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October 2020

Las Sendas Golf Shop Plans Grand Reopening

By Dawn Abbey

Big changes are taking place inside the Las Sendas Golf Shop during the annual October over seeding.

The golf shop is being redesigned with a cleaner, more open look. A comfy lounge will feature a big screen TV and offer a place where you can try on shoes, sip a beer, and watch *The Golf Channel*, or follow *Golf Genius* live scoring for events.

"On Friday, Oct. 23, we will be having a Grand Reopening Preview Party from 3:30 to 6:30 p.m. with Prosecco and free giveaways. And we will be opening the golf course and the golf shop Saturday, Oct. 24," said Michael Field, new director of golf.

In addition, Michael is bringing in a huge collection of new golf attire, as well as stocking a whole different variety of lifestyle boutique apparel. "Our casual offerings will be more than just for golf wear. It will encompass a complete fashion look," he explained.

The shop will also be offering several new brands, including Devereux, manufactured locally by a Tempe company. Other new men's brands will feature Johnnie-O and Straight Down. New styles for women showcase Inphorm, Bobbe and Sofibella. Many items will be Las Sendas branded. Old favorites



will still be available.

"We will be having a fashion show later in the season, as new styles come in," said Michael. "We are also planning ahead for some of our annual events like the Alice Cooper and Coyotes Alumni fundraisers, and member events, but we will have to see how things go with health concerns. For our member events, we are sticking to tee times rather than shotgun starts to keep everyone's safety in mind."

Executive Director and Managing Partner Lloyd McBean is excited about the new developments. "Las Sendas Golf Club has had its challenges over the years. Since 2009, we have been dedicated to making the property and the operations the No. 1 golf facility in the

East Valley, and we are very pleased with the progress we have made. We were named a 2020 Top 25 Golf Course by *Golf Advisor* and 2020 Highest Ranked Golf Course for the East Valley by *GolfNow*," he said.

"This is our 12th year as the owners of Las Sendas Golf Club and we have worked very hard to build relationships with our homeowners and community. We provide world-class amenities that are available to all our homeowners," Lloyd added.

"We have been blessed with great evening sunsets. Our Patio & Grille is proudly a Top 100 in America Al Fresco Dining Experience awarded by *Open Table*. We thank our community as great supporters of The Patio & Grille and Lounge," he continued.

"The Pavilion at Las Sendas offers one of the best wedding and banquet venues in the Valley. Our sunset views and incredible property make for the perfect place for weddings and other large functions." ■

For more information on golf, golf classes, events, and dining/take-out menus, check out lassendas.com, or call (480) 396-4000.



LA PEAU DERMATOLOGY INTRODUCES New Collagen Boosting Technology

By Jamie Killin

La Peau Dermatology is now offering the latest in skincare technology, the Sofwave Ultrasound.

While lasers, needles and the like have become mainstream in the skincare world, you're probably asking yourself — what is a Sofwave Ultrasound, and how can it improve the look of my skin?

The Sofwave Ultrasound targets fine lines by boosting collagen production. It penetrates 1.5 millimeters into the skin with its unique *Intense Ultrasound Beam* technology, designed to reach the deeper layers of the skin while protecting the outermost layer — allowing for no downtime.

"This treatment only targets the collagen beneath the surface of the skin," said La Peau Dermatology founder Dr. Zaina Rashid. "You could complete the treatment in 45 minutes during your lunch hour then go back to work and nobody would even know you had anything done."

Dr. Rashid recommends getting the Sofwave Ultrasound treatment once a year for optimal results, with results beginning to show at three months, and reaching their optimal levels at six months to one year.

"You'll see significant improvements in elasticity, and fine lines, especially those around the cheeks and neck, and

an overall tightening of the skin," said Dr. Rashid.

She also recommends patients begin with this treatment, then add other aesthetic services such as fillers and lasers to achieve the healthiest and most youthful skin possible.

"This treatment can be added to any skincare regimen, or it's a great place to start before adding other treatments later," she said. "It's recommended to be done before any fillers or Botox, then you can also add other anti-aging treatments like laser services."

It's also an ideal treatment for younger patients, who can use the Sofwave Ultrasound to prevent the wrinkles and fine lines brought on from sun exposure and aging.

"This treatment is ideal for people as young as those in their twenties," said Dr. Rashid. "It's preventative maintenance. Our biggest challenges in maintaining healthy, youthful skin are gravity and sun, so this treatment is able to help in



reversing the gravity as time goes by and reduce sagging."

As the only dermatologist offering the treatment in the East Valley, Dr. Rashid was eager to add the Sofwave Ultrasound to her list of services to help patients enjoy the newest and most advanced options for skincare.

"I wanted to add this service because it's the newest technology," she said. "Nobody else has it in the area and this is the only technology that's ultrasound

based that nudges the collagen at the deep layers with such few treatments needed." ■

La Peau Dermatology is located at 5424 E. Southern Ave., Suite 103, in Mesa. For more information, or to schedule an appointment, call (480) 396-2300.



Dr. Zaina Rashid

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Published by

Phillips West

Publishing | Design | Writing | Photography

Mesa, AZ 85215

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EDUCATION**STEM plus Arts offered at Self Development Preschool***Submitted by Self Development Preschool Staff*

A well-rounded and integrated early childhood curriculum in a nurturing environment is a must in helping students succeed in elementary school, middle school, and beyond.

An integrated curriculum with thematic approach in the early years provides for a strong foundation in developing lifelong learners. Ideal early education recognizes that combining arts, science, music, and math provides for an educational opportunity steeped in the splendor of the Renaissance.

The best education institutions value science, technology, engineering, and mathematics (STEM) programs, as well as performance and visual arts. Why? Because there is a synergy to learning any field of study: science helps math which helps music which helps the self which helps the world. There is value in arts for arts' sake but there is more value in arts for developing a complete, well-rounded individual.

Self Development Preschool (SDP) has been incorporating arts with STEM, called STEAM, for decades now. The fact that other elementary schools and preschools are using STEM+Arts education and curricula is deeply encouraging to the SDP team of educators.

In the real world, in our daily life, in our jobs, we utilize concepts together, in an integrated fashion. For instance, spatial mapping, prioritizing, short term memory, multiple variable fraction use, long term multi-variable mathematical planning, and mental evaluations of non-linear rates may simply amount to a trip to the grocery store.



We do all those things in our heads when we take trips to the grocery store. Even more, our jobs are much more complex, requiring what becomes an intuition about how to know when a kiln is properly heated, what is trending in fashion and what does that mean for TV network design, and responding to competing demands and necessities

during a pandemic. Indeed, the ubiquity of STEM+Arts (STEAM) programs heralds a stronger, more brilliant society of thinkers and poets.

What makes the brain of a child so special is the combination of a blank slate and perfect design, waiting for the right, elegant sculpturer to truly bring out its true flourishing beauty. That is what Self Development Preschool has been doing for 30 years.

Our new STEM lab collects the most sophisticated hands-on activities, that are engaging, require deep analytical and creative thought, and, according to one student, "make time fly by." The biggest concepts in all of the universe and the smallest organisms can be seen inside this room, which for 30 years has been perfecting an advanced STEM program. Amazingly, modern technology inside young learning devices can now offer students what graduate students did not have access to when we opened the school! We teach students coding that is more complex than what adult students were originally learning.

SDP's STEAM program is rigorously engaging. Literally, generations have passed through our doors becoming experts in interdisciplinary learning. Once children, now adults, they have only known one place as the STEAM school that molds children in unpredictable combinations of what SDP provides all their students: love, advanced education, deep thinking, creative insights, and eternal friendships. SDP continues to innovate ways that increases critical and creative thinking to create the next generation of curators of extraordinary works of art and curers of diseases that are waiting to be solved. ■

To give your children a strong foundation for developing a love for learning and an opportunity to participate in a highly enriched educational environment, contact Self Development Preschool at (480) 396-3522. SDP is a private school, serving students from ages 2 to 5-years-old, and has a before and after school program for school age children.

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Zaina Rashid,
D.O., F.A.A.D., F.A.O.C.D.

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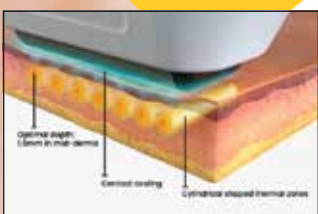
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EVENT

College Bound AZ Hosting Virtual Ungala

By Kimberly Alvarado
This fall marks the 10th anniversary of College Bound AZ and it seemed the perfect opportunity to host the largest fundraiser yet. All the planning had been in the making for a year now.

Visions last fall of a live auction gala around the theme of a masquerade ball were anticipated. But when COVID-19 hit in the early spring, it became unclear if this vision would be realistic.

Thus, a virtual event has become the focus for this year — the *UnGala, Igniting the Journey* — to take the place of gathered crowds. You are cordially invited to *virtually* attend.

An *online* silent auction is scheduled to begin at 10 a.m. on Monday, Oct. 19 through Thursday, Oct. 22, featuring golf packages, family experiences, a wine get-away, a paint and sip night for eight, a helicopter ride with the Mesa Police Department, and so much more.

The *live* auction will be opened with a virtual cocktail hour at 5:30 p.m. on Thursday, Oct. 22, with bidding beginning at 6:45 p.m. The auction showcases fabulous trips like Cabo San Lucas, an African Safari, and Glen Eyrie Castle in Colorado Springs, Colo. — just to name a few.

Those who want to be part of changing lives can participate in the auction by purchasing a \$20 ticket at cb2020gala.givesmart.com, or by texting [cb2020gala](tel:60276278) to 76278.

Much of the success of College Bound AZ is a direct result of the hard and relentless work of Elizabeth Paulus, executive director of College Bound AZ.

Unfortunately, the dream of higher education is too often crushed for deserving students. After her foreign exchange student from Brazil returned home to her country in 2009 — leaving behind a dear friend she had made in high school — Elizabeth witnessed first-hand how a senior in high school can be challenged financially to



fulfill their dream of attending college.

Elizabeth quickly observed the complex obstacles this bright young lady faced as she tried to fill out financial aid paperwork for college admission. “Not only was the language barrier complex,” said Elizabeth, “but recording the family income in the application was a real eye-opener. I learned even more as I stayed engaged throughout her first year of college.”

The lesson for Elizabeth continued with the realization that the path to college was difficult with hidden obstacles sure to derail an unsuspecting student. She found this realization troubling because of the loss of human potential. She knew that without intervention, this very bright young lady would have met failure.

Elizabeth knew that children like these deserved better. This was the turning point; she decided something needed to be done to help students in these situations.

After initially partnering with Mesa United Way and then implementing The 6-Step Critical Path (found on their website collegebound.org), the student assistance organization branched to Mesa high schools and then leveraged into Arizona State University’s Promise Program.

Elizabeth, who earned her master’s degree in education leadership, together with her husband, founded College Bound AZ to assist and support low-income students wanting to attend college.

The economic downturn caused



several sponsors to decline their contributions to the event this year, but other sponsors stepped in to fill the gaps. One of those contributors, local State Farm agent Matt Watson, is sharing the College Bound vision to turn dreams into degrees.

He has provided a golf package for four, compliments of The Fountain of the Sun Country Club in Mesa. This package includes lessons from a golf pro and a new golf bag. “Matt has an amazing heart for this community,” says Elizabeth. “It’s hard to express how much his generosity means.”

And further, Elizabeth could not be more grateful for the generosity of this community. “The generosity of our community to help others is just overwhelming. This October event will directly help underrepresented students get to college,” Elizabeth stated.

Proceeds from the event auction will help provide laptops and scholarships to students as well as support mentoring, hygiene kits, and food boxes to students served by College Bound AZ. Together with sponsors like Matt Watson and Affinity Technology — the official sponsor of the *Igniting the Journey 2020 Ungala* — you and a gathered small group of neighborhood friends can change the future for scores of youth.

Local State Farm agent and College Bound supporter, Matt Watson, will be hosting his own *watch party* during the live auction portion of this palooza. His *partygoers* will be creatively distinguishing themselves as Sherlock Holmes and Dr. John Watson during the bidding hours. ■



Matt Watson

If you would like to get in on the fun and join Matt’s virtual watch party, or create a group of your own, you can do so in the online reservation process, at cb2020gala.givesmart.com, or by texting [cb2020gala](tel:60276278) to 76278. For more information, visit collegebound.org.

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Fall Activities Are Picking Up at The Patio & Grille

By Dawn Abbey

October is getting off to a cool start with The Patio & Grille, offering nightly live entertainment on Thursdays, Fridays and Saturdays. Dining is open with 50 percent capacity, following all CDC guidelines.

Special discounts are available for curbside delivery take-out items as well as during Happy Hour from 3 to 6 p.m. daily. Weekly specials also add to the Sunday Football fun.

VIRTUAL WINE TASTING

A Virtual Wine Tasting, featuring wines from the French Burgundy region, is set for a Zoom event Thursday, Oct. 15, at 6:30 p.m. Wine specialist Rebecca Thompson from Henriot USA will be leading the interactive wine tasting, and tasters' comments and questions will be welcomed.

Participants can sign up and pick up their bottles of wine at Las Sendas Golf Club before the tasting event. Cost is \$90 for three selections or \$155 for four. Gourmet cheese boards will also be available for purchase.

For information, or to sign up, contact dshaw@lassendas.com, or (480) 396-4000, ext. 202.

NIGHTLY MENU SPECIALS

Tired of cooking? Nightly menu specials for October offer something for everyone's palate.

Monday: Made-To-Order Chicken Pot Pie

Pulled all white meat, carrots, celery, pearl onions, peas, cream sauce, flaky puff pastry

Tuesday: Cantina Night

Chef's Southwest Inspiration

Wednesday: Hearty Meat Lasagna

Small side salad, garlic bread

Thursday: Chef's Seafood Creation

Friday: Prime Rib

Saturday: Slow Braised Pork Osso Bucco

Creamy polenta, roasted root vegetables

Sunday: Pasta Bar or Chef's Pasta Creation

For more information, call (602) 428-5477, or visit lassendas.com.

WHAT ARE YOU DOING FOR THANKSGIVING?



Our chefs are only asking because it's already October and summer has flown by, which means that Thanksgiving is right around the corner.

This year we are expanding our already successful

turkey take-out meal by offering an additional feature. Our same great menu with all the fixings will now be offered as an uncooked, oven-ready option prepared to be picked up the Tuesday before Thanksgiving, and ready to be cooked on Thanksgiving Day. Why fight through the lines at the grocery store when you can have us do most of the work for you?

The turkey, stuffing, gravy, yams, and green beans all come deliciously seasoned in oven-ready containers. The fresh salads are prepared with dressings on the side. You will have to cook your own mashed potatoes, but potatoes and seasonings are included.

If you are not experienced in the kitchen or just don't want to do the work, you can still pre-order the same great ready-to-eat, take-out turkey dinner available to pick up on Thanksgiving morning. ■

Contact Joyln Fogle at jfogle@lassendas.com for more information or to reserve your fantastic holiday meal now.

Sign Up Now for the Junior Golf Sticks Program

Submitted by Tracy Berman

All budding young golfers are invited to sign up for the 2020/2021 Junior Golf Sticks Program, starting Tuesday, Nov. 3, for students ages 5 to 15, grouped according to age, gender, and skill level.

There will be a total of 20 Tuesday classes, from 4 to 5:30 p.m., starting as low as \$20 per class. Flexible registration lets you join on any Tuesday and sign up for as many Tuesdays as you like.

Organized by the Las Sendas Golf Academy at Las Sendas Golf Club, the Junior Golf Sticks Program offers a developmental approach to the game. Lessons are stair-stepped to match skill levels as the junior golfer becomes more experienced.

Goals of the junior golf program are not only to develop the fundamental skills of the golf swing, but also to teach each player the characteristics to become champions in life, and, most importantly, create a love for the game.

By rotating through 20-minute fun learning/game stations, golf skills are developed. Learn the fundamentals of the game, including full swing, short game, putting, rules of the game and on-course play with the Las Sendas team, which includes PGA and LPGA teaching professionals.

Registration is open now, and forms are available in the Las Sendas Golf Shop, on the Las Sendas website — lassendas.com (Instruction/Programs), or by contacting Tracy Berman at tberman@lassendas.com. You also can call or text Tracy at (602) 920-8208. ■



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EDUCATION

SDA Betters the Best Through the Kindergarten Program

By Anjum Majeed, Ed.D.
Founder/Superintendent, Self Development Academies

Any day at Self Development Academy’s advanced kindergarten program is special. But not like this past Thursday.

It was 7:30 in the morning on Thursday, Sept. 17. Wearing their brand new, crisp uniforms, their hair neatly styled, and their eyes glowing with excitement, the kindergarteners at Self Development Academy - Mesa (SDA) eagerly arrived for their in-person learning. The morning routine was a little different from the past years.

As the cars pulled up to the curb and while still in their cars, their temperatures were taken by the staff. Fixing their colorful masks, one more time, these adorable kindergarteners confidently stepped out of their cars. A true warm and welcoming committee of staff members gave them air-hugs and melodically chanted, “So excited to see you.” The youngsters walked to the gate, while carefully maintaining the social distance among themselves, to be greeted by their loving teachers, including Mrs. Haschke.

This year, not only were their arrival procedures different from the past years, but so were their classroom arrangements. Their seating was further apart; they were not facing each other but arranged in straight rows. Then there were the clear privacy shields, provided for protection, but also served as a reminder that this year, the kindergarten experience may be somewhat different.

Yet, amongst all these modifications of the different facets of a kindergarten day, some aspects of the first day of school remained the same. The kindergarten teachers at SDA-Mesa, including Ms. Kathi Haschke and Ms. Benita Hulbert, and others, warmly greeted their students as usual and then went over the classroom routines. They discussed what kindergarten was about.

Once again, as in the past, *Sharing and Caring* emerged as a critical component of the kindergarten culture. However, a few new procedures were added, including how



to wear masks safely, attend to the clear protective desk shields, and limit the basic school supplies for individual use only — supplies such as crayons, pencil and paper, and Chromebooks.

As educators, we observed the response from these students regarding their onsite learning. It was amazing.

We were reassured that children are indeed resilient, and that they were joyful of their earlier online experience that made their classroom experience that much more meaningful. They were also excited to be in the classroom with their friends and their loving teachers. Our wide-eyed kindergarteners proudly understood the class rules, eagerly raised hands to answer questions, and were ready to show off that they were on their way to becoming successful learners.

While COVID may have inverted, reversed, reimagined, constricted, and constrained, certain aspects remained essentially the same. And while *Sharing and Caring* may mean something different this year, what has not changed has been the depth of genuine love, the rigor of our program, and the commitment every day to find what makes a child smile and find what makes a child thrive.

Self Development Academy offers a unique and advanced kindergarten program. This program allows children to begin their educational learning experience in a caring and intellectually stimulating environment. The educational program introduces kindergarten and first-

grade curriculum goals and encourages concept mastery and academic confidence.

Early education intervention promotes a foundation for academic success. SDA uses multi-sensory phonics instruction, focusing on visual, auditory, tactile and kinesthetic techniques, which reach each child’s learning styles. Students learn phonemic awareness, sight words, spelling, writing and reading within each lesson.

The SDA kindergarten program prepares children to learn key fields of study and key values of the community that prepare students to promote to first grade. The school’s success focuses on teaching children the advanced curriculum using a structured and methodical approach. The classroom concentrates on mastery of math, reading and writing. This year, our student-centered approach has advanced. We now are able to personalize math and language arts for each kindergartener.

By the end of the year, children are authoring and editing their own books. We ensure most kindergartners read at or above a first-grade level and enjoy writing grammatically complete sentences.

Math facts, word problems, and even abstract algebra are discovered and surpassed. We do this starting with a steady ground floor of fundamentals of mathematical thinking, including number concepts and introduction to addition and subtraction.

Our nurturing, encouraging educators are highly trained specialists, and understand how to teach SDA’s high-level curriculum in a manner that is easily absorbed and greatly enjoyed.

There was nothing like seeing a sea of smiling eyes peeping from their masks as the students practiced distancing, respect of individual spaces, and learning to hold the pencils correctly. When the students prepared to go home at the end of the kindergarten day, the students loudly affirmed, “We had a great day!” They echoed in unison, “We will see you tomorrow.” ■

For more information regarding Self Development Academy, please contact us at (480) 641-2640. The school is located at 1709 N. Greenfield Road, Mesa, AZ 85205.

Dr. Rashid is a board certified dermatologist, cosmetic and Mohs micrographic surgeon.



Zaina Rashid, D.O., F.A.A.D., F.A.O.C.D.

DR. RASHID IS A MEMBER OF:
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Non-invasive, no downtime - Ultrasound energy precisely passes through the skin’s surface, heating the mid-dermal tissue at just the right depth and temperature to rejuvenate collagen fibres and improve the overall appearance of aging skin. Patients can get right back to normal life immediately following treatment

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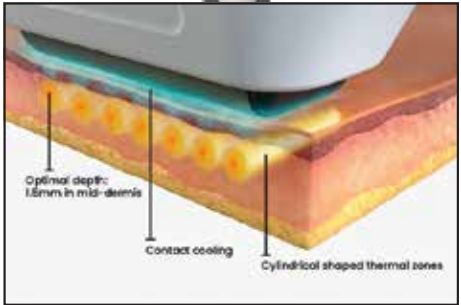
Treats all skin types - Darker skin types are more susceptible to burns with laser and light-based therapies. With Ultrasound, the treatment is safe and effective regardless of the patient’s skin type

High patient satisfaction - In a multi-centre clinical study, 72% of the patients were satisfied with their results and rated them as improved to very much improved

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The ideal depth for treating wrinkles is 1.5mm in the mid-dermis. Our unique, Intense Ultrasound Beam™ (IUB) technology generates heat at this exact depth in the mid-dermis. Additionally, there is an integrated cooling mechanism that protects the uppermost skin layer from burning.

The impacted treatment zones stimulate a healing response, called neo-collagenases, which increases and regenerates the collagen in the skin, leading to the reduction in fine lines and wrinkles.



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COMMUNITY

Mesa CARES Created to MEET COMMUNITY NEEDS

By Councilmember David Luna, Mesa District 5

I hope you all are safe and well as we adjust to this new normal. While many things have unfolded since early March, and the City of Mesa has undergone several changes, I would like to take this opportunity to provide an update on the Mesa CARES initiative.

In April, the City of Mesa launched the Mesa CARES initiative by creating the Mesa CARES community resources call center. Hosted and managed by the Mesa Public Library, the call center has over 100 City employees reassigned to the program. A phone line was open seven days a week from 8 a.m. to 5 p.m. The call center has become a reliable source of Mesa-based information for residents and businesses; connecting community members to available services. Currently, the call center is open Monday through Friday from 8 a.m. to 5 p.m. and can be reached at (480) 644-CARE (2273).



To help with remote or distance learning, the City of Mesa allocated approximately \$7 million from Mesa CARES funding to provide technology assistance to K-6 students in Mesa. Approximately 9,000 laptop devices are being purchased for those Mesa students.

As part of the Mesa CARES initiative, the City also created the Feeding Mesa canned food drives. Residents were asked to donate canned goods and other non-perishable food items in a series of drive-through donation events throughout the City of Mesa over several weeks.

Employees from the Mesa Parks, Recreation and Community Facilities and Mesa Fire and Medical departments worked to support United Food Bank, Midwest Food Bank and other nonprofit agencies to coordinate the food drives. These collections help many individuals and families needing food assistance during these challenging times.

The Mesa CARES initiative continues to support individuals, families, and businesses impacted by COVID-19. Funding comes from the federal Coronavirus Aid, Relief and Economic Security (CARES) Act. For additional information and available resources, please visit mesaaz.gov/mesacares.

For daily updates, I encourage you to follow my official Facebook page: facebook.com/councilmemberdavidluna, as well as the City of Mesa: facebook.com/cityofmesa. ■

As always, if I can be of service to you or you wish to speak with me, I can be reached via email at district5@mesaaz.gov, or by phone at (480) 644-3771.



COMMUNITY

Social Club Garage Sale Set for November

Submitted by Red Mountain Ranch Social Club

The annual Red Mountain Ranch Social Club Garage Sale is scheduled for Friday and Saturday, Nov. 13 and 14, the second weekend in November. The cost is \$15 to participate.

Remember all the closets you cleaned out during the pandemic? This sale is a great opportunity to sell items you no longer use and are taking up space in your garage.

It's also a time to visit and get to know your neighbors (wearing your mask, of course!).

The Red Mountain HOA has approved and reserved this date for the Red Mountain Ranch Social Club Garage Sale only.

To register for the garage sale, please go to our website — rmrsc.com — Garage Sale page. You can pay online or send a check payable to RMRSC c/o J. Fortner, Treasurer, 3747 N. Katmai Circle, Mesa, AZ 85215. Please include the coupon here with your information.

- Your fee pays for the following:
- Banners at the three entrances to Red Mountain Ranch (RMR).
 - Maps of RMR, distributed to attendees with your address listed.
 - Information packet including instructions on how to do a garage sale, as well as signs and stakes.
 - Liability insurance policy during the sale to protect you and your shoppers.
 - Newspaper and email advertising.

Please pick up your Garage Sale

Information Packet at 3916 N. Sapphire between 5 and 7 p.m. on Wednesday or Thursday, Nov. 11 and 12.

If you would like to have your address included in the Garage

Sale Information Packet, please complete your registration before Nov. 5. ■

If you have questions, call or email Chelsea Anderson at (602) 748-6136, chelsea@yourreddoorsteamaz.com, or Sandy Balsley at (208) 313-5399, ronsanb64@yahoo.com.



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LOCAL BUSINESS

Sonson's Pasty Co. Introduces New Family-Focused Offerings

By Jamie Killin

While Sonson's Pasty Co., which recently celebrated its second year in business, is known for its assortment of English pastys, it is also finding success offering newly introduced, traditional English menu items that are perfect for families.

Sonson's Wednesday night family deal — which includes a cottage pie, gravy, salad, drinks and cake to feed a family four — is just \$35.

"It's a traditional English pie made with ground beef, cheese, carrots, gravy, mashed potatoes and cheese on top," said owner Julie Mercer. "It's a really good meal in one and a popular English dish."

Customers are encouraged to place their order at least one day in advance to ensure availability and, when ready, pick it up at the restaurant hot and ready to go.

Sonson's Pasty Co. is also offering a larger assortment of desserts including the seasonal pumpkin roll and pumpkin turnover as well as carrot cake and peach cobbler — to name a few. Customers are also able to call ahead to order family-sized options of the cakes.

The eatery's traditional pastys continue to be extremely popular, with easy frozen, take and bake, and ready-to-eat options.

"The steak, ground beef, steak and cheese, and green chile chicken are our top sellers," said Julie. "The steak and ground beef are always our top because they're the traditional, but people enjoy all of them. We get a variety of folks in that enjoy the pastys."

Sonson's Pasty Co. is continuing to offer curbside pick-up and has also reopened its dining room at 50 percent



capacity, allowing six guests to dine in the restaurant at a time. With cooler weather, the restaurant's patio will be opening soon to allow for more seating.

To provide the best experience possible, Julie welcomes all guests to call ahead to ensure seating is available, and to order their pasty ahead of time so it's available and ready to go.

Guests can also tune into Sonson's Pasty Co.'s social media for flash sales on menu items and restaurant updates. Through the Mesa CARES program, the restaurant has had the opportunity to grow marketing efforts as well as increase its safety precautions.

"We had some great funding from Mesa CARES that's helping a lot. It's helping us with advertising and PPE so we can stay safe during COVID," shared Julie, who encourages all businesses to look into the small business reemergence program. ■

Sonson's Pasty Co. is located at 6060 E. Brown Road in Mesa. For more information, visit sonsonspastyco.com, or call (480) 845-8485.

EDUCATION

Near or Far, Grandparents Make a Difference

Submitted by Mesa Public Schools

Over the last year, COVID-19 has resulted in restrictions on everything from travel to gatherings. It's more important than ever to strengthen the bond grandparents have with their grandchildren.

Nicole Powell, National Board Certified fifth-grade teacher at Las Sendas Elementary, shares tips to help families stay connected.

TRY LEARNING TOGETHER

Grandparents can support their grandchildren by learning how to navigate through some of the various learning platforms being used in remote and modified in-person learning. Having a grandparent as a mentor to lean on while students learn can forge stronger relationships and familial bonds.

Grandparents can also boost confidence by providing opportunities for grandchildren to show off their technology skills. These opportunities can often turn into learning lessons for grandparents as they navigate through some of the newer learning platforms.

USE YOUR WISDOM AND LIFE EXPERIENCES

Many children have a hard time focusing and staying on task. Frequent check-ins and using a time-tracking device can often help grandchildren to stay on top of their daily academic responsibilities. Grandparents can also use their life experience to help their grandchildren create and maintain a learning schedule. They can also help their grandchildren develop important life skills such as time management, organization and prioritization.

OPENING THE COMMUNICATION CHANNEL

Use open-ended questions for starting conversations. For example, start with, "Tell me" instead of "Did you" to yield a deeper conversation. "Tell me about your completed assignment," or "Tell me about your day," is likely to result in a better response, rather than asking, "Did you have a good day?" Generalized questions often lead to one-word answers, while creatively constructed questions result in deeper conversations.

SEPARATED BY MILES, CONNECTED BY PEN PALS

Though the task of hand-writing letters is becoming a lost art, it is an easy way for grandparents to connect with their grandchildren. Many children have never received a letter specifically addressed to them through the mail. The best part is that treasured letters from grandparents can become keepsakes.

HELPFUL RESOURCES AVAILABLE

There are a variety of helpful resources for grandparents, including local Facebook groups, grandmagazine.com, and blogs dedicated to today's grandparents and grandparenting topics. Mesa Public Schools has a comprehensive list of resources at mpsaz.org/parentresources to help families support children in everything from academics to behavioral concerns.

Remember, the pandemic won't last forever. Once students return to full in-person learning and COVID-related restrictions are lifted, the best way for grandparents to support their grandchildren is the simple gift of time. Whether it's in-person or virtual, building and fostering connections is a priceless gift. ■

For more information, visit mpsaz.org/parentresources.

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REAL ESTATE

Will the Housing Market Crash like it Did in 2008?

By Lorraine Ryall,
Associate Broker, CDPE,
CSSN, CNE
KOR Properties

The No. 1 question I am asked today — especially by home buyers — is “are we going to see foreclosures and short sales come back? Will the housing market crash like it did back in 2008?” The answer is NO.

Even with COVID 19, record unemployment, and the uncertainty of an upcoming election, there is nothing that indicates that the Phoenix metro housing market isn't going to continue to remain strong. Things may slow and prices level out, which wouldn't be a bad thing, as we can't keep going at the pace we have been.

The current median sales price has increased 16 percent from the same time last year. We don't expect the frenzy we are in now to continue into next year, but we don't expect the market to stop either — just slow down and get back to a more normal pace.

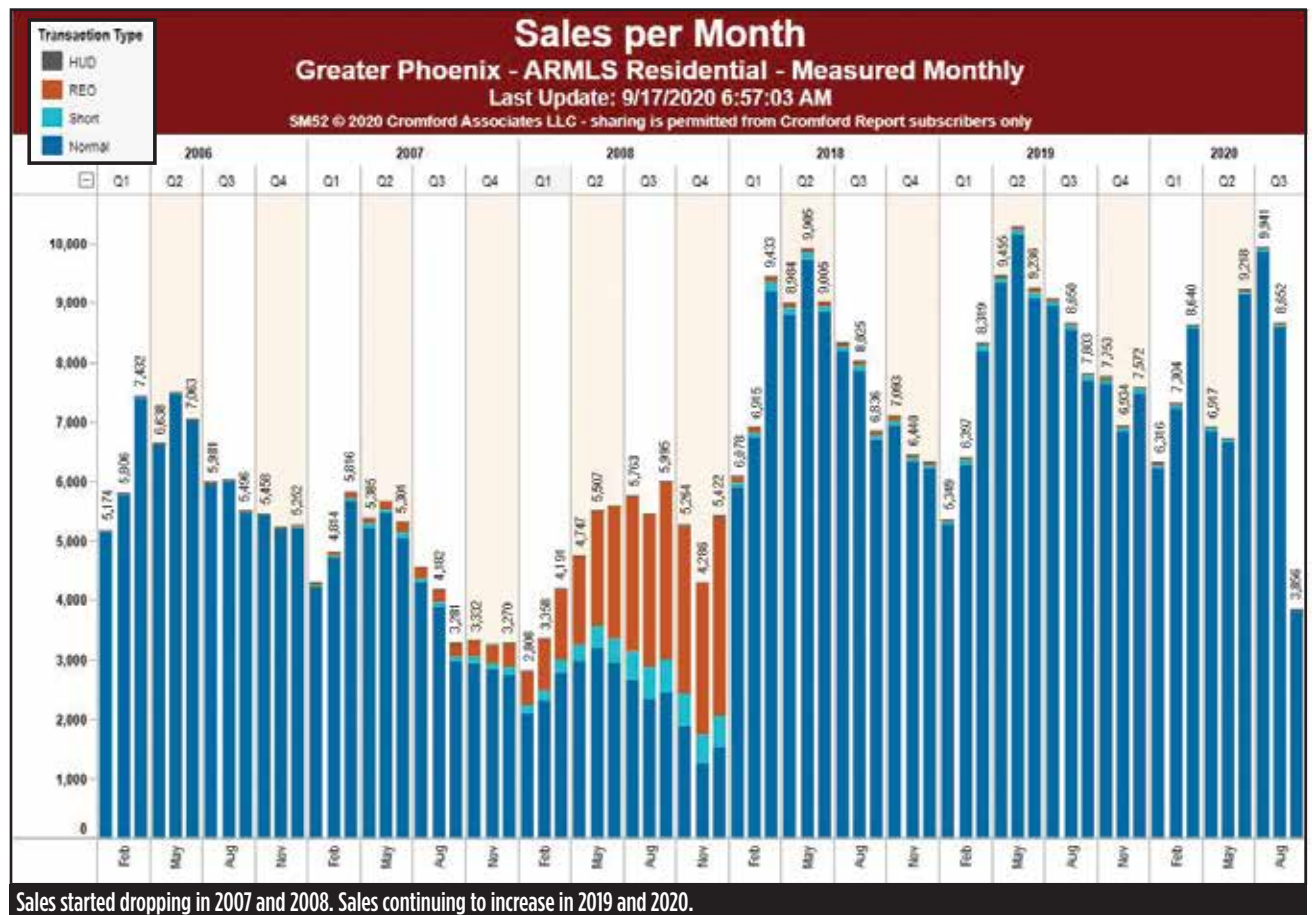
The crash of 2008 was caused by a global financial crisis, resulting in a housing bubble. Due to deregulation in the financial industry, banks were able to engage in hedge fund trading and demanded more mortgages to support this profitable side of the business. Subprime borrowers were given interest-only loans in order to be able to qualify and many unqualified borrowers were given loans they would never be able to repay. In a nutshell, if you could breath you could get a loan.

As soon as supply started to outpace demand, housing prices started plummeting. The bubble had burst, leaving many homeowners unable to make their balloon payments, upside down on their mortgages, and with no way to sell their homes.

Jump to 2020 and our housing market is completely the opposite of how it was in 2008. The financial industry is now heavily regulated and as anyone who has purchased a home since then will tell you, getting a mortgage is a lot more cumbersome. Lenders are required to verify that



Lorraine Ryall



borrowers have the ability to repay a loan and provide proof of income and assets.

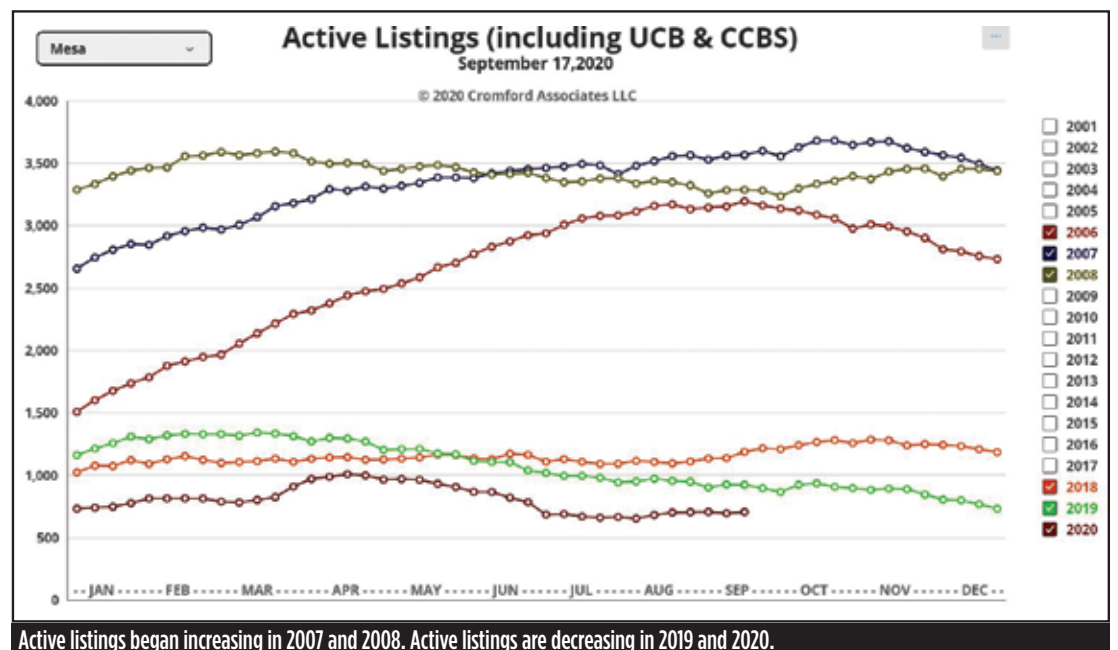
Home prices are continuing to increase and prices are driven by supply and demand. While we expect the market to soften once the government stimulus packages are gone, some of the furloughed workers become unemployed, and foreclosures are filed again, we have such an imbalance of supply and demand that the Arizona housing market is expected to remain strong. More buyers are flocking to Arizona, new home builders cannot build fast enough to keep up with the increase in population, and Maricopa remains the No. 1 growing county in the U.S.

The charts here show the difference in our market today versus 2008.

Please feel free to contact me if you would like more information on the housing market or have any questions.

There isn't a better time to sell than right now. If you are thinking of selling, contact me today for a no obligation home value and marketing plan. ■

Lorraine is a Multi-Million Dollar producing agent, has been a full-time Realtor for over 12 years, is an Associate Broker of KOR Properties, a Certified Negotiation Specialist, and is on the Professional Standards Board. You can reach Lorraine at (602) 571-6799.



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REAL ESTATE

Why Northeast Mesa is the Next Big Thing!

By John and Natascha Karadsheh, Designated Broker, Associate Broker and Owners, KOR Properties

We have been bullish on Northeast Mesa for many years. We have lived in Las Sendas for 16 years and our KOR Properties office is near Falcon Field.



John and Natascha Karadsheh

Five years ago, we started Mesa Food Truck to help bring a livelier vibe to the area and that event has shown us an amazing side of our community that is vibrant, diverse and fun.

Natascha has been advocating for the growth and development of the area through her leadership on the City of Mesa Economic Development Advisory Board and the Falcon Business Alliance. We are truly passionate about this part of the city and appreciate the variety of neighborhoods and unique amenities offered in this corner of our Valley.

Since the start of the pandemic, we have watched demand for real estate in our area increase and, while some of this is due to the real estate market as a whole, we think the stars have aligned and Northeast Mesa is perfectly primed to be the next big thing.

THE SUBURBS ARE TRENDING

The pandemic has definitely pushed many people out of the city centers and into the suburbs. This is not only evident in the real estate trends we are seeing both locally and nationally, but also via other indicators.

Amazon just announced that they are planning on opening up to 1,500 small delivery hubs across the country so they can get closer to suburban neighborhood customers. In fact, just last month, Amazon secured a distribution center in Northeast Mesa on the corner of Higley and Longbow Parkway to meet the growing demand in our area.

MORE ROOM TO SPREAD OUT

Over the past few years, the cost of land and the cost to build have skyrocketed. Consequently, new homes around

the Valley are on smaller and smaller lots. Northeast Mesa offers lots that are larger than in many other cities and our grove areas offer properties with increasingly rare grandfathered irrigation. Flood irrigation is incredibly cost effective and a draw for those wanting to have fruit trees, gardens or even just lush landscaping.

Lot size has also become a factor for homeowners who are looking to have more space for pools, jungle gyms, sport courts, and trampolines. Our area also offers many properties that offer horse privileges, feature large garages, or are located on less restricted county island lots. The freedom of flexibility in Northeast Mesa is a draw for many.

LOCATION! LOCATION! LOCATION!

While Gilbert and Queen Creek are definitely trending, Northeast Mesa really has the perfect location. This part of the city is just 20 minutes from both Phoenix Sky Harbor International Airport and Phoenix-Mesa Gateway Airport.

We sit along the top of the northeast corner of the Loop 202 Freeway, which offers easy access to Tempe, Scottsdale, Phoenix, Gilbert and Chandler. Northeast Mesa is also a short one hour and 15-minute drive to Payson and the Mogollon Rim, where temperatures are cooler, and outdoor activities abound.

DEVELOPERS ALREADY KNOW WE ARE UP AND COMING

The Falcon District is booming with activity. From the new Home2Suites that is coming out of the ground on Longbow Parkway to the new airplane hangers that are taking shape off Greenfield Road, the business community has recognized that Northeast Mesa is perfectly located. Homebuilders also recognize the value of the area and several new developments are up and coming.



OUTDOOR LIVING AT ITS FINEST

With the pandemic pushing people of all ages to seek optimal health, the outdoor activities in Northeast Mesa are a huge draw. With easy access to the Hawes Loop Trail and Utery Mountain Regional Park for hiking and biking; the Salt River for paddle boarding, kayaking, tubing, and watching wild horses; Saguaro Lake and Canyon Lake for boating and water-skiing; and the great outdoor lifestyle offered by communities such as Las Sendas, Mountain Bridge and Red Mountain, the area beckons those who love nature.

Moreover, Northeast Mesa offers many opportunities to play golf, tennis and pickleball. These outdoor lifestyle options have soared in popularity during the pandemic and are being more valued by homeowners than ever before.

On top of all the other reasons we think Northeast Mesa is hitting its prime, we have loved seeing the addition of Sprouts, Fat Cats, Hava Java, Pita Jungle, Goldwater Brewing, Crumbl, Chuck's Butcher Block Meats, and so many other small businesses and restaurants. These businesses give our area more character and offer more options for our residents.

With all that is happening in our area, now is a good time to invest in our homes, our landscaping, our neighborhoods, and to support our local businesses. ■

John and Natascha Karadsheh are co-owners of KOR Properties, a boutique real estate brokerage serving the Valley of the Sun, and the creators and founding sponsors of Mesa Food Truck Fridays.

John has been a Multi-Million Dollar producing agent for over 17 years and is an Accredited Buyers Representative (ABR) and Certified Residential Specialist (CRS), and is the Chairman on the Arizona Regional MLS Rules & Policies Committee.

Natascha is an Associate Broker of KOR Properties, a Multi-Million Dollar Producer, Past-Chair of the City of Mesa Economic Development Advisory Board and the founder of the Falcon Business Alliance.

You can reach John at (602) 615-0843 and Natascha at (602) 909-4995, or visit their website: KORProperties.com.

Real Estate In The Groves brought to you by: Groves Area Market Report Sales over \$335,000 for the Month of August 2020

Address	Square Feet	Community	Sold Price
5639 E Fox St	1,649	Silverado	\$337,000
2025 E Elmwood St	2,214	Tierra Este	\$340,000
2433 E Fox St	1,765	Brownmore Estates	\$341,500
2637 E Hope St	1,884	Chateau d'Arnette	\$355,000
5941 E Kenwood St	1,755	Apache Wells	\$358,900
5338 E Glencove St	2,009	Alta Mesa	\$361,500
5759 E Fairfield St	1,844	Alta Mesa	\$363,999
2250 E Enrose St	2,182	Tierra Este	\$367,500
2219 N Gentry	2,240	Citrus del Ray	\$377,000
2236 E Jasmine St	2,052	Country Park	\$378,000
5024 E Hobart St	2,356	Higley Heights	\$385,000
847 N 54Th Cir	2,003	Alta Mesa	\$385,000
944 N Ambrosia	2,003	Silverado	\$420,000
1764 N Arden	1,794	Alta Mesa	\$425,000
1845 N Sunview	3,001	Alta Mesa	\$455,000
2920 E Nance St	2,732	Vista Mesa	\$475,000
2040 E Hale St	3,802	Dover Estates	\$480,000
2865 E Fox St	3,728	Mountain View Highlands	\$490,000
3007 E Fountain St	3,844	Mountain View Highlands	\$510,000
2825 E Palm St	2,783	Lehi Crossing	\$517,000
3023 E Grandview St	2,773	Mesa Northgrove	\$536,000
5345 E McLellan Rd #23	3,123	Alta Mesa	\$550,000
3955 E Fox Cir	4,835	Triana	575,000
3263 E Fairfield St	4,000	Groves	575,000
4312 E Hale St	2,714	Valencia Park Estates	589,900
1508 N Alta Mesa Dr #107	2,575	Alta Mesa	625,000
3109 N Gilbert Rd	3,000	County Island	638,000
2826 E Odessa St	3,945	Lehi Crossing	655,000
3229 E Ivyglen Cir	4,145	Arboleda	750,000
3342 E Fox St	3,659	Groves	770,000
3245 E Ivyglen Cir	4,286	Arboleda	790,000
2505 E Lehi Rd #13	4,270	Citrus Walls	876,525
3219 E Kenwood St	4,412	Estates at 32nd St.	960,000

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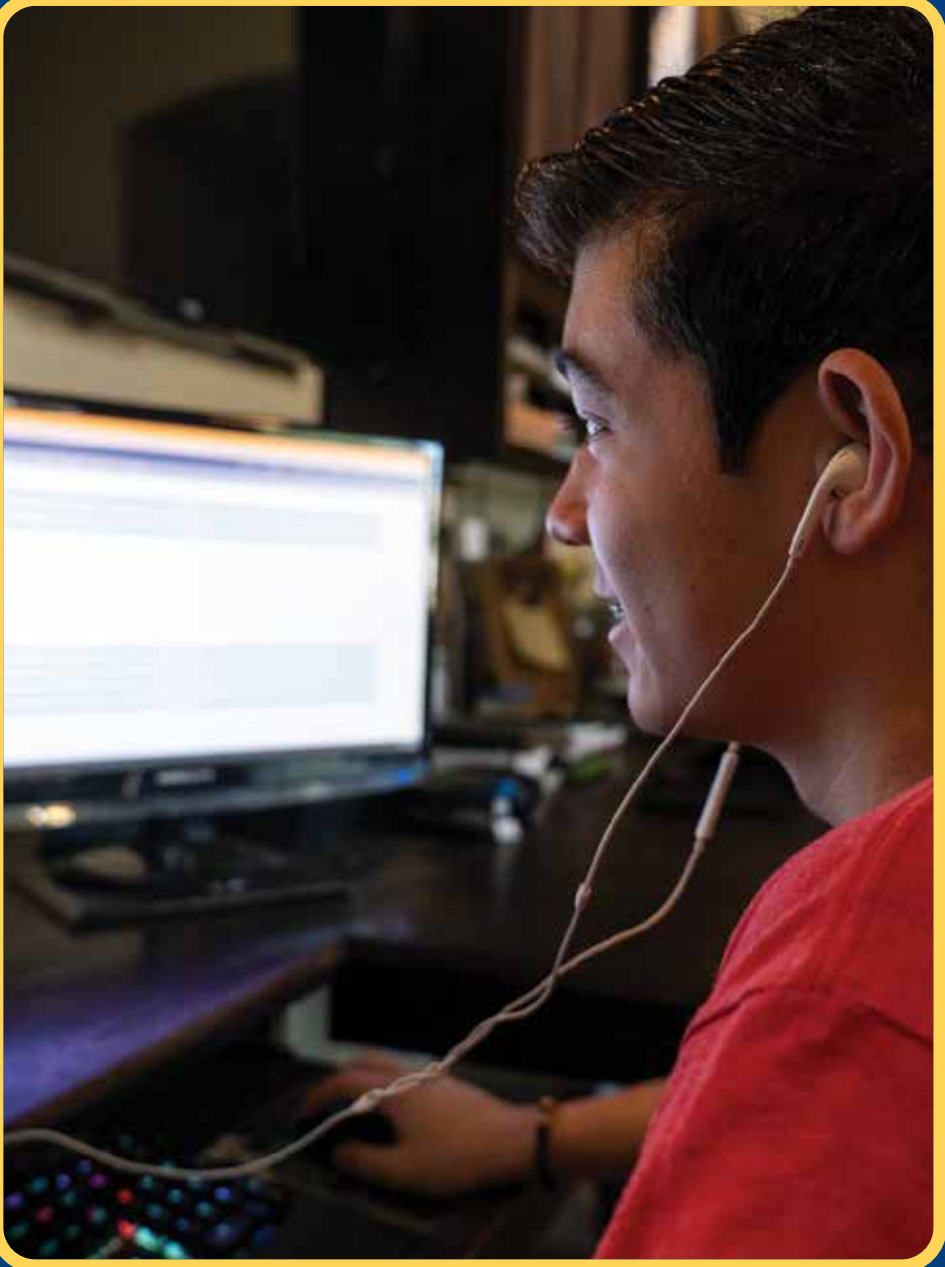
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COMMUNITY

Public Invited to NOMINATE Mesa Citizens OF THE YEAR

Submitted by Mike Hutchinson

The Mesa Citizens of the Year organization is now accepting nominations for the Man and Woman of the Year Award for 2020.

The public is invited to nominate a person who has demonstrated significant, long-term community volunteer service. The Man and Woman of the Year Awards will be presented to the honorees at the Citizen of the Year Awards Banquet in 2021.

Mesa's Citizens of the Year tradition was founded in 1935 by Charles and Florence Mitten, owners of the Mesa Tribune. The award was established to recognize outstanding volunteerism within the Mesa community.

This prestigious award recognizes and honors deserving volunteers who have demonstrated significant long-term commitment and accomplishment through a broad range of volunteerism, enhancing the community by their service and excellence of leadership.

A committee of past honorees makes the selection of a man and woman to be honored at the annual awards banquet. A successful nominee for Mesa's Man and Woman of the Year will have:

Committed a significant amount of time to a broad ranging variety of volunteer service, or significant volunteer service to one organization within the Mesa community;

Clearly provided leadership excellence;

Set positive examples and motivation for others; and,

Although Mesa residency is not required, it may, nevertheless, be considered in the process. ■

Additional information and the Citizen of the Year application is available at mesacitizenoftheyear.com/nominate.

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LOCAL BUSINESS

Window to Design offers options
TO RECHARGE YOUR LIVING SPACES

By Kimberly Alvarado

If you're looking for ways to reset and recharge your living spaces during the fall season, look no further than Window to Design, offering affordable options to give your home the feeling of a sanctuary.

Linda Palm, a Hunter-Douglas certified consultant, is an interior designer who has worked in the East Valley for several years. Recently, she moved her business closer to home, opening Window to Design right here in Mesa.

Linda, a 23-year Las Sendas resident, is excited to work closer to home, which enables her to better serve her neighbors. Her new design center is located at 1947 N. Lindsay Road, where she is welcoming customers in for complimentary private consultations by appointment.

Linda's design center is where the transformation of your window covering's blueprint unfolds. The local, professional space is where samples, thoughts, and ideas are exchanged, said Linda. New client relationships are built, often leading to follow-up home visits, and always resulting in complete customer satisfaction at the conclusion of each project.

"Interior designers need to know so much about so many different areas. Whether it be structural integrity, spatial concepts, lighting, colors, or textures, there are many elements to consider. There



Linda Palm

aren't a lot of designers who specialize in just one area of an interior project," Linda said. She emphasized the need for expertise in the sector. "Window coverings can dramatically change the look of your home, without the expense of totally redecorating."

Today, Linda partners with other interior designers to bring function and beauty into the homes of many Arizona residents.

Arizonans want functional products to keep the heat out and create a warm, cozy feeling in the fall. This season's trends are favorably leaning on sheer shading, including a Hunter Douglas product especially functional on popular window walls, or sliding glass doors.

With all of us staying at home much more often, homeowners are looking for reasonably priced updates to keep their living spaces comfortable, Linda observed.

"The Hunter Douglas product, Duette Cellular Shades, work wonderfully," she explained.

Linda prides herself by offering excellent customer care and follow-up during the entire project. She has experienced the frustration of the absence of callbacks from contractors and assures her clients they can expect a refreshing change from those experiences.

Linda and her assistant, Lisa Bolier, are eager to share products and ideas to help define and upgrade your living spaces this year. ■



To speak with Linda to learn more about her new Window to Design store, you can contact her at (480) 207-6450, or visit her website — windowtodesign.com, or [instagram.com/windowtodesign](https://www.instagram.com/windowtodesign).

COMMUNITY

The School Board Election
AFFECTS US ALL

By David Luna, Ed. D.

Mesa City Councilman, District 5

This is a big election year. Thus far, the media has focused primarily on the presidential and congressional races, but before you know it, state-level campaign materials will fill our mailboxes, and our phones will ring with information about the propositions that affect all of us as Arizonans.

Although this year's ballot is longer than most, I encourage you to persevere to the very end. There you will find the nonpartisan race that significantly impacts the Mesa community more than most others. This year, we will elect three people to serve on the Mesa Public Schools Governing Board.

Typically, school board elections receive little attention, and that's unfortunate. The decisions made by this elected body have profound, long-term effects not only on our children, but on our community as a whole. The education provided our young people affects Mesa's quality of life, economic health, future workforce, and even our property values.

Great schools are the foundation of strong neighborhoods; electing the right school board members is critically important to all of us.

Most of us have only a vague understanding of the responsibilities

of our school board. We see them at school celebrations, speaking at graduation ceremonies, and attending student performances. However, as is the case for Mesa City Councilmembers, participation in community events is a fun, but small

part of the job. Board members' less visible, but critically important, responsibilities fall within three broad categories: 1) hire and evaluate the superintendent; 2) approve and monitor the district budget; 3) establish the district's vision, goals and policies. The Board provides oversight, not management. But ultimately, the buck stops with them.

This November,

I will cast my vote for Dr. Joe O'Reilly. His expertise in student achievement, educational research, school finance, and planning and zoning will make a significant contribution to the work of the Mesa Governing Board.

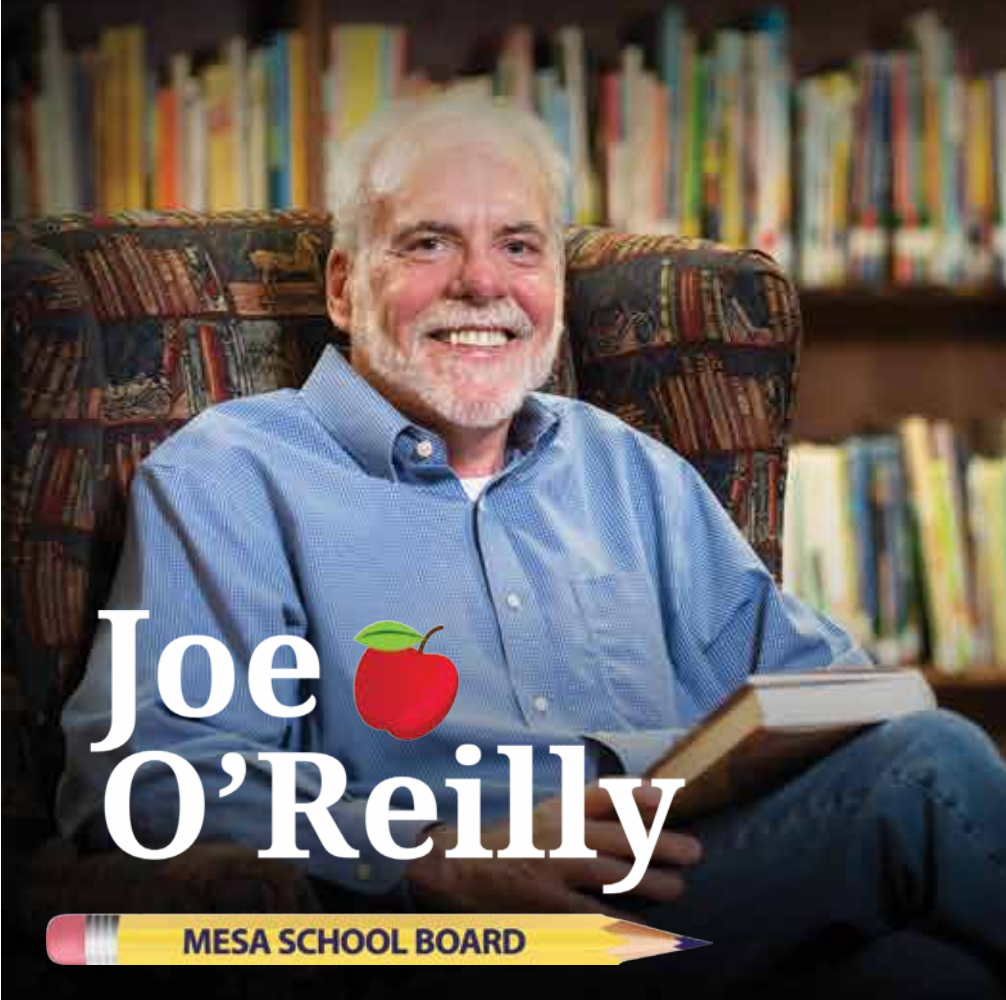
I know Joe O'Reilly to be an ethical servant leader, and I am certain he will be a responsible steward of our public funds. With the many controversial issues our school board has and will continue to face, Joe's calm, caring, analytical approach will help guide sound decisions on behalf of the children and community he has long served. I hope you will join me in voting for Joe O'Reilly; he is precisely who we need. ■



Dr. Joe O'Reilly

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Joe O'Reilly

MESA SCHOOL BOARD

"Joe O'Reilly's strong analytic skills, collaborative nature, and ethical approach are precisely what the Mesa School Board needs during these tumultuous times. His commitment to the success of all students is unwavering, and I wholeheartedly endorse his candidacy."

DEB DUVALL

Mesa Public Schools Superintendent (retired)

"Joe O'Reilly has a proven track record of understanding the complexities of leading a large school district as well as knowing what is best for all children."

DAVID LUNA

Mesa City Councilman

"Joe O'Reilly is passionate about education, hard-working, ethical, and really cares about students. I rely on him and so do leaders throughout the state. Mesa could not have a better board candidate."

JIM ZAHARIS

Mesa Public Schools Superintendent (retired)

See Joe's full list of endorsements at:
JoeOReillyForMesaSchools.com

Paid for and authorized by Joe O'Reilly for Mesa School Board

Early Voting Begins October 7, 2020

LOCAL BUSINESS

Milano's Continues Commitment to Fresh Italian and Mediterranean Cuisine

By Jamie Killin
Milano's, one of Mesa's best-loved restaurants for 18 years, is continuing its commitment to serving its fresh, top-quality Mediterranean and Italian cuisine while ensuring the safety of its guests and staff members.

The eatery, which is known for its pizza and pastas, is continuing to follow all CDC guidelines by ensuring guests wear masks upon entering the restaurant and are seated with appropriate space between tables. Staff members are also ensuring safety by wearing masks at all times, wearing gloves, and increasing cleaning protocols.

With cooler weather, Milano's guests can also enjoy appropriately distanced outdoor seating on the back patio.

Milano's offers a variety of beloved, traditional Italian and Mediterranean dishes, including pizza, spaghetti, lasagna and calzones — to name a few. However, the restaurant's extensive menu now also includes a variety of lighter options to fit any dietary preferences.

Current popular dishes include healthy meals, such as the salad and rice bowls, starting with the gyro salad, Italian chicken salad and falafel bowl, among others. And each comes with a range of options.

Guests can also customize much of the menu with low-carb and gluten-free options like cauliflower rice for



bowls and cauliflower pizza crust. Milano's recently launched its new 10 for 10 lunch promotion, where diners can choose one of the restaurant's top 10 most popular dishes to enjoy for just \$10.

Guests can also take advantage of Happy Hour offerings on beer, cocktails, and wine Monday through Saturday. To stay up-to-date on the latest deals, follow Milano's on Facebook (facebook.com/milanospizzamesa) and Instagram (instagram.com/milanospizzamesa). ■

Milano's is located at 4545 E. McKellips Road, Suite 103, in Mesa. For more information, or to order online, visit milanospizzamesa.com.



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Over 50 Up Close

Bringing active adults closer to their community

October 2020

HEALTH Over 50

It's Time to Take a Look at Your Medicare Plan

Submitted by Tapestry Insurance

Every year from Oct. 15 to Dec. 7 is Medicare Open Enrollment.

This is the time that you can change your Medicare Advantage Plan or Medicare Part D (Drug) Plan. Both plans often have changes in networks, costs, formularies and benefits.

Medicare beneficiaries are bombarded with commercials and mail, and trying to sift through all of this information can be overwhelming. It is helpful to have a good agent who can help you maneuver through all the information and choices.

I am a licensed and trained agent who stays informed so that I can help those who are eligible for Medicare pick the plan that works best for them. I attend Medicare plan rollout meetings. I am educated and trained on what is available annually.

After talking with me you may find something works better for your needs or you may confirm that you have the right plan. It's important to have as much knowledge as possible when making medical decisions. Why not have someone local who can help you make the best possible selection?



Lynne Jones

I am happy to meet with you in any way you feel comfortable. Right now, we can meet via phone, email, Zoom, or if you prefer, I am happy to come to your home and wear a mask. Even though things have changed in our country because of the pandemic, it is still very important to take a look at what you currently have and what is available for 2021. ■

Please call me, Lynne Jones, a licensed sales person at (480) 212-2246, or email me at jonesdvp@yahoo.com. I look forward to hearing from you.



FINANCES Over 50

What Does an Unplanned Career Transition Mean for You?

Submitted by Brent D. Hoskinson and Linda Drake

The COVID-19 pandemic has unsettled the country's employment picture and will continue to do so for a while. If you've been offered an early retirement, how should you respond?

Look at your situation holistically. For example, what does retirement really mean to you? Would you like to fully retire, or would you prefer to work part-time? If you would rather not work anymore, do you need to adjust your planned retirement lifestyle?

How about your income? If you take early retirement, will you need to start tapping into your 401(k) and IRA early? Should you adjust your investment mix? What other sources of income will you have available?

And don't forget about health insurance. If you lose your employer's coverage, can you get COBRA or negotiate an extended severance package? And if you depended on a group life insurance policy from your employer, do you now need to consider private coverage?

Going through an unplanned career transition is challenging. Considering your options and making appropriate moves may help you reduce some of the stress – and position yourself to start the next phase of your life. ■

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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LOCAL BUSINESS

How do Elections Affect THE STOCK MARKET?

WHY INVESTING BASED ON POLITICS CAN BE A BIG MISTAKE!

Submitted by Scott Johnson, CFP®, AIF®, CPFA

They say that the majority of Americans don't tune into politics during an election year until after Labor Day. This may be why the financial media is now in overdrive with TV advice on how to position your investment portfolio if one candidate or political party wins over the other.

Whether you lean left or right, I know that many of you are very passionate about politics. One of the most common questions or concerns that we hear from 401(k) participants or wealth management clients relates to the short and long-term impact on the stock market that this year's presidential election may have. Fortunately, there is data going back to the 1920s which provides us with a clear picture of how markets are impacted by elections. The answer is that elections have had very little short-term impact, and virtually no long-term impact on market returns.

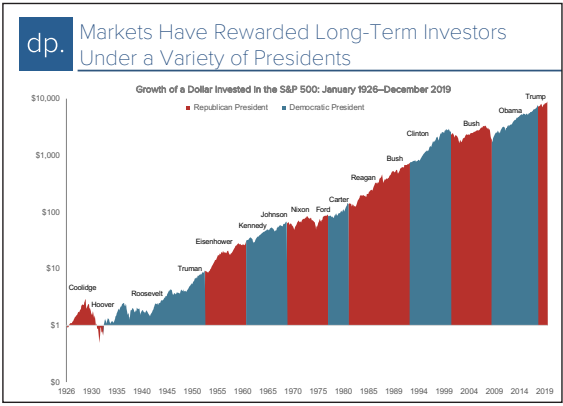
Here is a chart which shows the growth of a dollar invested in the S&P 500 under presidential administrations going back to 1926. It turns out that the stock market has consistently gone up over time regardless of which party controls the White House.

This tells us that investing based on politics has historically been a bad idea. The future expected return for equities (stocks) is always positive and companies will adapt quickly to any political, regulatory, or tax

environment to stay profitable. Attempting to jump in and out of the market in your investment portfolios based on election results almost always leads to market underperformance and a likely reduction in the future value of your investment assets. ■

Scott Johnson is the CEO of DecisionPoint Financial, LLC. He is a Certified Financial Planner™ and an Accredited Investment Fiduciary. He and his firm provide comprehensive financial planning and investment management services to individuals and institutions. Scott can be reached at (480) 553-6249 or scott@dpplanners.com. For more information, visit decisionpointfinancial.com

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LOCAL BUSINESS

Over 50

Trust your Neighbor FOR AN AIRPORT RIDE

By Dawn Abbey

Northeast Mesa resident Tim Schultz, owner of T & T Airport Service, would like to extend his gratitude to the many new customers he has taxied since July, when his article was published in *Up Close*.

“Even the onset of Uber and Lyft never hurt our business,” said Tim. “That’s because most of our clients are over 50, live here in the neighborhood, and don’t want to get a ride to the airport with just any stranger.”

Admittedly, the pandemic did put a crimp in their numbers, just as it has affected all small businesses, Tim said. “And we hope that when people start flying again, they will remember to call us for their to-and-from airport travel. T & T

Airport Service is still offering the same great service we always have.”

T & T Airport Service has been shuttling locals to Phoenix Sky Harbor International Airport for 21 years, with the motto *We Never Miss*.

Amazingly, after some 43,000 trips, Tim says there have only been five instances where they had a glitch. “Believe it or not, I still have the receipt tickets for every one of those 43,000 trips stored in my attic. I’ve had some of my clients for over 10 years — neighbors, local business people and lots of Boeing employees. I live right here in Las Sendas and over the years they’ve become my friends.”

Service is also a major part of Tim’s business. Passengers ride in a private, clean, comfortable, roomy sedan. “With an airport pickup, there’s no waiting outside in the heat in the busy traffic. We park in the garage, meet you *inside* the airport terminal and assist with your luggage,” he explained.

Tim follows all the CDC sanitary guidelines, wearing a mask and providing high-quality hand sanitizer. Cars are cleaned after every ride. And best of all, he claims, is you know who’s driving your ride.

Rides to Sky Harbor from this area are a flat fee of \$45 each way. Phoenix-Mesa Gateway Airport is \$30 each way. ■

To schedule an airport ride, or pickup, with T & T Airport Service, call Tim at (480) 832-3483.



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Join Us for the Las Sendas **Virtual Wine Tasting Event**

Thursday
October 15th
6:30 pm



Rebecca Thompson, Regional Market Manager for Maisons & Domaines Henriot America, will guide you through three wines, and a fourth optional wine, from the Burgundy Region in France, expanding your knowledge of varietals and wine making styles, all from the comfort and safety of your home. This is an interactive tasting, so comments and questions will be welcomed!

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EVERYONE WELCOME!

Want to participate? Here's how it works:

1. RSVP Dennis Shaw, dshaw@lassendas.com or 480-396-4000; 202.

2. You will be reminded to pick up your bottles at the club the weekend before the tasting.

3. Printed instructions with the ZOOM login will accompany the bottles. (You will also receive a reminder email with the link on the day of the tasting).

4. Log in and join the fun!



William Fevre Chablis, Domaine AOC

Very fresh bouquet with notes of citrus and white fleshed-fruit. Fresh and supple, the wine is marked by mineral notes that are typical of the appellation.



Bouchard Bourgogne Rouge Reserve

Very aromatic bouquet of small ripe red fruits (cherry, raspberry, currant). Beautiful flesh in mouth, a delicious marriage where tannins and fruits are pleasantly mixed.



Bouchard Beaune du Chateau Rouge

Complex bouquet associating perfumes of jammy red fruit, fig, peony with a hint of chocolate. Harmonious and deep palate, with a beautiful maturity and dense but fine tannins. An attractive wine.

OPTION 1

\$90 (plus sales tax)
this includes the above three bottles of wine.

OPTION 2

\$155 (plus sales tax) **this includes the above three bottles of wine, plus a bottle of Bouchard Gevrey Chambertin, Cote de Nuits -Intense, perfumed bouquet with fruit aromas and an animal touch. Nice structure and lovely fleshiness. Good aging potential.**



DELICIOUS CHEESE BOARDS WILL ALSO BE AVAILABLE FOR PREORDER.
\$20 Board - Serves 2 • \$30 Board- Serves 3 • \$40 Board Serves 4

LET LAS SENDAS GOLF CLUB DO THE WORK THIS THANKSGIVING DAY!

THE CHOICE IS YOURS:
Dine with us or pick up your fully prepared meal and enjoy it at home.

TURKEY TAKE OUT

Complete Thanksgiving Dinner
\$175, plus tax
Serves 8-10

Rosemary, Thyme Marinated
Roasted Whole Turkey 16-19 Lbs.
In Its Natural Juice

Southwestern Style Cornbread Stuffing

Roasted Garlic Mash Potatoes

Fresh Yams Smothered In Pecan Butter

Green Bean Almandine Beurre Noisette

Fresh Herb Traditional Giblet Gravy

Whole Cranberry Relish

Mixed Greens

Grape Tomatoes, English Cucumbers,
Shaved Fennel, Cranberries

Artisan Dinner Rolls

To Reserve Your Take Out Meal,
Email: jfogle@lassendas.com or
call 480-396-4000;222

THANKSGIVING DINNER on the PATIO at LAS SENDAS

Thursday, November 26th, 3-7pm on The Patio.

\$55 per person (plus tax and gratuity)

Kids 12 & Under - \$16.95 (plus tax and gratuity)

Reservations: 480-396-4000

STARTERS

Butternut Squash Soup

Fall Mixed Greens: pecans, pears, mixed greens, shaved parmesan, maple vinaigrette

Filo Wrapped Baked Brie: carmel apple walnut chutney, toasted nan

ENTREES

Roasted Turkey: mashed potatoes, stuffing, turkey gravy, green beans, cranberry chutney

Prime Rib of Beef: au jus, creamy horseradish, mashed potatoes, asparagus

Mediterranean Seared Sea Bass: olives, prosciutto, tomatoes, fennel, celery root puree, pesto wine butter sauce

Bread Service Whipped Butter

DESSERTS

Pumpkin Pie Cheese Cake

Bourbon Pecan Pie, Whipped Cream

Las Sendas Golf Club | 7555 E. Eagle Crest Drive, Mesa, AZ 85207 | 480-396-4000 | www.lassendas.com