1.00 OFF Any Glass of Wine or Beer
\$1.00 OFF Select Snack Items**



Providing Expert, Quality Service Since 1999!

\$99 Drain Cleaning + Free Camera Inspection*

Clear pipes, and peace of mind.

4.9★
Google Rating

yelp 
4.8 ★★★★★



More Ways to Save Big!

0% Interest - 12 - 18 Months*

Affordable Comfort Starts Today

\$250 Off Whole-Home Air Scrubber*

Breathe easier – our Air Scrubber cleans the air so you can live healthier.

Up to \$500 Whole-Home Water Purification System*

Cleaner Dishes. Brighter Laundry. Softer Skin.

Limited time offers. Conditions apply. Financing on approved credit. Some offers cannot be combined.
Call for details.

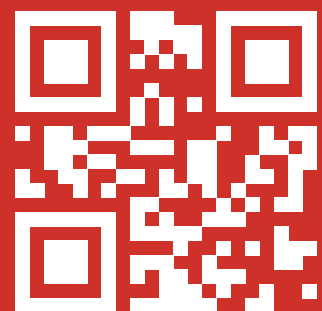
Maintenance | Service & Repairs | New Unit Installations
ROC 351313 & 361687

“Excellent experience. Would definitely use again and recommend to others. Checked everything out and did not try to sell additional services that were not needed.”

Pauline D.

Satisfied Customer
June 2026

SCAN TO CALL



Call Now: (480) 604-2883

www.AirTimeAZ.com

After Hours Service Available

EVENT

Local Church Hosts FREE CLOTHING EXCHANGE



Submitted by Nancy Higgins
On the last weekend of July, The Church of Jesus Christ of Latter-day Saints will host its annual *Community Clothing Exchange*, offering free clothing to individuals and families throughout the Northeast Mesa area. Now in its third year, the event continues to grow and bless the lives of community members seeking practical support during challenging economic times. The Clothing Exchange will take place at 10036 E. Brown Road, Mesa, AZ 85207. Community members are invited to donate gently used clothing on Friday, July 24 from 5 to 7 p.m. Donations of clean and wearable clothing for all ages are appreciated. On Saturday, July 25 from 9 a.m. to noon, the doors will reopen for the community to “shop” the exchange — completely free of charge. There is no cost, no registration, and no requirements to participate. All are welcome. The event is designed to be

welcoming and dignified. Clothing will be organized by size and type to create a boutique-style experience where individuals and families can browse and select items that meet their needs. Last year’s event saw a tremendous turnout, with hundreds of items donated and distributed. Organizers hope to expand awareness this year so that even more families can benefit. “Our goal is simple,” Communications Director Nancy Higgins said. “We want to strengthen our community by sharing what we have. If you have extra clothing, consider donating. If you need clothing, please come. Everyone is welcome.” The Community Clothing Exchange reflects the church’s ongoing commitment to service, generosity, and caring for neighbors. ■ For more information, community members are encouraged to attend or contact Nancy Higgins via email at njhiggins@comm.churchofjesuschrist.org.

EVENT

Pacino’s Hosts Competitive TALENT SHOW

By Kimberly Alvarado
Do you have what it takes to bring home \$5,000? Pacino’s Italian Restaurant’s 12th, and final, *Pacino’s Got Talent Show*, is here, and this last season is shaping up to be the most competitive one yet. This year’s show will seek out the finest local singing talent.

AUDITIONS
A cappella auditions will be held on Saturday, July 25, and Saturday, Aug. 1, from 9:30 a.m. to 1 p.m. To keep things fair, we’re asking all participants to be 16 years or older, since newcomers will be competing against some seasoned performers. “Because this is our grand finale year, all past contestants and all previous winners are invited to return,” said Pacino’s owner and manager, Frank Spaccarelli. “As you might imagine, our contestants take the competition pretty seriously, especially with a payout of \$5,000,” Frank remarked.

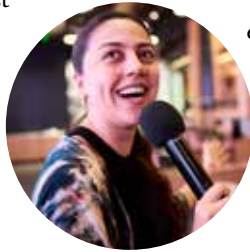
COMPETITION FORMAT
Each week, contestants will perform one song — with or without tracks — and depending on the number of participants, one or more singers will be eliminated until only four finalists remain. The finale will feature performances backed by a live band. “For this grand finale event, we are really expecting our performers to step outside of their comfort zones, by

challenging each of them with themed performances,” added Frank. Performances will be critiqued by a panel of judges. Audience voting determines who stays, with the lowest vote-getter going home unless a judge uses their one save. Bring your supporters because each guest receives as many voting tickets as there are contestants. Additional tickets are given for every \$10 purchase of food or drink, helping cover costs for the sound team, staff, prize money, and finale band.

Don’t miss out on a hot event this summer. This year, it’s a winner-takes-all showdown for the full \$5,000 prize. If selected, the live show begins on Saturday, Aug. 15 at noon.

- WEEKLY THEMES**
- Week 1 — 60s song
 - Week 2 — 70s song
 - Week 3 — 80s song
 - Week 4 — Michael Jackson song
 - Week 5 — Country song
 - Week 6 — Two songs of contestant’s choice
 - Week 7 — Two songs: judge’s choice, plus contestant’s choice
 - Finale — Two songs: judge’s choice, plus contestant’s choice ■

For more information, call Pacino’s at (480) 985-0114 or visit pacinositalian.com. Pacino’s is located at 2831 N. Power Road in Mesa, in The Village at Las Sendas.



MACARONI MONDAY’S FEATURING GRANDMA’S SPAGHETTI AND MEATBALLS FOR JUST \$11! While supplies last. Dine in only.

Pacino's **12TH ANNUAL (AND FINAL)**
Got Talent Show
ACAPELLA AUDITIONS: Saturday, July 25 and Saturday, Aug. 1 from 9:30 a.m. to 1 p.m.
Must be age 16 or older.
The first show is Saturday, Aug. 15 at noon and will continue every Saturday for 8 weeks.
WINNER WILL RECEIVE A \$5,000 GRAND PRIZE.

2831 N. Power Road, Suite 104 **(480) 985-0114** Located at The Village at Las Sendas, Behind CVS at Power and McDowell Roads
Facebook.com/MesaPacinos • www.pacinositalian.com • mesapacinos@aol.com

SPIRITUALITY



By Judy A. Knox

Recently, I stopped procrastinating and began to organize and declutter my bedroom closet shelves. As I stood staring at them for the umpteenth time, I realized the stumbling block that was keeping me from tackling this chore was the middle shelf. It was piled high with a jumble of items that did not seem to have anything in common. It was tripping me up.

I finally took the tiger by the tail and emptied the entire shelf, put everything on my bed, then started looking for things that could be put into nameable categories. I counted the piles and ordered a set of bins from Amazon that would be the right size and shape for the shelf. When they arrived the next day, I put a pile in each bin and arranged the bins on the shelf. After that, the other shelves seemed less formidable.

Spiritual stumbling blocks can also trip us up. They go by many names: obstacles, mountains, negative mindsets, etc. The concept is the same in all of them: something serious must be dealt with before we can proceed. The stumbling block must be cleared, removed, or gone through.

In our spiritual growth we may come up against a problem that isn't responding to our prayers. It could be a habit we can't break or a relationship that is more of a burden than a blessing. Our tendency as human beings is to work around the obstacle, tackling everything but the factor that is really holding us back.

The Bible calls these *strongholds*, and it provides the answer to removing them. Second Corinthians 10:4-5 tells

us that, "the weapons of our warfare are not carnal but spiritual for the pulling down of strongholds." Or, as the NLT puts it, "We use God's mighty weapons... to knock down the strongholds of human reasoning, to destroy false arguments and every proud obstacle."

We need to face these strongholds head on. One of the most destructive things we can say is, "It is what it is (sigh!)" resigning ourselves helplessly, abdicating our responsibility. Whatever the problem may be, it is what it is right now, but the truth is that it may not have to stay that way. Jesus gave us authority over all the power of the enemy (Luke 10:19).

It has been said that most spiritual warfare takes place right between our ears. The Bible is loaded with powerful weapons to use against our strongholds. For example, in Psalm 105:20 we read that angels respond to the Word, so we can use the Word to set angels in motion.

To say, "It is what it is," and leave it at that, enables the situation to stay the way it is. To follow it with, but "My God is able to do exceeding, abundantly beyond what I ask or think" (Ephesians 3:20), or another encouraging scripture, sets angels in motion on our behalf. In Hebrews 1:14 we are told that angels are ministering spirits sent to help us.

The bottom line is that our spoken words, lined up with the Sword of the Spirit, and the Word of God, are powerful weapons.

Like my messy closet, we must identify the stumbling block and clear it out. Then we'll be free to move forward. ■

LOCAL BUSINESS

WHERE DO I GET HELP WITH MY LANDSCAPE IDEAS?

By Frank Weinberg,
Semi-Retired Landscape Designer

Where do I get help with redesigning my front or backyard in Mesa? Where do I get help in designing my yard if I purchase a new home and have to submit a plan to the homeowner association?

Well, these are commonly asked questions and there is a solution for this. This is where an independent landscape designer comes to the rescue.

As an independent landscape designer, Frank can provide you with a professional colored and scaled design at a very reasonable fee. He takes your suggestions, adds his expertise – with more than 50 years in the field – and provides a personalized design and information.

The homeowner then can choose to have the plan bid out or have a do-it-yourselfer approach.

So, where can I find this service in Mesa? ■

To chat with Frank about your landscape design needs, call (480) 236-0383.



THE EXOTIC CAR SPECIALISTS MESA TRUSTS MORE THAN THE DEALER.

DEALER-LEVEL EXPERTISE. WITHOUT THE DEALER RUNAROUND.

Arizona's highest-rated independent service center for exotic and European vehicles. Our technicians have worked on everything from Porsche and McLaren to Lamborghini and Bentley – and we treat every car like it's the only one in the shop.

No upsells. No service advisors on commission. No surprises on your invoice.

Just precise, expert work from people who understand what these vehicles mean to their owners.

NEW CLIENT SPECIAL
\$150 Full Diagnostic Scan
(Dealers charge \$300 or more for the same scan.)

First-time customers only. Call to schedule. Limited appointments available each month.

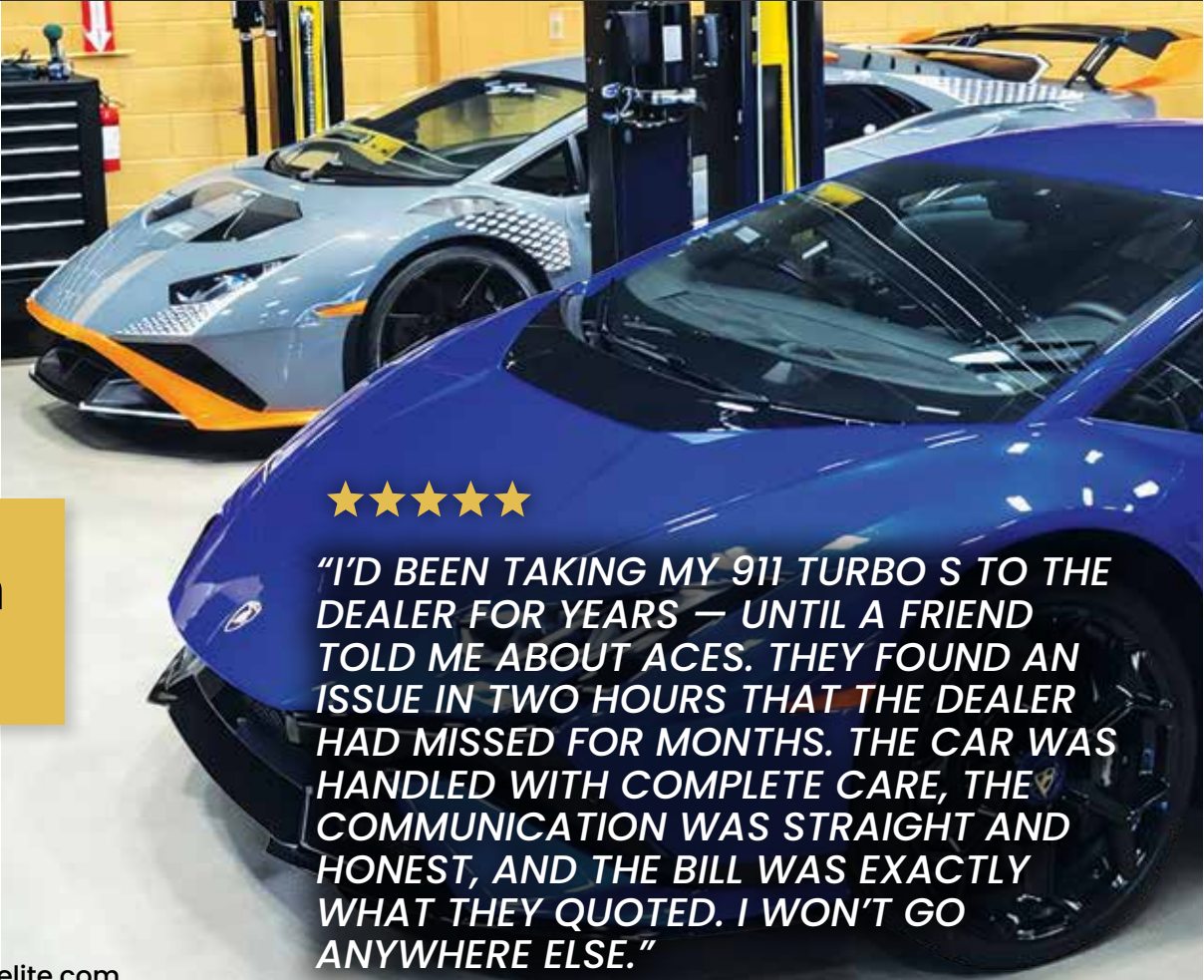
CALL TO CLAIM YOUR \$150 DIAGNOSTIC
New Clients Only. Appointments Fill Fast.

602-830-1855

Monday – Friday, 7:30 AM – 5:30 PM



1711 N. Quail Mesa, AZ 85205 • www.acesautoelite.com
Follow us on Instagram @acesautoelite



★★★★★

"I'D BEEN TAKING MY 911 TURBO S TO THE DEALER FOR YEARS — UNTIL A FRIEND TOLD ME ABOUT ACES. THEY FOUND AN ISSUE IN TWO HOURS THAT THE DEALER HAD MISSED FOR MONTHS. THE CAR WAS HANDLED WITH COMPLETE CARE, THE COMMUNICATION WAS STRAIGHT AND HONEST, AND THE BILL WAS EXACTLY WHAT THEY QUOTED. I WON'T GO ANYWHERE ELSE."

— DAVID T., PORSCHE 911 TURBO S OWNER, LAS SENDAS



FIND ALIGNMENT
WITHIN YOURSELF

A New Pilates + Yoga Studio in Mesa



ALIGN COLLECTIVE



2 WEEKS
UNLIMITED
\$75

UNLIMITED CLASSES
FOR 14 DAYS

Offer expires 7/31/26.



ALIGN COLLECTIVE

★ Small-Group Classes

★ Inclusive & Welcoming Environment

★ All Levels & Backgrounds

Open Monday-Saturday

1135 N. Recker Road #112, Mesa
(SE corner at Brown Rd.)

480-347-0025 | @aligncollective.mesa

www.alignmesa.com

LOCAL BUSINESS

Align Collective Brings a Community-Focused Pilates Experience to Mesa

By Jamie Phillis

Align Collective, a reformer Pilates studio in Mesa, opened its doors in November 2025 with a focus on creating more than just a place to work out. Founded by Karena Ellison, the studio was designed to offer a calm, welcoming environment where clients can reset, recharge, and feel connected to their community.

“I wanted to create a space of my own where everyone feels welcome and where diversity and inclusion truly matter,” Karena said. “It’s not just about the workout. It’s about how people feel when they walk in.”

Align Collective offers reformer Pilates, a low-impact style of exercise that builds strength, stability, and flexibility without placing excess strain on the joints.

“It’s low impact, but it’ll still have you shaking in the best way,” Karena said.

Beyond the physical benefits, the studio emphasizes the importance of community. Karena said creating an environment where people feel comfortable and calm is her priority.

“When people feel welcomed, recognized, and comfortable walking in alone, that really makes a difference,” she said.

The design and atmosphere of the studio also play a central role in the overall experience. With a clean, uplifting aesthetic Align Collective aims to provide a space where clients can step away from daily stress and focus on getting stronger.

“The vibe of the space matters more than people realize,” Karena said. “When it’s calm and put together, it just feels good to walk into. You can actually unplug for a bit and get out of your head.”

Align Collective offers a variety of membership options designed to fit different schedules and experience levels, including monthly class packages, an unlimited membership, and drop-in options. ■

Align Collective is located at 1135 N. Recker Road, Suite 112, in Mesa. For more information, visit alignmesa.com.



FINANCIAL FOCUS

Five questions that could change how you see retirement

Submitted by Linda Drake, Edward Jones Financial Advisor

Retirement is about more than saving. It’s also about knowing what you’re saving for. If you’re within five to ten years of retirement, now is the time to start building a plan around the life you actually want.

Ask yourself these five questions to help shape your retirement vision.

- ♦ **First:** “When do you want to retire?” Timing affects your income, healthcare, and Social Security benefits more than you may realize.
- ♦ **Second question:** “How do you want to spend your days?” Meaningful activity can help make the transition smoother.
- ♦ **Third:** “Where do you want to live?” You’ll want to consider family, healthcare access, and cost of living, among other factors.
- ♦ **The fourth question:** “What will your retirement lifestyle cost?” The more active you are, the more you may need to add to your budget.
- ♦ **And finally,** “Does your plan include giving back?” It might be to family, community, or causes you care about.

Your answers are just the beginning. Work with your financial advisor to align your savings with the lifestyle you want. And revisit your plan as priorities evolve. ■

This content was provided by Edward Jones for use by Linda Drake, your Edward Jones financial advisor, at (480) 985-2651. Member SIPC. Edward Jones, its employees, and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation.





macdonaldorthodontics

Over 50 years of creating beautiful smiles

Macdonald Orthodontics provides superior orthodontic care for children, teens and adults.

\$1,000 OFF
Full Treatment!

New Patients Only. Cannot be combined with any other offer. Good thru 9/31/2026



Make Appointment

macdonaldortho.com

Family Owned and Operated since 1970

Make an appointment at any of our 3 locations:

(480) 558-4312
Gilbert

(480) 396-3577
Mesa

(480) 912-2500
Queen Creek

www.UpCloseAZ.com



LAS SENDAS GOLF CLUB

WE ARE OPEN TO THE PUBLIC FOR DINING AND GOLF

Join Las Sendas Golf Club for wine, golf, and dining



THE VISTAS PAVILION
SUMMERS ARE FOR CELEBRATIONS

Did you know this July 4 marks the 250th celebration year of our great nation?

Here in Arizona, a summer party sometimes sounds a little uncomfortable. After all, it is 105 degrees, or more, outside. So, who wants to stand over a hot outdoor grill to prepare food?

That is where The Vistas Pavilion at Las Sendas comes in. It's your go-to venue for all summer celebrations. The venue has incredible air-conditioning, breathtaking sunset views, and the evening glow of sparkling city lights. This venue is a stunning backdrop for every summer occasion.



"Let us manage the food," said Events and Catering Director, Carla Shaw. "Our culinary team will help design and prepare an amazing meal perfectly matched for the occasion," she added.

With more than 4,000 square feet of space, The Vistas Pavilion is a wonderful location for birthday parties, baby and bridal showers, celebrations of life, fundraising events, corporate meetings, and more. Stop by the facility for a tour and start planning your upcoming celebration. Contact cshaw@lassendas.com or call (480) 396-4000, ext. 222 for further information and scheduling opportunities.



THE PATIO & GRILLE
IT'S HOT OUT THERE

The summer heat is here, and there is no better way to stay cool and stay local than with a visit to The Patio & Grille. The neighborhood favorite has recently added a mouthwatering new feature to the menu: a half rack of smoked ribs, served every Monday evening starting at 5 p.m.

For those looking to elevate their weekend dining, Saturday night brings a locally crafted Prime Rib dinner, making it perfect for a relaxed, upscale night out close to home.

This summer, Happy Hour specials continue to offer a variety of food and drink selections at very reasonable

prices. Come in seven days a week, from 2 to 6 p.m. to enjoy the specials.



THE PRO SHOP
THE PRO SHOP STOREWIDE SALE
CONTINUES — 35% OFF

The Pro Shop's storewide 35 percent off sale is still going strong, and it's the perfect time to refresh your gear, upgrade your look, or grab gifts for the golfers and nongolfers in your life. All items are included, storewide, except counter items.

Shop top active-lifestyle brands like Vuori, Johnny O, and Rhoback for everything from performance polos to everyday casual wear. There's something for everyone! Footwear deals include favorites from Adidas, golf and athletic shoes, G/FORE, premium golf footwear, and QluKai, the Hawaiian brand known for high-end, ultra comfortable flip flops.

ARIZONA RESIDENTS SPECIAL

Arizona residents enjoy:

- Half-off foursomes for tee times 1 p.m. and later.
- A coupon for all day Happy Hour at The Patio & Grille with any round of golf. ■

Las Sendas GOLF CLUB

Share your love for the game with the people you love most with

The Yearly Family Pass!



CONTACT: Wayne McBean
(480) 396-4000 Ext. 201
wmcbean@lassendas.com
LAS SENDAS GOLF CLUB • 7555 Eagle Crest Drive, Mesa, AZ 85207

2026 Golf Membership Options

Yearly Family Pass

\$3,000 Unlimited Family Golf (with restrictions)
November thru April after 3:00pm,
May thru October after 12:00pm
Includes Spouse, 2 kids under 18, carts, range and golf

Non Refundable Membership \$30,000 Initiation Fee + Yearly Dues	Junior Membership Under age 45 \$10,000 Initiation Fee + Yearly Dues (2k yearly towards non-refundable until 30k is paid or Age 50)	Social Membership \$2,000 Initiation Fee + Yearly Fee of \$1,400 Receive 8 Winter golf Passes, 8 Summer Passes, 10% OFF Pro Shop & Restaurants
1 Year Trial Membership \$5,000 Initiation Fee + Yearly Dues (Fully transferable towards non-refundable)	New Range Pass \$995 (Add spouse for \$500 if you are a Family pass holder or Social member.)	Proxy Membership \$0 Initiation Fee \$220/Month + Dues *Limited Availability*

Las Sendas is going PRIVATE at 350 memberships sold!

Membership Privileges

Discounts in the Restaurants and Pro Shop	Unlimited Practice Facility
Access to all Member Events	Locker Room and Club Storage
Priority Tee Time Bookings	Use your own Cart or you can use one of our Yamaha Carts

REAL ESTATE

Is Your Roof Ready for Monsoon Season?

TOP 5 THINGS TO KNOW BEFORE INSTALLING A NEW ROOF

By Lorraine Ryall, Associate Broker, CDPE, CSSN, CNE
KOR Properties



Every summer, we look forward to the dramatic sunsets, beautiful clouds, and much-needed rain that monsoon season brings.

With monsoon season officially running from June 15 through Sept. 30, now is the perfect time to take a close look at one of the most important parts of your home, your roof.

1. YOUR ROOF MAY LOOK FINE BUT THAT DOESN'T MEAN IT IS

One of the most common things I hear from homeowners is, "My roof looks great."

And they may be right, at least from what they can see. Most Arizona homes have concrete or clay tile roofs, and those tiles can often last 50 to 75 years or more. The problem is that the tiles themselves are rarely what fail.

2. THE REAL PROTECTION IS THE UNDERLAYMENT

The most important part of a tile roof is actually hidden beneath the tiles.

The underlayment is the waterproof barrier that protects your home from moisture. Over time, Arizona's extreme heat can cause it to dry out, crack, curl, and eventually fail. You cannot determine the condition of the underlayment simply by looking at the roof from the ground, or even with a drone. The tiles may appear perfectly fine while the underlayment underneath is badly deteriorated. The only way is to have a roof inspection.

A qualified roofing contractor will lift tiles in several areas of the roof to inspect the underlayment and determine its condition. This is the only way to truly know what

is happening beneath the tiles and whether your roof is ready for another monsoon season.

3. DON'T WAIT FOR A LEAK

Another common response I hear is, "I haven't had any leaks."

Unfortunately, waiting for a leak is often the most expensive approach.

By the time water makes its way into your home, the damage may extend far beyond the roof itself. Water can damage insulation, drywall, ceilings, flooring, furniture, and personal belongings.

Preventive maintenance is almost always less expensive than repairing water damage after a storm.

The good news is that most reputable roofing companies offer free roof inspections.



4. THE CHEAPEST ROOF ISN'T ALWAYS THE BEST

As the saying goes, you get what you pay for.

Like every industry, there are excellent roofing companies and there are companies that cut corners. One contractor may honestly tell you that your roof only needs maintenance and still has years of life remaining, while another may try to sell you a complete new roof.

The best roofing companies often come from recommendations from neighbors, friends, family members, and trusted professionals. Realtors work with roofing contractors regularly and see firsthand which companies are honest and stand behind their work and which ones don't.

5. UNDERSTAND YOUR OPTIONS AND WARRANTY

Not all roof underlayment is created equal. There are different types and quality levels available, and the right choice depends on your plans for the home and your budget.

If you plan to stay in the home for many years, investing in a higher-quality underlayment may make

sense. If you expect to sell in the near future, a standard or mid-range product may provide the protection you need while helping keep costs under control.

When comparing estimates, one of the most important questions you can ask is, "Is the warranty transferable?"

Even if you have no plans to move, there is a good chance you may sell your home before a 10, 20, or 30-year warranty expires. A transferable warranty can be a valuable selling feature and an added benefit for future buyers.

You should also ask whether there is a transfer fee and, if so, how much it is. Transfer fees can range anywhere from free to several hundred dollars. In some cases, you may be able to negotiate this before signing the contract.

Most importantly, make sure the warranty terms, transferability, transfer fees, and any transfer requirements are clearly stated in writing before you move forward.

IN A NUTSHELL

The condition of your roof is not determined by how the tiles look from the street. The real protection lies beneath them in the underlayment.

A free inspection today could help you avoid costly repairs tomorrow. Whether your roof needs maintenance, repairs, or replacement, taking action before the storms arrive is far easier, and often far less expensive, than dealing with water damage after the monsoon has already found its way inside your home. ■

If you have questions about your roof or would like the names of the roofing companies I refer to my clients, please feel free to contact me.

If you're thinking about selling, I offer a complimentary, no-obligation Home Preparation Consultation to help you determine which repairs and improvements are worth making, and which ones can be skipped, so you can maximize your home's value while avoiding unnecessary expenses.

CONCIERGE REAL ESTATE

Full Service from Start to Finish

IT DOESN'T COST ANY MORE
SO WHY ACCEPT
ANYTHING LESS?

Complimentary Services Include:

- Home Value Report
- Staging Consultation
- FREE Staging
- Pre-List Repair Consultation
- Coordinate Handyman and Contractors
- Connect you with any service you may need

My team is there for you
every step of the way.



What's Your
Home Worth?

Scan Here for a
Personalized Report

www.InstantHomeValueAZ.com

EXPERIENCE YOU CAN TRUST
Over 17 Years of Real Estate Experience

RANKED TOP 1%
OF REALTORS IN MESA

Certified Negotiation Expert
A Local Resident Since 1998

CUSTOMER TESTIMONIAL



“Lorraine is a truly exceptional realtor. She is highly knowledgeable as well as passionate about serving her clients. This combination created an experience where she secured us our dream retirement home, even with being out of AZ for most of the negotiating process. She worked into many late evenings making sure we got the home as well as the agreement that would serve us best. She protected and advocated for us in ways we wouldn't have thought to request. Even after the sale, she was amazing. Stopping by to welcome us, lending us furniture prior to renovations, and checking on the house during remodeling since we were out of state. I trust her judgment and her as a person immensely and should I choose to buy or sell real estate in the future, she will be my first call. She has a broad group of contacts and through her we found excellent companies to look after our home and remodel. If you are looking to buy or sell, do yourself a favor and get in touch with Lorraine. She is the gift that keeps on giving. Thank you, Lorraine, for working with us for 3 years to find our dream property and for handling us with such care. —Chris and Jeff



OVER 150 FIVE STAR REVIEWS

Lorraine Ryall

ASSOCIATE BROKER, CDPE, CSSN



Lorraine@RyallRealEstate.com | 602.571.6799
WWW.RYALLREALESTATE.COM





LAS SENDAS - 3662 N SONORAN HILLS - \$635,000
2,475 Sq Ft 4 BR / 3BA, Sunset and City Light Views



RESERVE AT RED ROCK - 5636 E SAYAN ST - \$799,000
2,200 Sq Ft 3 BR/ 2.5 BA, Highly Upgraded, Built 2023

SOLD ABOVE ASKING

SOLD IN ONE DAY



RED MOUNTAIN RANCH - 6334 E VIEWMONT DR 25 - \$620,000
1,695 Sq Ft 2 BR / 2 BA, Cul-De-Sac Lot, Pool, Mountain Views



HERMOSA VISTA - 2633 E MINTON - \$649,000
2,656 Sq Ft 4BR / 3.5 BA , Backyard Oasis



RED MOUNTAIN - 6712 E SADDLEBACK CIR - \$450,000
1526 Sq Ft 3 BR / 2 BA, Upgraded, Cul-De-Sac Lot

SOLD



HERMOSA ESTATES - 8334 E LAUREL CIR - \$995,000
2989 Sq Ft 3BR / 3.5 BA Mountain Views, Room for RV Garage

PENDING



RED MOUNTAIN - 3649 N KATMAI - \$565,000
2007 Sq Ft 3 BR / 2 BA, Stunning Remodeled



RESERVE RED ROCK - 5928 E SIERRA MORENA ST - \$1,089,000
3615 Sq Ft 5 BR/ 4.5 BA, Backs to Park, Mountain Views



Lorraine Ryall
ASSOCIATE BROKER, CNE, CSSN



REAL ESTATE

Fire Prevention program in Mesa strengthens wildfire preparedness

By John and Natascha Karadsheh, KOR Properties

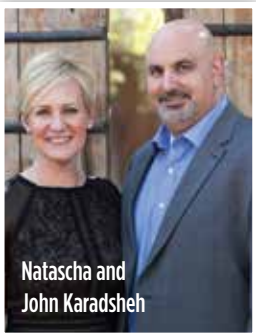
As we head into Arizona's fire season, many homeowners naturally begin thinking about ways to better protect their homes and neighborhoods. One of the most encouraging developments we have seen locally in recent years has been the growth of the Firewise USA® program here in Mesa.

Several years ago, Las Sendas became the first community in Mesa to earn the Firewise USA® designation, reflecting a long-term commitment to wildfire preparedness, education, and community safety. Inspired in part by several brush fires that affected areas throughout the Valley, residents, the Las Sendas HOA, forestry officials, and the Mesa Fire Department worked together on fuel reduction efforts, educational outreach, and long-range mitigation planning to help strengthen the community's preparedness.

Sponsored by the National Fire Protection Association® (NFPA®), the Firewise USA® program helps communities reduce wildfire risk through education, planning, and mitigation efforts. Communities complete wildfire risk assessments and maintain annual action plans focused on reducing combustible vegetation, improving defensible space, and educating homeowners on ways to better protect their properties.

What makes the program especially impactful is that it is not just about large-scale community work. It also encourages individual homeowners to take thoughtful steps to protect their own homes. The more neighbors who participate in Firewise USA® practices, the greater the overall benefit for the community as a whole.

It has been wonderful to see additional Northeast Mesa communities embrace the program, as well. Mountain Bridge began the Firewise USA® process in 2024 and recently removed more than 10,000 pounds of debris from



Natascha and John Karadsheh

a neighborhood wash as part of their mitigation efforts.

Community leaders are continuing the work and exploring grant opportunities to further strengthen wildfire preparedness. In Madrid, residents were inspired to act after witnessing the devastating impact of the January 2025 Palisades Fire in California. By February, the community had committed to the Firewise USA® process, and by March residents had already organized their first cleanup effort.

The Mesa Fire and Medical Department has also embraced innovative technology to support these efforts, using advanced drone systems to evaluate vegetation in surrounding communities. Similar to technology used in agriculture, the drones measure moisture content, vegetation density, and overall plant health to help identify areas of concern and guide mitigation work more effectively.

Today, Arizona is home to 212 Firewise USA® communities, including approximately 55 in Maricopa County. The benefits extend well beyond prevention alone. Firewise USA® communities help improve emergency response conditions for firefighters, strengthen neighborhood collaboration, and provide homeowners with greater peace of mind. In some cases, homeowners may even qualify for insurance discounts as a result of their community's designation. USAA is one of the companies that offers Firewise USA® discounts and several large carriers are considering discounts, as well.



As longtime residents of Northeast Mesa, we are incredibly proud to see our communities taking such a thoughtful and proactive approach to safety. Programs like Firewise USA® are a meaningful reminder that preparation, education, and neighbors working together truly can make a difference in protecting the homes and desert landscape we all value so deeply. ■

Whether you are buying or selling, the key is to be prepared, educated, and ready for the opportunities that are coming your way. We would love to help you build a strategy for success, so call us today for your complimentary consultation at (602) 615-0843. We have decades of experience, community knowledge, and the insight to answer all your real estate questions!

HOME IGNITION ZONE CHECKLIST

SIMPLE STEPS FROM ROOF TO FOUNDATION TO MAKE A HOME SAFER FROM EMBERS AND RADIANT HEAT

- Clean roofs and gutters of dead leaves, debris and pine needles that could catch embers
- Replace or repair any loose or missing shingles or roof tiles to prevent ember penetration
- Reduce embers that could pass through vents in the eaves by installing 1/8 inch metal mesh screening
- Clean debris from exterior attic vents and install 1/8 inch metal mesh screening to reduce embers
- Repair or replace damaged or loose window screens and any broken windows
- Screen or box-in areas below patios and decks with wire mesh to prevent debris and combustible materials from accumulating
- Move any flammable material away from wall exteriors - mulch, flammable plants, leaves and needles, firewood piles - anything that can burn
- Remove anything stored underneath decks or porches

VISIT FIREWISE.ORG FOR MORE DETAILS

Image by NFPA, with funding from USDA Forest Service

Las Sendas Real Estate MARKET REPORT			
PRESENTED BY JOHN KARADSHEH			
Sales for the Month of May 2026			
ADDRESS	SQ FT	COMMUNITY	SOLD PRICE
7264 E Melrose St	1,605	Windsong	\$440,000
3055 N Red Mountain #74	1,756	Ironwood Pass	\$475,000
3055 N Red Mountain #209	1,571	Ironwood Pass	\$520,000
6861 E Pearl St	1,910	Vintage Hills	\$570,000
7760 E Western Hills St	1,571	Mountain Gate	\$575,000
3249 N 69th Pl	2,206	Sanctuary	\$755,000
3810 N Red Sky Cir	2,370	Echo Canyon	\$799,000
3659 N Eagle Canyon	2,756	Boulder Mountain	\$780,000
3764 N Sonoran Hls	2,475	Cobblestone	\$870,000
7417 E Sugarloaf St	2,757	The Preserve	\$920,000
3833 N Desert Oasis Cir	3,330	Canyon Creek	\$929,000
3846 N Desert Oasis Cir	3,862	Canyon Creek	\$946,750
4062 N Goldcliff Cir	3,024	Stonecliff	\$981,000
3837 N Sonoran Hills	3,330	Sonoran Hills Estates	\$1,000,000
7134 E Sandia St	3,696	Founders Ranch	\$990,000
8148 E Sienna St	3,427	Echo Canyon	\$1,078,000
8140 E Vista Canyon St	3,562	Granite Preserve	\$1,240,000
4157 N Highview	3,567	Granite Preserve	\$1,300,000
8157 E Sierra Morena St	4,685	Walking Stick	\$1,735,000

Information gathered from the Arizona Regional Multiple Listing Service is deemed reliable, but not guaranteed. Sales Information Provided By John Karadsheh, ABR, CRS, DESIGNATED BROKER KOR Properties www.KORproperties.com

Northeast Mesa Real Estate MARKET REPORT			
PRESENTED BY JOHN KARADSHEH			
Sales over \$770,000 for the Month of May 2026			
ADDRESS	SQ FT	COMMUNITY	SOLD PRICE
7622 E Culver St	2,562	County Island	\$775,000
3203 E Ellis St	4,994	Groves	\$800,000
2523 N Via Serena Cir	2,542	Boulder Mountain	\$815,000
3417 E Elmwood St	2,568	Thayer Estates	\$815,000
7864 E Laurel St	2,983	Estates at Desert Shadows	\$832,000
2514 E Preston St	2,462	Grove at Lehi	\$845,900
3423 E Fairbrook St	2,994	Groves	\$860,000
9718 E Inglewood Cir	2,578	Whisper Mountain	\$913,000
3215 N 83rd St	3,779	County Island	\$920,000
1510 N Gentry Cir	3,127	Sahara Estates	\$940,000
4055 N Recker Rd #6	3,369	Red Mountain Ranch	\$967,500
2161 E Menlo Cir	3,202	Groves of Hermosa Vista	\$985,000
9515 E Julep Cir	4,286	Boulder Views	\$1,044,400
6862 E Mallory St	2,609	Sonora	\$1,100,000
2142 E Mintonn St	3,775	Groves of Hermosa Vista	\$1,117,500
8143 E Jaeger St	2,688	Monteluna	\$1,160,000
3342 E Fox St	3,659	Groves	\$1,230,000
3322 E Jaeger Cir	4,546	Arboleda	\$1,385,000
1639 N 94th St	4,015	County Island	\$1,475,000
2251 N 32nd St #27	4,907	Tanner Grove Estates	\$1,600,000
2840 N Whiting Cir	5,253	Hillcrest Estates	\$1,643,000
3041 E Backus Rd	6,550	County Island	\$1,690,000
3835 E Leland St	4,134	Spyglass Estates	\$1,700,000
2005 N Pomelo	5,511	Villa Tuscano	\$1,850,000
4222 E McLellan Cir #15	6,387	Park Avenue	\$1,900,000
2440 N Maple	5,625	Vista Estancia	\$2,050,000
8540 E McDowell Rd #21	6,798	Thunder Mountain	\$2,390,000

Information gathered from the Arizona Regional Multiple Listing Service is deemed reliable, but not guaranteed. Sales Information Provided By John Karadsheh, ABR, CRS, DESIGNATED BROKER KOR Properties www.KORproperties.com



Luxury in Las Sendas

*7353 E. Forest Trail Circle - Offered at \$2,825,000
Exquisite 2019 Build with Mountain & Sunset Views
Presented by: John & Natascha Karadsheh 602-909-4995*



Just Sold

*7526 E. Orion Circle - Las Sendas
Immaculate and Remodeled
Heated Pool & Outdoor Kitchen
SOLD \$1,115,000*



Just Listed

*2950 N. 71st Pl - Desert Creek at Las Sendas
Upgraded and Move-in Ready 3 BR + Den
Premium Corner Lot with Sunset Views
Offered at \$512,000*



Las Maderas Hacienda

*1909 N. Calle Maderas - \$1,275,000
Renovated 5 BR with Resort Backyard & Spanish Charm
Presented by: John & Natascha Karadsheh 602-615-0843*



Your Northeast Mesa Luxury Experts for Over 50 Years!

JOHN KARADSHEH ABR, CRS, Designated Broker/Owner
NATASCHA OVANDO-KARADSHEH ABR, Assoc. Broker/ Owner
CHRISTINA OVANDO, REALTOR Emeritus®

MesaLuxuryHomesAZ.com



Feel Better in Your Body Again!

Personalized Nutrition Coaching to help you feel your best from the inside out.

- Autoimmune Support
- Weight Loss Resistance
- Chronic Pain & Inflammation
- Low Energy & Fatigue
- Under Eating & Metabolic Health

Food is Powerful.
LET'S USE IT STRATEGICALLY



SCAN TO SCHEDULE YOUR FREE CONSULTATION CALL



Alysha Abell
B.S. Nutrition, Master of Public Health • Certified Functional Nutrition Counselor • Founder, Macro Method

@macro_method_nutrition
alysha.macromethod@gmail.com

LOCAL BUSINESS

Food Is Powerful. Let's Use It Strategically.

By Alysha Abell, B.S. Nutrition, Master of Public Health, Certified Functional Nutrition Counselor

I became a nutrition coach because I needed one first. But I didn't stop there. After navigating my own autoimmune diseases, I studied to become a Certified Functional Nutrition Counselor through the Functional Nutrition Alliance. The education gave me the science, while my own health journey gave me the understanding.

At six years old I was diagnosed with Kawasaki Disease and Juvenile Rheumatoid Arthritis. At eleven, PCOS. I spent most of my childhood in a body that felt like it was working against me, and for years I had no idea that food had anything to do with it. It wasn't until my twenties, after hiring my own nutrition coach, that I discovered food as a real tool for healing.

That changed everything. The inflammation and pain lessened. I felt like myself for the first time.

That realization became Macro Method. Having grown up in Mesa/Las Sendas, bringing this practice back to the community feels like the right place to grow.

WHAT IS MACRO METHOD?
Macro Method is a personalized, 1:1 virtual nutrition coaching practice rooted in functional nutrition, the



Alysha Abell

science of using food strategically for how your body actually works. This is not a diet, nor quick fix.

What I offer is a long-term coaching relationship built entirely around you, your body, and your life, with a customized nutrition plan, weekly virtual check-ins, and access to me between sessions.

I work with clients navigating weight loss resistance, autoimmune conditions, chronic inflammation, low energy, and metabolic concerns.

Many of my clients come to me after years of doing "all the right things" and still not feeling well. Does this sound like you?

REAL PEOPLE, REAL RESULTS
The results my clients experience go far beyond the scale. One of my first clients struggled with severe inflammation and weight gain despite eating what she thought was healthy. After working together, she lost 21 pounds and the joint pain she had lived with for years was gone.

Another told me she was amazed by how much food she was eating while still steadily losing weight and finally free from digestive issues after years.

What I hear most, though, is something simpler: "She makes it feel like something you can actually do."

This is what's possible when nutrition is personalized.

READY TO FEEL LIKE YOURSELF AGAIN?
Scan the QR code to apply or find me at @macro_method_nutrition on Instagram. ■

For more information, email Alysha Abell at alysha.macromethod@gmail.com.



WHAT'S IN YOUR WATER?



FIND OUT!
Just Call John's for a **FREE** In-Home Water Analysis.

Up to **20% OFF** Water Purifiers*



John's (480) 648-2505
JustCallJohns.com
HEATING ★ COOLING ★ PLUMBING

*Cannot be combined with other offers or discounts. Expires 8-31-26. Lic HVAC #084417, #170672 | Plumbing Lic #347701 © MORE 2026 All Rights Reserved.



CAME IN FOR BACK PAIN. IT HELPED TREMENDOUSLY
AND THE SESSIONS ARE QUICK. HIGHLY RECOMMENDED!
VALERIE DEE

\$75 1ST TREATMENT

SPINAL STENOSIS
SCIATICA
NEUROPATHY
SHOULDER PAIN
FIBROMYALGIA
KNEE PAIN
HIP PAIN

LIGHTRENEW® OFFERS ACCELERATED HEALING THROUGH DEEP TISSUE LASER THERAPY

LIGHTRENEW® IS HELPING PATIENTS FEEL BETTER, FASTER WITH THE HELP OF CUTTING-EDGE CLASS IV DEEP TISSUE LASER THERAPY, WHICH REDUCES INFLAMMATION, BOOSTS BLOOD FLOW, AND HELPS PATIENTS HEAL – WHETHER THEY’RE SUFFERING FROM CHRONIC PAIN, RECOVERING FROM SURGERY, OR DEALING WITH A RECENT INJURY. TO DO THIS, LIGHTRENEW® OWNER DR. CALDWELL USES LIGHTFORCE® THERAPY LASERS, WHICH UNLIKE WIDELY AVAILABLE RED LIGHT DEVICES OR COLD LASERS THAT ONLY REACH THE SURFACE OF THE SKIN, PENETRATE DEEP INTO MUSCLE AND BONE TISSUE AT 980 NANOMETERS OR HIGHER, TRIGGERING A PROCESS KNOWN AS PHOTOBIOMODULATION. “EVERY PROFESSIONAL SPORTS TEAM AND DIVISION I PROGRAM IN NORTH AMERICA USES THIS LASER FOR GOOD REASON,” HE SAID. “IT DELIVERS 40 WATTS OF ENERGY PER SECOND TO THE AREA OF CONCERN, WHICH ALLOWS THE BODY TO CREATE NEW BLOOD VESSELS - THAT’S THE MAGIC INGREDIENT. BLOOD IS THE CATALYST THAT BRINGS ALL THE NUTRIENTS YOUR BODY NEEDS TO HEAL.”

THE TREATMENTS HAVE BEEN SHOWN TO SIGNIFICANTLY REDUCE RECOVERY TIME FROM INJURIES OR SURGERY. IN ONE CASE, DR. CALDWELL TREATED AN AIRLINE PILOT WHO BROKE HER ANKLE, AND AFTER JUST A FEW WEEKS OF INTENSIVE TREATMENT, SHE WAS CLEARED BY HER SURGEON TO RETURN TO WORK FOUR MONTHS AHEAD OF SCHEDULE.

“MY PATIENTS FEEL A DIFFERENCE AFTER THE FIRST TREATMENT, EVEN ADULTS IN THEIR 50S, 60S, 70S, OR BEYOND,” HE SAID. “I EXPLAIN IT LIKE WATERING A PLANT - YOU NEED WATER TO CARRY NUTRIENTS DOWN TO THE ROOTS, OR THE PLANT STARTS TO DIE. IN THE BODY, BLOOD FLOW IS WHAT DELIVERS OXYGEN AND NUTRIENTS TO MUSCLES, NERVES, AND BONE TISSUE. WITHOUT IT, TISSUE BREAKS DOWN.”

WHILE TRADITIONAL HEALING PROTOCOLS CAN REQUIRE MONTHS OF COMMITMENT, LIGHTRENEW’S TREATMENTS ARE AFFORDABLE AND FAST – WITH A TYPICAL TREATMENT LASTING JUST 10 MINUTES AND OFTEN REQUIRING ONLY FIVE TO TEN VISITS. FOR CHILDREN, WHO ARE PRONE TO FAST HEALING, RECOVERY CAN HAPPEN WITH A SINGLE TREATMENT. FOR THE BEST OUTCOME, EACH PATIENT RECEIVES A CUSTOMIZED TREATMENT PLAN FROM DR. CALDWELL DURING THEIR CONSULTATION.

IN ADDITION TO INJURY AND SURGICAL RECOVERY, LIGHTRENEW TREATMENTS ARE ALSO USED TO SUPPORT STEM CELL THERAPIES AND RELIEVE CHEMOTHERAPY-RELATED SIDE EFFECTS. TO FURTHER PROMOTE HEALING, DR. CALDWELL UTILIZES HYPERBARIC OXYGEN THERAPY CHAMBERS FOR SOME PATIENTS.

LIGHTRENEW HAS A LOCATION AT 6025 E. MCKELLIPS RD. SUITE 101, MESA, AZ 85215 AS WELL AS SEVERAL OTHER LOCATIONS ACROSS THE VALLEY. TO LEARN MORE, VISIT WWW.LIGHTRENEW.COM. TO SCHEDULE A CONSULTATION, CALL DR. CALDWELL DIRECTLY AT (480) 370-0527.

6025 E. MCKELLIPS ROAD, SUITE #101, MESA, AZ 85215

SUMMER
SPECIAL!
50% OFF
ALL 10 TREATMENT
PACKAGES.
CALL TODAY!


LIGHTRENEW LASER
NEUROPATHY, STENOSIS, & SPORT INJURIES
480-370-0527
www.LightRenew.com

LASER VIDEO



DISCOVER ARIZONA

Staycations offer cool escapes, LOCAL ADVENTURES, AND FAMILY FUN

By Kimberly Alvarado

Arizona summers have a reputation — yes, a *dry heat* reputation, but they also come with something else: endless opportunities for memorable staycations. Whether you want to head north for cooler temperatures, enjoy small-town festivals, or stick close to home and save on gas, the state is packed with easy, refreshing getaways. From kayaking in Payson to movies under the stars in Flagstaff to resort-style relaxation right here, in the Valley, here's your guide to making the most of an Arizona summer.

PAYSON: LAKES, WATERFALLS, AND SUMMER NIGHTS

Payson is one of Arizona's most accessible mountain escapes. The town is just 90 minutes from the Valley but a world away from the heat. If you're craving fresh air and pine trees, this is a great spot. Start your day at **Willow Springs Lake**, where you can rent kayaks and paddle across glassy, tree-lined water. The lake sits at 7,600 feet, so temperatures stay cool. The area is a peaceful place to explore coves, watch osprey dive for fish, or simply drift and enjoy the quiet. For something a little more adventurous, lace up your hiking shoes and head to **Waterwheel Falls**. This trail is famous for its natural pools, cascading water, and shaded canyon walls. As the summer sun sets, unwind at the **Green Valley Summer Concert Series**, held Saturday evenings through July. Bring a blanket, grab a spot on the grass, and enjoy live music under the stars.

PRESCOTT: ART, WINE, AND WILDLIFE

Prescott blends Old West heritage with modern culture, making it a perfect staycation for families, couples, or anyone who loves a lively downtown.

Plan a trip for Aug. 2 and stroll through the **Art and Wine Festival** at Courthouse Plaza. Local artists, regional wineries, live music, and shade from the towering elms make it a relaxing way to spend a summer afternoon. Families should also make time for the **Heritage Park Zoo**, a sanctuary-style wildlife park where you can see black bears, bobcats, reptiles, and more.

FLAGSTAFF: MUSIC, MOVIES, AND NATURAL WONDERS

Flagstaff is the classic Arizona summer escape. The area boasts cool weather, tall pines, and a vibrant downtown. The city is home to one of the state's most charming traditions: **Movies in the Square** at Heritage Square. Every Saturday through July 25, the square hosts **free live music at 5 p.m.**, followed by **family-friendly movies at dusk**. Kids dance and parents relax, as the community gathers under the evening sky. The event is simple, wholesome, and wonderfully Flagstaff. For daytime adventure, explore the **Lava River Cave**, a mile-long underground tube formed by ancient volcanic activity. Bring sturdy shoes and a flashlight for this adventure.

VALLEY STAYCATIONS: RESORT LUXURY WITHOUT THE ROAD TRIP

If you'd rather skip the drive altogether, the Phoenix metro area has no shortage of resort experiences. Here are a few options: **Arizona Biltmore** — A historic, elegant property with iconic architecture, lush grounds, and luxurious pools. This resort offers a great cool way to beat summer's scorching heat. **Fairmont Scottsdale Princess** — This is one of Arizona's signature luxury escapes, especially beloved for the hotel's summer festivals, sparkling lagoons, and family-friendly design. With multiple pools, including

a sandy-beach lagoon, plus dive-in movies, fireworks on select weekends, and seasonal events such as their *Summer at the Princess* celebration, the resort creates the kind of energy keeping both adults and kids entertained without ever leaving the grounds. **Arizona Grand** — The Oasis Water Park is open for the 2026 season. Attractions include eight-story thrill slides (Free Fall, Roadrunner, Sidewinder) with drops up to 52 feet. A giant zero-entry wave pool features two-foot swells. The Zuni River features the Valley's only side-by-side active river for double-inner tubing. Younger kids will enjoy Wild Cat Springs, a splash and spray zone. Family friendly movies are shown at sundown, and guests can float in the pool or lounge poolside. Stay for a weekend or check out the single day passes for flexible options. **Great Wolf Lodge** — A kids' favorite with an indoor water park, themed rooms, and nonstop entertainment. This interactive lodge is sure to satisfy the high-energy level of children of all ages. Attractions at the lodge include the interactive MagiQuest, Rustic Ridge Climbing Wall, Oliver's Mining Co., and more. View their website for great resort deals and discounts offered this summer. These resorts offer the easiest staycation of all: check in, cool off, and let the amenities do the rest.

THE BEAUTY OF STAYING CLOSE TO HOME Arizona's staycation options are as diverse as their landscapes. You can kayak on a mountain lake in the morning, listen to live music in the afternoon, explore a lava cave the next day, and still be home in time for work on Monday. Or you can skip the travel entirely and enjoy a resort pool minutes from your front door. Either way, summer doesn't have to be something you endure, the season can be something you savor. ■

EST. 2018



SAM & LUCA

ITALIAN BISTRO

SEASONAL HOURS

Mon-Thurs: 4pm-9pm

Fri-Sat: 3pm-9:30pm

ACCEPTING RESERVATIONS ON OPEN TABLE

SAMANDLUCAAZ.COM

1959 S. POWER ROAD, MESA AZ 85206 • [480] 659-6716





10% OFF

Color, Highlights or Balayage Services

Expires 7/31/26. New referrals only.

STUDIO 480



THE SALON

Haircuts • Coloring/Highlights • Straightening/Perms • Waxing

Monday 9-4

Tuesday - Thursday 9-7

Friday & Saturday 9-5

CALL FOR AN APPOINTMENT!

6655 East McDowell Road, Suite 105

Mesa, Arizona 85215

(SW corner of McDowell & Power Roads - behind Barro's Pizza)

(480) 985-2369

BREAKTHROUGH NEUROPATHY TREATMENT

HOW TO GET LASTING RELIEF FROM:



WITHOUT THE USE OF DRUGS OR SURGERY!

If you're experiencing **pain, burning, numbness, tingling or pins & needles** in your hands or feet ---
Don't miss this FREE Seminar on Peripheral Neuropathy!

CLINICAL STUDIES REVEAL:

The debilitating pain, numbness and tingling experienced by patients suffering from Peripheral Neuropathy can be successfully treated **WITHOUT THE USE OF DRUGS AND SURGERY**



PRESENTED BY
DR. AARON T SHAPIRO, DC, BCN

IN THIS CUTTING-EDGE FREE SEMINAR YOU'LL LEARN:

- Why many current treatments for neuropathy don't work.
- The underlying causes of peripheral neuropathy, and the key to prevention!
- The Nobel prize winning discovery that every neuropathy patient MUST know.
- How peripheral neuropathy is diagnosed, and when it can be successfully treated.
- A technology originally developed by NASA that decreases neuropathy symptoms.
- Advanced diagnostic testing to help determine if your condition can be treated.
- A simple home therapy that is used by some of the largest specialty hospitals in the country to treat certain types of neuropathy.



TUESDAY JULY 14th @11:30am

INTEGRITY NEUROPATHY CENTER
1122 S GREENFIELD RD, #102, MESA

LUNCH WILL BE SERVED. SPACE IS LIMITED TO 15!

RSVP By July 10th (480)820-9147

incarizona.com



Retirement happens whether you're ready or not. Being ready is better.

Call to schedule a one-on-one.



Linda Drake, CFP®, ChFC®, AAMS™ Financial Advisor 1955 N. Val Vista Dr., Suite 106 Mesa, AZ 85213 480-985-2651

LOCAL BUSINESS

IMPROVING MUSCLE QUALITY WILL CHANGE YOUR LIFE

Submitted by The Exercise Coach®

WHAT DO WE WANT FROM EXERCISE?

For many years the idea of exercise has been shaped around the notion that if we just “get moving” we can burn calories, improve cardiovascular health, and tone muscles. The prescription has been the same for decades: eat less, move more, exercise for at least 45 to 60 minutes four to seven days a week. There’s just one problem, this doesn’t work! If you gauge the effectiveness of these recommendations by realizing people exercise more than ever, our nation’s obsession with dieting is greater than ever before, and \$2.6 billion dollars per year is spent by Americans on gym memberships and personal training, yet obesity, type II diabetes, and inflammatory-related conditions remain in our society.

INSANITY IS DEFINED AS DOING THE SAME THING OVER AND OVER AGAIN AND EXPECTING A DIFFERENT RESULT

The prevailing sentiment with exercise remains the same. While every other industry in our country has seen improvements regarding effectiveness and efficiency, exercise and dietary recommendations have continued to be ineffective and inefficient for more than 40 years. Since The Exercise Coach®’s inception 16 years ago, there has finally been a different, and evolutionary approach to exercise / fat loss and health improvements – all centered on the most critical goal in improving the things which matter most to us – muscle quality. If we take the approach with “calories in/calories out” isn’t the solution and look how muscle quality can improve our quality of life and decrease inflammation in our body, we open ourselves up to a new horizon for more effective and efficient physical wellness.



MUSCULAR STRENGTH HAS THE GREATEST IMPACT ON THE LONGEVITY OF LIFE

Muscles have been called the windows to every system of the body. If we start with this premise, we can see how transformative whole effort exercise can be so meaningful.

AS MUSCLE QUALITY IMPROVES SO DO THE FOLLOWING:

- Our body’s ability to lose fat and reduce the risk of obesity and type II diabetes by improving glucose metabolism and insulin sensitivity.
- Cardiovascular function and oxygen uptake in the body. This enhancement leads to lower blood pressure and takes stress off the heart.
- Our skeletal system, because demanding greater load on our muscles leads to stronger tendons and stronger bones.
- Our gastrointestinal tract and the ability to digest food and filter out nutrition while helping the waste exit our bodies.
- Our endocrine system and the ability to properly balance the production and release of anabolic and catabolic hormones.
- Our body’s ability to deal with inflammation and the host of chronic disease.
- Our body’s ability to actually slow down and, in some cases, reverse the aging process as well as keep us living a fully functional life.
- Neurological activity and motor unit recruitment. This means we can use more muscle fibers, which in turn leads to greater capacity for increased muscular growth, and a greater ability to improve glucose metabolism. ■

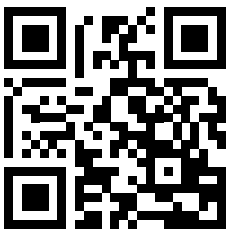
The choice is yours to make, and at The Exercise Coach®, we can help. Visit exercisecoach.com/north-mesa or call (480) 716-6080.

NOW ENROLLING!



- Choices for ALL learners, including STEM, arts integration, Montessori, Franklin Accelerated Academies, International Baccalaureate and dual language immersion
- Award-winning arts, athletics and activities
- Eagleridge Enrichment homeschooling program
- Free & tuition-based preschool options
- Free breakfast & lunch at most schools
- Free student transportation options
- And more!

Schedule a tour at InsideMPS.com





NOW ENROLLING
KINDERGARTEN - 8TH GRADE

- Tuition-free full- and half-day kindergarten
- Focus on early literacy, foundational math, and good character
- "A" Rated K-8 school with a focus on American history and patriotic values

CHILDREN TURNING 5 BY DECEMBER 31 ARE ELIGIBLE TO ENROLL!

2906 N Boulder Canyon, Mesa, AZ 85207 · (480) 986-7071 · sequoiapathfinder.org

JOIN US!

THE COMMUNITY,
NEW FAMILIES, &
RETURNING FAMILIES

FAMILY
FOOD
TRUCK
NIGHT

WEDNESDAY,
JULY 15TH

@5:30PM AT
PATHFINDER

ENROLL A
NEW STUDENT BY
JULY 31ST
AND RECEIVE

FREE
SCHOOL
SUPPLIES!



Enjoy a Tasty
Lunch on us!

480-780-1037



Call TODAY and RSVP
for YOU and a GUEST!

Assisted Living & Memory Support:
7311 E Oasis Rd.
Mesa, AZ 85207

Independent Living:
2853 N Boulder Canyon Rd.
Mesa, AZ 85207



Retirement Luxury Living That Feels Like Home!

If living life your way—surrounded by comfort, connection, and choice—is what your heart desires, we invite you to discover Canyon Winds. Our beautiful retirement community is thoughtfully designed to support every age and stage of life, offering independent living, assisted living, and memory support in a warm, welcoming setting. With a variety of flexible floor plans, inviting amenities, and engaging daily activities, Canyon Winds makes it easy to enjoy each day at your own pace. Our caring, professional team helps create a place that feels comfortable, supportive, and truly like home.



Independent Living, Assisted Living,
& Memory Support

View more at www.canyonwindsaz.com

Over 50 Up Close

Bringing active adults closer to their community

July 2026

HEALTH

Over 50

How to Get Started with Medicare

By **Lynne Jones, Tapestry Insurance**

Very often I receive calls from people about to turn 65 and who want to understand Medicare. Most people have talked to a friend, neighbor, or relative and hear all kinds of advice.

Most of the advice is partially correct, but there are so many conditions and exceptions that I thought I would take an opportunity to give some clarity.

Here are five important facts about getting started with Medicare:

- Some people get Medicare automatically and some people have to sign up. You may have to sign up if you are 65 or about to turn 65 and NOT getting Social Security.
- If you are covered by an employer plan and want to continue on the employer plan after 65 you can delay your Medicare Part B without incurring a penalty provided the employer plan is "credible coverage" and includes RX coverage.



Lynne Jones

- There are certain times of the year when you can sign up or change how you get your Medicare coverage. One of those opportunities is right around the corner. Medicare Annual Enrollment is from Oct. 15 through Dec 7. This is an opportunity to review your current plan and possibly choose a new plan.
- You can choose how you get your Medicare coverage, either by original Medicare with a supplement and part D plan or enrolling in an Advantage plan.
- You may be able to get help with your Medicare costs if you are low income. Most of the commercials on TV that advertise getting your part B reimbursed only apply to Medicare recipients who have limited income.

If you would like to have guidance in making this choice, please feel free to call me. I would love to help you make sense of Medicare, understand the process, decide when enrolling is right for you, and pick a plan that is best for you. ■

Call or text Lynne Jones, a licensed salesperson, at (480) 212-2246 or email me at jonesdvp@yahoo.com.

LOCAL BUSINESS

Over 50

Dedication Builds Community, Compassion, and Care for Seniors

Submitted by **Marcie Geisser**

What began as one woman's dream to help others has grown into two thriving businesses dedicated to improving the lives of seniors throughout the community.

Six years ago, Marcie Geisser, Founder and CEO of Marcie's Home Care, started her company on her own with a simple mission: to provide compassionate, reliable care to seniors who wished to remain independent in the comfort of their own homes.

Through hard work, determination, and faith, Marcie built her company one client at a time. As the demand for quality senior care grew, so did her team. Marcie carefully hired caregivers who shared her passion for helping others.

Today, the team at Marcie's Home Care is made up of dedicated professionals with hearts for service. They are more than caregivers; they were born to care for people. They provide companionship, personal care, homemaking services, respite care, and support that allows seniors to maintain their dignity, independence, and quality of life.

While serving seniors in their homes, Marcie recognized another important need within the community. Many seniors were experiencing loneliness, isolation, and a lack of opportunities to socialize and stay active.

Instead of simply recognizing the problem, she decided to create a solution. That vision led to the creation of Marcie's Senior Day Club. Marcie's Senior Day Club was founded to give seniors a place where they can connect with others, stay engaged, stimulate their minds, and enjoy meaningful activities in a safe and welcoming environment.

The club offers games, crafts, music, sit & fit drumming, brain stimulating activities, social events, and opportunities to build lasting friendships. The goal is simple: create a community where seniors feel valued, supported, active, and connected.

Throughout this journey, Marcie credits her faith for guiding her every step of the way. She believes that God opened doors, provided opportunities, and placed the right people in her path to help make both organizations successful.

What started as one woman serving others has grown into two businesses that continue to positively impact the lives of seniors and their families every day.

Today, Marcie proudly leads both Marcie's Home Care and Marcie's Senior Day Club, continuing her mission to serve seniors with compassion, dignity, and love. ■

Visit our website at marcieshomecare.com.

NEED HELP WITH MEDICARE?

Turning 65 or plans changing?

Medicare Advantage plans change every year. Medicare Supplement rates increase yearly. Medicare is just plain confusing. Let me help take some of the confusion out of picking and choosing a plan that is right for you.

- Would you like personalized help exploring your Medicare options?
- Are you trying to decide when is the right time to enroll in Medicare?
- Are you turning 65 or losing your Employee insurance?

Call / text or email me to help navigate your Medicare choices.

Lynne Jones

480-212-2246

jonesdvp@yahoo.com

By calling this number, you will be connected to a licensed insurance agent.

We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all your options.

RELIABLY, CONSISTENTLY, CLEAN.

A premium home cleaning service for those who demand consistency, quality, and have an appreciation for the details.

(480) 924-2096

www.CarnationHomeCleaningInc.com

All quotes given by phone or website.

LOCAL BUSINESS

Over 50

Celebrating 13 Years of Driving My Friends to the Airport

By **Dirk Van Leenen**

Thirteen years ago, I went to a convention in New York. When it was over, I ordered a shuttle to take me to the airport. They told me I had to be ready at 3 a.m. for my 9 a.m. flight. I thought that was ridiculous.

I was ready and waiting for an hour. At 4 a.m., the shuttle started making its way through New York. The shuttle ended up getting in an accident, but the shuttle driver let me know he was still going to make it to pick me up, but that it would be another five minutes. I was waiting more than an hour. I was pretty nervous about possibly missing my flight.

After waiting all morning for the shuttle, which never showed up, I took a taxi and arrived at the airport only 30 minutes before my departure. That was such a bad experience.

I didn't want anyone else to go through something similar so that day I made a plan to start driving people to the airport. All of my clients became friends, because I am always on time.

My motto became A.O.T. (Always on Time) and I stick to my motto. I will never allow it to become A.A.O.T., if you know what I mean. It has become a hobby I enjoy. I keep my prices low. I have great conversations with my friends. Thirteen years of service and I continue to love it. ■



For more information or to schedule your ride to the airport, call Dirk at (480) 512-9757.

REAL ESTATE

ARIZONA SUMMERS DON'T STOP REAL ESTATE — THEY FILTER IT

By Kris Miller, Real Estate Strategist & Agent



It's 112 degrees outside. The steering wheel is hot enough to leave a permanent impression on your hand. Your flip-flops are one bad decision away from melting into the driveway. And if you accidentally leave a chocolate bar in the car, you've just created a science experiment.

Those situations lead many Arizona homeowners to assume something else melts away every summer: home buyers.

But that's not exactly true. In fact, one of the biggest misconceptions in Arizona real estate is that nobody buys homes during the summer.

What actually happens is something much more interesting.

Summer doesn't eliminate buyers. It filters them.

The people casually browsing open houses on a pleasant February afternoon may disappear for a while. The people who are merely thinking about moving "someday" may pause their search.

But the motivated buyers are still here.

They're relocating for a new job, trying to get settled before school starts, downsizing, upsizing, getting married, moving closer to family, settling an estate, or simply starting over.

Life doesn't stop because it's hot outside. Neither does the motivation that drives real estate activity.

In many ways, summer buyers are often more serious than buyers during other times of the year. Nobody voluntarily spends a Saturday afternoon driving from house to house in triple-digit temperatures unless they're genuinely interested in finding a home.

That's good news for sellers. While some buyers step aside during the summer, many sellers do too. Every year, agents across the Valley hear homeowners say, "Let's wait until fall."

And many do. The result is often less competition. Fewer homes are competing for the attention of motivated buyers. For some sellers, summer can actually create an opportunity to stand out.

When inventory shrinks, well-positioned homes can receive more attention simply because there are fewer alternatives available. While the overall number of buyers may be somewhat smaller, the buyers who remain are often the ones with a reason to move and a timeline to meet.

Of course, every market is different and every home is unique. Pricing, presentation, condition, location, and overall value still matter. A home that is overpriced or poorly positioned against the competition will struggle regardless of the season.

But the next time someone tells you nobody buys homes during an Arizona summer, remember this: The market may slow down. The temperature may go up. But motivated buyers are still out there. ■

For more information, contact Kris Miller, Realtor®, The Miller Group | Citiea Real Estate, at (480) 236-6181.

Summer Pass Special

UNLIMITED PASSES are now available!

Single Passenger: \$69

Two Passenger: \$109

For use Now through Sept. 30th



Cruise Saguaro Lake on The Desert Belle!

Join us for SPECIAL SUMMER CRUISES

Narration Cruises

DEPARTING AT 10AM EVERY WEDNESDAY & 12PM EVERY MONDAY, FRIDAY, SATURDAY & SUNDAY



Sundays

MIMOSA & MUSIC CRUISES DEPARTS EVERY SUNDAY AT 10AM

- Sun. July 5th Eric Miller
- Sun. July 12th Eric Miller
- Sun. July 19th Eric Miller
- Sun. July 26th Eric Miller



Saturdays

MUSIC CRUISES DEPARTS EVERY SATURDAY AT 10AM

- Sat. July 4th Eric Miller
- Sat. July 11th Pete Pancrazi
- Sat. July 18th Dave Clark
- Sat. July 25th Pete Pancrazi

480-984-2425 • DESERTBELLE.COM



What Happens If Your Home Doesn't Sell?

With The Miller Group's 72SOLD Strategy, You Have a Plan



STEP 1

72SOLD 30-Day Strategic Launch

- ✓ Maximum Exposure
- ✓ Precision Pricing
- ✓ Fast 30-Day Sale

STEP 2

If No Accepted Offer ... May Purchase



STEP 3

You Stay in Control

- ✓ Review Offers
- ✓ Decide Your Best Path
- ✓ Sell with Confidence

85215 Single Family Market Snapshot

As of June 1st

- ✓ Median Sales price is: \$575k
- ✓ Avg Days on Market: 95
- ✓ Number of listings : 77

TheMillerGroup.Homes

Call Kris Miller | 480.236.6180

Info@themillergroup.homes

CITIEA



CLASSIFIEDS

HOME SERVICES

APT LANDSCAPE MAINTENANCE Monthly or Biweekly Land-scape Maintenance, Lawn, Irrigation and Sprinkler Repair, Full Yard Clean Ups, Fertilization, Trees, Removals etc. *Fully Insured, Bonded Workers Comp* **FREE ESTIMATES** Mention this Ad and Receive 15% OFF! Commercial and Residential. We Accept Credit Cards. Please Call **(480) 354-5802**

MARK’S HOME IMPROVEMENTS AND REPAIRS
Specializing in Cabinetry, touch up, repair, rollout drawers, soft close hinges and glides. Plumbing, electrical, paint, drywall, lights, fans, smoke detectors, etc... 30+ years experience. Call/Text Mark Griffin **480-980-1445**

DALE’S HAULING AND JUNK REMOVAL. Serving Mesa and the East Valley. Ready to clean out your garage, attic, rental property, etc? Retired veteran with truck and trailer. Free estimates. Call/Text Dale **602-329-6887**

MESA HOME MAINTENANCE AND REPAIR Plumbing, electric, irrigation, garage doors, water heaters, tile and drywall repairs, carpentry, handyman lists, and other services. All work guaranteed. Sean Sornberger **(480) 699-7990**

LANDSCAPE DESIGNING. Save on your water bills. I’m a retired landscape designer with many years of experience. Let me design your outdoors so that you can do the work or bid out. Very Reasonable and Professional Service. Frank **480-236-0383**

LADY BLUES HOME CLEANING One person service. Estimates by phone. 18 years experience. Very well trusted with lots of references. Denise Ross **480-296-6752**

JUNKTIFY – Junk Removal & Recycling. Each load will be separated and disposed of or recycled. House and Yard Clean Outs. Locally owned and operated with 17 years of yard clean up and junk removal. **(480) 357-8944** Residential/ Commercial/Storage Units

DUMPING DAVE - We haul it All. Yard debris, junk, appliances, furniture, cleanouts. Whatever you need cleaned up and hauled away. I am a 6th grade Mesa teacher working my 2nd job. Dave **480-360-JUNK (5865)**

ALL PRO TREE SERVICE and LANDSCAPE SERVICE. Tree Trimming, Removals, Stump Grinding,  Bushes, Shrubs, Yard Clean Ups, Landscaping, and Deep Root Fertilization, Etc. **Don’t forget to deep root fertilize your trees for the season. FREE ESTIMATES.** Very Professional, INSURED & BONDED. Mention this ad and receive 15% OFF! We accept credit cards. Please call **(480) 354-5802**

HOME SERVICES

MARTINEZ LANDSCAPING – Reasonably priced landscaping services, including block walls, pavers, fake grass, curbing, cement, and palm tree installation. Call Julio Martinez at **(480) 627-9479**

FOR SALE

CAR FOR SALE
2004 Chrysler Crossfire for sale. 51K miles. Black. Very good condition. Asking \$6,500. Call Ken at **480-986-5946**.

SPECIALTY SERVICES

“KNOW BEFORE YOU THROW” the potential value of your stuff. I have 32+ years of experience in appraising and liquidating estates and fine jewelry. Consult with me, Jon Englund, **(480) 650-1422**

MARCIE’S SENIOR DAY CLUB
Bring your loved one to our fun, safe, & engaging place where seniors can socialize, stay active, and enjoy meaningful activities in a caring environment. • Respite Care for Families • Brain Games & Trivia • Arts & Crafts • Music & Drumming • Sit & Fit Exercise • Bingo & Group Activities • Socialization & Companionship. 6134 E. Main St., Suite #108, Mesa AZ 85205 **(623) 715-2204** Marcieshomecare.com

MARCIE’S HOME CARE LLC IN HOME SENIOR CARE
Companionship & Social Assistance • Medication Reminders • Light Housekeeping • Showers & Bed Baths • Escort to Dr’s Appointment • Shopping & Errands • Safe & Reliable Transportation • Personalized Daily Care.Marcieshomecare.com **(480) 714-4043**

HELP WANTED

Lakeshore Landing Restaurant at Saguaro Lake is looking for servers, hosts, dishwashers, and prep cooks to join our team! Flexible hours and great pay. Must have dependable transportation and enjoy the lake! **Send resume / contact info to: Info@TheLakeAZ.com**

PHILLIPS WEST IS SEEKING A FREELANCE WRITER
to write stories for the Up Close community publications. Email **publisher@phillipswest.com**

SERVICE DIRECTORY



It’s all Black & White with

ZIPPY ZEBRA

PLUMBING

We Specialize in Water Treatment and Water Heaters

Let us give you GREEN IDEAS to save the planet and (of course) money! We do it all!

480-820-6595

LICENSE * BONDED * INSURED



HOLE IN THE WALL? GIVE US A CALL!

PATCHMASTER™

THE DRYWALL REPAIR SPECIALISTS

480-770-4552

PATCHMASTER.COM

Lic # 321495 Bonded & Insured

- ✓ MOVING ACCIDENT?
- ✓ PLUMBER/ELECTRICIAN LEFT HOLES?
- ✓ BUYING/SELLING A HOME?
- ✓ CEILING DAMAGE?

- ✓ DAMAGE FROM RENTERS?
- ✓ DENTS AND SCRATCHES?

NO PROBLEM!

SERVICE DIRECTORY



Tamara Klinetobe, EA
Enrolled Agent, Accountant, Certified QuickBooks ProAdvisor

3514 N. Power Road, Building 4, Suite 125
Mesa, Arizona 85215

480-986-8730 • tamara@aatsaz.com

Committed to providing the highest quality accounting services, consulting, and tax preparation to both businesses and individuals

Monthly Accounting Service

Payroll Service

Business & Personal Tax Preparation

Tax Planning

BEEN IN BUSINESS LOCALLY SINCE 2005 • AATSAZ.COM

Have you been putting home repairs off for a while?

480 Handyman
Services can tackle those for you!

Call Mike Leonard today!

Leaks • Painting/Trim Work • Replacing Toilets/Sinks
Doors/Cupboard Repair • Windows & Screen Repairs
Lighting • Most Home Repairs



I even wash windows!

480-226-3986
480handyman@gmail.com

SCORPIONS - BLACK WIDOWS
TICKS - TERMITES - ANTS
Licensed - Bonded - Insured

A-1 PEST CONTROL, LLC
Valley Wide Service
Family owned & operated

Family Owned for **40 Years!**

Leo Renello
480-981-0666

Mesa, AZ 85207
Board Certified Entomologist



MARTINEZ
Landscape Maintenance



Keep your yard beautiful

Tree Removal
Gravel Installation
Tree Trimming
Clean Up
Irrigation

Quality Work • Good Site Management
(480) 627-9479

AFFORDABLE HEATING AND A/C SERVICE

- New AC Systems as low as \$99/mo
- 0% Financing / 60 Months Available
- Up to \$3,500 Rebates & Incentives

 **Lifetime Warranty on Workmanship**

Over 2,500 ★★★★★ Reviews

PlumbSmart
Bonded/Insured • ROC #289252
(480) 470-7771

YAK N' SUP
Canyon Lake

RENTALS ON THE WATER!



Conveniently located on the water at the Canyon Lake Marina!

16802 AZ 88
Apache Junction, AZ 85119

yaknsup.com

480-420-8144

PROBLEMS WITH YOUR WINDOWS?



DEALING WITH WINDOW SPACER INTRUSION?
We can fix that too!

DUAL PANE GLASS REPLACEMENT
RESIDENTIAL TINTING
SUNSCREENS

Call for a **FREE Estimate!**

 **MESA WINDOW**
Tinting and Glass Inc.

480-984-5739
ROC #088568/ROC #257622

PROFESSIONAL, AFFORDABLE TREE AND LANDSCAPE SERVICE

ALL PRO
TREE SERVICE LLC

www.allprotrees.com • dennis@allprotrees.com

480-354-5802

Call for Deep Root Fertilizing Prices

TREE SERVICES

- Tree Trimming
- Tree Removal
- Stump Grinding
- 24 Hour Storm Damage
- Deep Root Fertilization

LANDSCAPE SERVICES

- Monthly Landscape Maintenance
- Frost Damage
- Yard Clean Ups
- Irrigation Install/Repair
- All Landscape Needs

Fully Insured/ Bonded

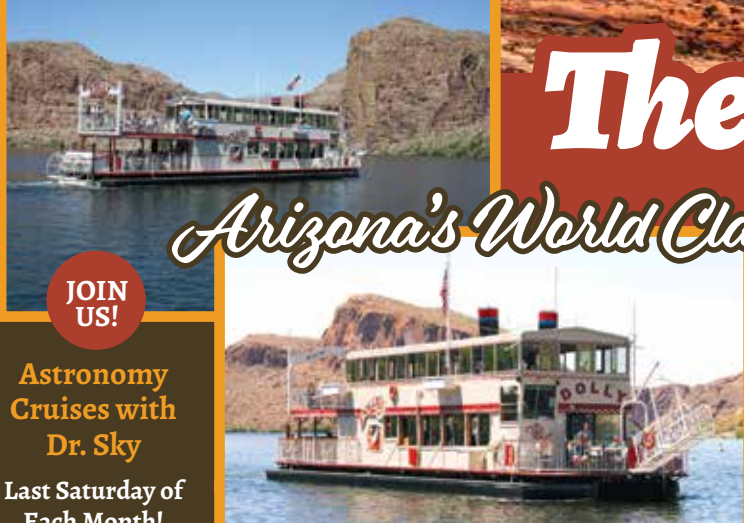
With Every Tree Trimming, We Granual Fertilize for **FREE**

15% OFF

Call today for a **FREE ESTIMATE** and get 15% OFF with this ad!
Offer has no cash value and may not be combined with any other offer, discount, coupon or promotion.

The Dolly Steamboat
THE REAL ARIZONA - CANYON LAKE

Arizona's World Class Cruise



JOIN US!

Astronomy Cruises with Dr. Sky

Last Saturday of Each Month!

This "Junior Grand Canyon" tour is consistently rated one of the "Best Things to Do in Arizona" and is a premier Arizona attraction for locals and tourists alike. Just minutes away from Mesa, Scottsdale, and Phoenix Arizona - Daily Nature Cruises and Twilight Dinner Cruises.

Apache Junction, AZ (480) 827-9144 www.dollysteamboat.com

Elysian Fields
ARTISAN BAKERY & DAINTIES

Enjoy a High Tea

Tues-Thurs & Sat: 8 am - 6 pm
Fri: 8 am - 8 pm
Sun: 8 am - 2 pm

Now serving specialty teas, hand-roasted coffee, & sparkling beverages

6727 E McDowell Rd. #104 Mesa 85215
480-906-5417
www.ElysianFieldsMagic.com



Buy 1, Get 1
With this ad. Value of \$6.00 each.

MY CHAUFFEUR
Dirk is Still Driving!
A.O.T.

TO EITHER AIRPORT -
\$44!

CALL OR TEXT
480-512-9757

My1Chauffeur@Gmail.Com



HIGH END BATHROOM REMODELING
AT A COMPETITIVE PRICE



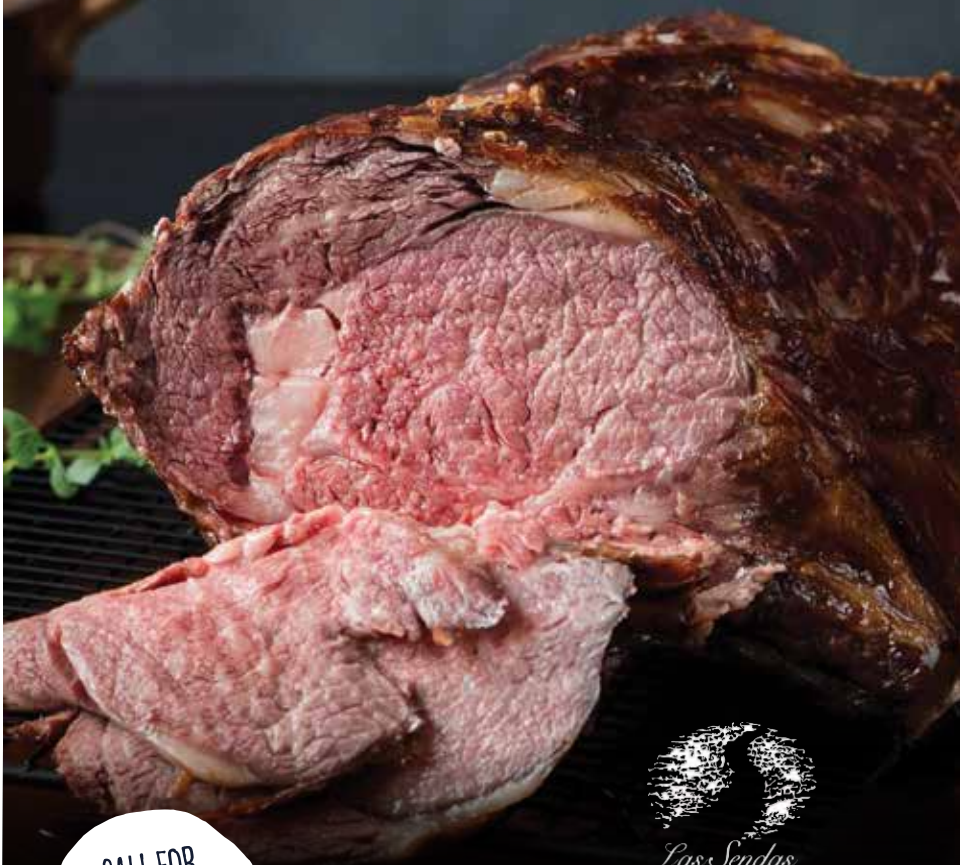
Turn your ordinary bathroom into a five star resort, with no resort fees!

Call Today to Make Your Dream Come True!

480-213-1395
HighEndBathRemodeling.com

AVAILABLE AFTER 5PM

PRIME RIB SATURDAY



CALL FOR RESERVATIONS!

602-734-5524



Las Sendas Golf Club

WWW.LASSENDAS.COM

7555 E. EAGLE CREST DRIVE, MESA, AZ 85207

From your first tour to your final dance, our dedicated banquet and culinary professionals work closely with you to create a celebration that reflects your style, personality, and traditions.

WEDDINGS

AT THE VISTAS PAVILION AT LAS SENDAS

Call to setup your venue tour today and discover all of the possibilities for your wedding day!

Call 480.396.4000 ext 222 or Email at cshaw@lassendas.com





7555 E. EAGLE CREST DRIVE, MESA, AZ 85207

SUMMER

Happy Hour

SPECIALS

The Patio & Grille at Las Sendas

2pm - 6pm, 7 Days a Week

Call for Reservations 602-734-5524

FOOD

\$10 Nachos

\$10 Fish Tacos (2)

\$10 Wedge Salad

\$10 Chicago Hot Dog with Fries

\$10 Prime Sliders

\$10 Smoked Turkey Sliders

DRINKS

\$6 Well Drinks

\$2 off 14oz Drafts

\$9 House Margarita

\$7 6oz Red or White House Wine

\$12 Bird Dog Peach Old Fashioned

\$5 5oz Sparkling Wine

\$10 Cherisse's Special of the Week

7555 E. EAGLE CREST DRIVE, MESA, AZ 85207





We invite you to enjoy an evening celebrating the artistry of food and wine pairing featuring the renowned wines of Daou Vineyards!

FOUR COURSE WINE DINNER

AT THE VISTAS PAVILION AT LAS SENDAS

FRIDAY, JULY 31, 2026 AT 6 PM

Limited seating available. \$125 ++ PER PERSON






RESERVATIONS REQUIRED

480-396-4000 Ext. 222

cshaw@lassendas.com

7555 E. Eagle Crest Drive, Mesa, AZ 85207